



## CALENDAR FOR DECEMBER 2018

### Monday, 3 December 2018

- 8.15 AM Therapeutic Aquatics Class (Gym in the Lifestyle Centre)  
10 AM Knit & Natter (Lifestyle Centre)  
10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
1 PM Social Bridge (Lifestyle Centre)

### Tuesday, 4 December 2018

- 8 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
9 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
10.30 AM Series Movie Morning (Lifestyle Centre)  
2:30 PM Scrabble (Lifestyle Centre)

### Wednesday, 5 December 2018

- 10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
**5 PM Social Evening Christmas Dinner for Residents only (Lifestyle Centre) (Book with Hendra on ext. 209 by 4 PM on Tuesday, 4 December 2018. For table arrangements contact Marilyn on ext. 165)**



### Thursday, 6 December 2018

- 7:30 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
10 AM Series Movie Morning (Lifestyle Centre)  
6.30 PM Movie Evening (Lifestyle Centre)

### Friday, 7 December 2018

- 10 AM Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)  
10.30 AM Christian Bible Study (at #24)

### Monday, 10 December 2018

- 8.15 AM Therapeutic Aquatics Class (Gym in the Lifestyle Centre)  
10 AM Knit & Natter (Lifestyle Centre)  
10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
1 PM Social Bridge (Lifestyle Centre)  
7 PM Rummikub – All Welcome (Lifestyle Centre) (2<sup>nd</sup> Monday of every month)

### Tuesday, 11 December 2018

- 8 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
9 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
10.30 AM Series Movie Morning (Lifestyle Centre)  
2:30 PM Scrabble (Lifestyle Centre)

### Wednesday, 12 December 2018

- 10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
2.30 PM Christian Fellowship Group Meeting (at #69 - All welcome) (2<sup>nd</sup> Wednesday of the month)  
5 PM Social Evening (Lifestyle Centre)



#### **Thursday, 13 December 2018**

- 7:30 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
9:30 AM ResCom Meeting (Lifestyle Centre Boardroom) (2<sup>nd</sup> Thursday of every month)  
10am Series Movie Morning (Lifestyle Centre)  
2 PM Visual Music Entertainment (at #81) (2<sup>nd</sup> Thursday of every month)  
6.30 PM Movie Evening (Lifestyle Centre)

#### **Friday, 14 December 2018**

- 10 AM Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)  
2.30pm **Bingo with Trevor & Heather Morgan (R20 a card and cash prizes. For more information contact Trevor & Heather Morgan on ext. 169)**

#### **Sunday, 16 December 2018**

##### **Day of Reconciliation**

#### **Monday, 17 December 2018**

##### **Public Holiday – Day of Reconciliation**

- 8.15 AM Therapeutic Aquatics Class (Gym in the Lifestyle Centre)  
10 AM Knit & Natter (Lifestyle Centre)  
10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
1pm Social Bridge (Lifestyle Centre)

#### **Tuesday, 18 December 2018**

- 8 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
9 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
10.30 AM Series Movie Morning (Lifestyle Centre)  
2:30 PM Scrabble (Lifestyle Centre)

#### **Wednesday, 19 December 2018**

- 10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
10 AM Alzheimer's Support Group (Lifestyle Centre) (3<sup>rd</sup> Wednesday of every month)  
5 PM Social Evening (Lifestyle Centre)

#### **Thursday, 20 December 2018**

- 7:30 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
10 AM Series Movie Morning (Lifestyle Centre)  
6.30 PM Movie Evening (Lifestyle Centre)

#### **Friday, 21 December 2018**

- 10 AM Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)

#### **Monday, 24 December 2018**

- 10 AM Knit & Natter (Lifestyle Centre)  
10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
1 PM Social Bridge (Lifestyle Centre)

# COME JOIN US UPCOMING EVENTS...

## Tuesday, 25 December 2018

### Public Holiday – Christmas Day

12.30 PM

**Christmas Lunch for Residents and Guests (Lifestyle Centre)**  
(Book with Hendra on ext. 209 by 4 PM on 18 December 2018. For table arrangements contact Pauline Mackie on ext. 1114 and Sue Stirton on ext. 1105)



## Wednesday, 26 December 2018

10 AM – 12 PM

Art Classes (For more information contact Sandy De Villiers on ext. 1121)

5 PM

Social Evening (Lifestyle Centre)

## Thursday, 27 December 2018

6.30 PM

Movie Evening (Lifestyle Centre)

## Friday, 28 December 2018

10 AM

Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)

## Monday, 31 December 2018

10 AM

Knit & Natter (Lifestyle Centre)

10 AM – 12 PM

Art Classes (For more information contact Sandy De Villiers on ext. 1121)

1 PM

Social Bridge (Lifestyle Centre)

7 PM

**New Year's Eve Dinner (Lifestyle Centre)** (Book with Hendra on ext. 209 by 4 PM on 18 December 2018. For table arrangements contact Pauline Mackie on ext. 1114 and Sue Stirton on ext. 1105)

ROY MARTIN  
VILLAGE MANAGER