



All comments below are from things heard to be said or seen or not done.
They are not meant to be personal & should be taken in jest.

EVERGREEN BROADACRS RESIDENT'S FUN WALK – 13TH OCTOBER 2018

IT WAS NOT A RACE, IT WAS A PARTY and what a party it was. When it started raining a few residents phoned and asked what was going to happen. I told them that if it was still raining we would have a party instead. And boy, that news spread like wild fire and 80 Evergreeners, being the party animals they are, came down to the clubhouse with no intension of walking. Some did not even bother to put on their Team Evergreen t-shirts and takkies. There were no prizes for the most alcohol consumed & no one checked how many boere rolls they had.

A new record was set as 12 bottles of champagne were consumed in 2 hours with lots of orange juice left over. I was told that if there had been more bottles available they would easily have been consumed. Most of the other drinks were also consumed and for the first time ever I only had to return water to Liquor City.

Team Evergreen may have to consider changing it's motto to **“keep fit and drink to remain evergreen”**

101walkers and 19 helpers and supporters were due to take part in the Resident's Fun Walk. This would have been a record but it rained on my parade. Classic FM did a broadcast at the clubhouse on Friday afternoon and then the residents were entertained by an orchestra. I am told that this turned out to be quite a party with many leaving quite late. I am sure that those residents who had not yet recovered from the night, together with many others, actually prayed for the rain.



Orchestra entertaining the residents on Friday night



Everyone enjoying the party while listening to the orchestra on Friday night

Including in the above numbers were Henning and Felicity Brandt who have not yet moved into their new home at Unit 122. When I was asked where Unit 122 was, I thought for a while and then said “That is the one next to Unit 121” They certainly experienced the great vibe we have in our village as everyone embraced and welcomed them to our village.



Jay, Hennie, Erika and Liz welcome Henning & Felicity Brandt (centre)



Henri arriving assisted by H

The biggest disappointment of the day was when the Marshalls inspected the track at 4.45pm and decided that it was too wet to race and cancelled the Grand Prix. Cliffy was really upset as he had his wheels serviced and wet weather tyres fitted and was feeling very confident. Late entry to the Grand Prix, Chris on his 3 wheeler bike, had been bragging that he could do 25kph on his bike. I do not know why he told us that as he should know that the speed limit in the village is 20kph.

We were undecided as to ‘weather” we should walk or not until Gunther, a 1st timer, came up to me and said “We have come here to walk so why are we not doing so?” I went around asking who wanted to walk but it was too late as most residents were already enjoying their 2nd or 3rd beverage.



Discussing 'weather' we should walk



You want us to do what in the rain?



You have got to be joking?



Champagne Walk? Champagne Walk?



Why should we walk when we can drink?

Eventually about 11 of us decided to walk. I was very impressed that Kathy and Isabella, my former walking partners as well as Sue Coombe joined us as we set off in the wind and rain. We met Alan on his way down to the clubhouse and he joined us.



“Mad dogs and Englishmen” anxiously waiting to start

Henry was carrying an umbrella which assisted him when walking with the wind but pushed him back when walking against the wind. At the top of the hill Henry, not wearing his blue knee guards, had opened up a lead of about 10 meters on us. But us “Regulars”, or the “A Team” as I prefer to call them, could not accept this so Wally and I gradually increased our pace to put him in his place. I think Dave and Hennie were next to finish followed by Gunther, Alan and Arthur.



Wally, Henry, Ernie, Arthur, Gunther and Alan - we all got wet together

There was a photo finish in the ladies Walk as all 3 of them scurried towards the finish line to get out of the wind and rain: but no one cared who won. Keith and a very wet Max followed them home. Max was the 1st dog to finish and was upset that no one cared.



Winners of the ladies Walk. Isabella, Kathy and Sue

3 of the “A Team” went and did the Lanseria Parkrun in the morning together with Chloe, Charles’s 13 year old grand daughter. She once again showed them a clean pair of heels and finished about 40secs ahead of Wally in 28.15 making Wally run faster and he improve his venue PB by 4mins and just missed setting a new all time PB by 12secs. Well done Chloe for setting the pace for our Golden Oldies. Wally said that Basil and Charles had a ding dong battle behind him with Basil finishing about 35secs ahead of Charles who was just 6secs slower than his all time PB. These 2 and their spouses were noticeable absentees at the Resident’s Fun Walk, I mean Party that evening. I guess they had worn themselves out at the Parkrun and were still recovering. They are not as young as they thought they were. However Irene was out early on Monday morning training for the next Walk I hope. She was also proving that Charles was wrong when he said that she was too lazy to walk. Well done Irene.

Erika delayed her return to Cape Town so that she could take part in the Resident’s Fun Walk. Ron was very happy that it was raining as this was the first time in a long time that Erika had not beaten him. However Bob’s wife Anne was very disappointed that it was raining. She had done a lot of training and lost a lot of weight and wanted to show of her new look as she weaved up and down the lanes to complete 1 lap.

Although I have been advertising the date and starting time of this Fun Walk for 3 months, one of the “A Team” sent me a “What’s App” message, as she usually does just about every week, asking me what time the Fun Walk was going to start. Shall we book a room for her upstairs?



Braai Masters Taffy & Eddie supervised by Graham B



H checking that I thanked everyone

A BIG thank you must go to:

- All of you who put your names down to take part in this Fun Walk with very little nagging
- A Bigger thank you to everyone who came down to the clubhouse in the rain for the Walk to made it another enjoyable occasion.
- To H, for ensuring that I did not forget anything
- To our Braai Masters Taffy and Eddie for once again cooking the boere to perfection
- To Daphne and Hennie who provided the pap and sous
- To Kiloran for once again doing a great job taking photos of the occasion
- To Pat and Jean for excellently attending to the registration
- To Gloria for serving the champagne with not a lot of orange juice
- To all the ladies who helped with buttering the rolls and serving the ice cream
- To all of you who helped with the set up beforehand
- To all of you who helped with the tidying up afterwards to leave the clubhouse spotless
- And to anyone else I may have left out

Let’s hope it does not rain again in April next year when we will try again to set a new record.

Ernie – Chief organiser and professional nagger

Note – The “A Team” is a group of Team Evergreen members who go out every Saturday to various Parkruns venues around Johannesburg whenever they can. They have a “What’s App” group which is used to advise them which Parkrun they will be doing each week and to arrange transport. If you would like to join us for some of these weekly Parkruns, please contact me for further details and I will include you in our “What’s App” group. It does not cost anything to join Team Evergreen. Just come along and join us on any Saturday.

Some good news - There was a surplus of R310 from this Fun Walk. Adding the surplus from the April 2018 Fun Walk there is now R650 which will be carried forward to April 2019. This will enable the Compulsory Donation to be kept at R40 for that event.

Some mysterious and disturbing news When I went and collected the glasses to return them to Liquor City on Monday morning, there was a crate containing 12 champagne and 18 beer glasses missing. If you took the crate home by mistake, please return it as it was not a prize for the last man standing. I had to pay R300 for the missing glasses – It should have been R450 but Barney at Liquor City, Broadacres reduced the price. Please support them as they give us a discount every time we order.

From Dick and Kiloran

Thanks to the wonderful couple of Ernie and Heather Mutch who are the major instigators and organisers of our Evergreen Broadacres Fun dash, crawl, shuffle, limp, walk or whatever else takes your fancy, this twice a year favourite is always well supported as the incentives are the best!!! We now have an added incentive??? Our space and infrequent rain problems are over. Every time we plan a braai at Evergreen Broadacres it rains. In the case of our latest effort with our Evergreen Fun Run on Saturday 13 October 2018, it didn't rain, it poured. It was most welcome. As per usual we had to agree to walk, run dash, shuffle; whatever got us around the undesignated, unmeasured route. The only stipulation was that we lived here and wore an Evergreen T-shirt, if we had one. 120 of us had signed up for beers, cool drinks, champagne and boerewors rolls as the incentive. Apart from about 8 die-hard souls who were determined to honour their ancient marine ancestors the rest of us decided to remain indoors and stay dry and warm in the hope of surviving exposure and some deadly disease and enjoy the sustenance provided.

From Pat Bailey

The Importance of walking

*Walking can add minutes to your life.
This enables you at 85 years old
to spend an additional 5 months in a nursing
home at R40 000 per month.*

*My grandpa started walking
five miles a day when he was 60.
Now he's 97 years old
and we have no idea where the hell he is.*

*I like long walks,
especially when they are taken
by people who annoy me.*

*The only reason I would take up walking
is so that I could hear heavy breathing again.*

*I have to walk early in the morning,
before my brain figures out what I'm doing...*

*Every time I hear the dirty word 'exercise',
I wash my mouth out with chocolate.*

*If you are going to try cross-
country running,
start with a small country.*

*I know I got a lot of exercise
the last few years
just getting over the hill.*

AND
*Every time I start thinking too much
about how I look,
I just find a pub with a Happy Hour
and by the time I leave,
I look just fine.*

*You could run this over to your friends
but just e-mail it to them!
It will save you the walk!*