

CALENDAR FOR OCTOBER 2018

Monday, 1 October 2018

8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)

10am Knit & Natter (Lifestyle Centre)

10am Howard Health Shoes (Lifestyle Centre)

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

1pm Social Bridge (Lifestyle Centre)

Tuesday, 2 October 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

2:30pm Scrabble (Lifestyle Centre)

Wednesday, 3 October 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

5pm Social Evening (Lifestyle Centre)

Thursday, 4 October 2018

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

10am Series Movie Morning (Lifestyle Centre)

6.30pm Movie Evening (Lifestyle Centre)

Friday, 5 October 2018

10am The Cavern Resort Talk (Lifestyle Centre)

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)

10.30am Christian Bible Study (at #24)

Monday, 8 October 2018

8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)

10am Knit & Natter (Lifestyle Centre)
10am DND Fashions (Lifestyle Centre)

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

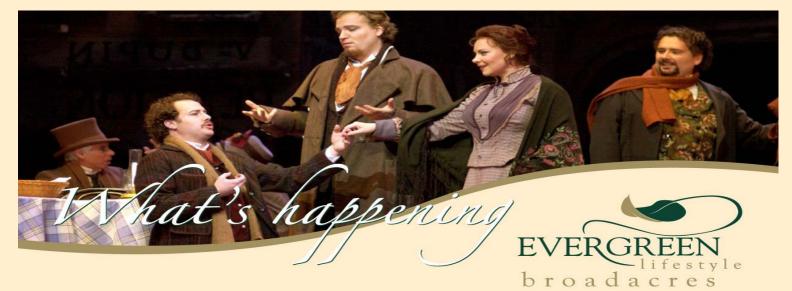
1pm Social Bridge (Lifestyle Centre)

7pm Rummikub – All Welcome (Lifestyle Centre) (2nd Monday of every month)

Tuesday, 9 October 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

2:30pm Scrabble (Lifestyle Centre)



Wednesday, 10 October 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

2.30pm Christian Fellowship Group Meeting (at #69 - All welcome) (2nd Wednesday of the month)

5pm Social Evening (Lifestyle Centre)

Thursday, 11 October 2018

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

9:30am ResCom Meeting (Lifestyle Centre Boardroom) (2nd Thursday of every month)

10am Series Movie Morning (Lifestyle Centre)

2pm Visual Music Entertainment (at #81) (2nd Thursday of every month)

6.30pm Movie Evening (Lifestyle Centre)

Friday, 12 October 2018

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)

10.30am Christian Bible Study (at #24)

Saturday, 13 October 2018

5pm Resident's Fun Walk (Furry Paws entries allowed. Four different walk distances from 700m to

5.4km) Contact Ernie on ext. 180 for more information)

Monday, 15 October 2018

8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)

10am Knit & Natter (Lifestyle Centre)

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

1pm Social Bridge (Lifestyle Centre)

Tuesday, 16 October 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

2:30pm Scrabble (Lifestyle Centre)

Wednesday, 17 October 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

10am Alzheimer's Support Group (Lifestyle Centre) (3rd Wednesday of every month)

5pm Octoberfest Social Evening (Lifestyle Centre) German Food & Draught Beer with

Oompah Band Music

Thursday, 18 October 2018

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

10am Series Movie Morning (Lifestyle Centre) 6.30pm Movie Evening (Lifestyle Centre)

Friday, 19 October 2018

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)

10.30am Christian Bible Study (at #24)

2.30pm Bingo with Trevor & Heather Morgan (R20 a card and cash prizes. For more information

contact Trevor & Heather Morgan on ext. 169)



Monday, 22 October 2018

8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)

10am Knit & Natter (Lifestyle Centre)

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

1pm Social Bridge (Lifestyle Centre)

Tuesday, 23 October 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

2:30pm Scrabble (Lifestyle Centre)

Wednesday, 24 October 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

5pm Social Evening (Lifestyle Centre)

Thursday, 25 October 2018

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

10am Series Movie Morning (Lifestyle Centre)

6.30pm Movie Evening (Lifestyle Centre)

Friday, 26 October 2018

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)

10.30am Christian Bible Study (at #24)

Monday, 29 October 2018

8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)

10am Knit & Natter (Lifestyle Centre)

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

1pm Social Bridge (Lifestyle Centre)

Tuesday, 30 October 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

2:30pm Scrabble (Lifestyle Centre)

6.30pm Bingo – Lions Charity Evening (R20 a card. Please bring your own snacks and drinks)

Wednesday, 31 October 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)

5pm Social Evening (Lifestyle Centre)

ROY MARTIN
VILLAGE MANAGER