

Dear Residents,

Kindly note that all meals will be charged as indicated on the Menu.

THE TABLE TALKER MENU IS AVAILABLE FROM 8AM TO 5PM

JUST ASK THE WAITER ON DUTY

A LA CARTE DESSERT WILL BE AVAILABLE IN ADDITION TO ANY MAIN COURSE

UPSIZE YOUR PROTEIN PORTION FOR AN ADDITIONAL CHARGE OF R20.00

Menu items may change, subject to availability

NEW ADDITION TO THE RESALE MENU IS A SELECTION OF HERBAL TEA'S

AT R15.00 JUST ASK THE WAITER FOR THE AVAILABLE CHOICES

FOR ANY QUESTION OR BOOKINGS PLEASE CALL US ON EXT 209



MENU

8 - 12 October 2018

To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

Standard Meal R40 per person

MONDAY Quiche

Bacon, mushroom and onion quiche with seasonal vegetables

TUESDAY

Cottage Pie

Cottage pie topped with sweet potato, served with gravy & seasonal vegetables

WEDNESDAY

A La Carte Menu Available

FRIDAY

Pork Sausage

Pork sausage with onion relish and gravy, mashed potatoes and seasonal vegetables

Premium Meal R48 per person

MONDAY Seafood Pasta

Seafood marinara pasta served with seasonal vegetables

TUESDAY

Chicken Cordon Bleu

Chicken Cordon Bleu, served with cheese sauce, potato wedges & seasonal vegetables

WEDNESDAY

A La Carte Menu Available

FRIDAY

Fried or Grilled Hake

Grilled or fried Hake fillet, served with chips or mash, tartar sauce, seasonal vegetables and beetroot salad



Sunday Lunch

14 October 2018

Pineapple Roasted Leg of Pork
Gravy
Roast Potatoes
Pearl Onions

Seasonal Vegetables

Selection of Salad

R76.00 per person

Dessert

A La Carte Menu

Please book Sunday lunches with The Bistro on ext. 209 by 2pm on Fridays

Booking References must a given with all bookings



SOCIAL EVENING MENU

10 October 2018

Drinks from 5pm - Dinner served at 6pm

MENU

Salad Bar Selection:

Lettuce, tomato, cucumber, mixed peppers, onions, carrots julienne, celery & dressing

Crumbed Fish Cakes served with Mashed Potatoes

OR

Beef Stir-fry served with Noodles

Gravy

Seasonal Vegetables

R55

Dessert

A la Carte Menu available

T&C apply, until stocks last
Confirm by Tuesday at 4pm with the Bistro on ext. 209