



**All comments below are from things heard to be said or seen (or not seen)
They are not meant to be personal & should be taken in jest.**

Saturday 22nd September 2018 - Team Evergreen September outing

As you all know, Melrose Arch cancelled their "Walking on Sunshine Spring Walk" this year and I have not been able to find an alternative Fun Run. In order to introduce you to a new venue I would like you to join us Regulars at Gilloolys on the above date.

It is a relatively flat out and back course around a large dam and is quite scenic. It is about 20 minutes away so we will have to leave at 7.15 at the latest. There is plenty of parking so that will not be a problem.

A list has been put up on the side of the post boxes in the clubhouse for you to enter your names **as early as possible** if you are going to join us so that transport can be arranged.

Hope to see you there wearing your Team Evergreen t-shirts if you have one. There are a few large and XL in stock

SATURDAY 13 OCTOBER @ 5 pm - RESIDENTS FUN WALK around the village

Just another reminder, or call it a nag, about the above event which takes place in 29 days time.

Hope you are all looking forward to it and are training hard. It should be another memorable occasion in your memory book of your stay in "The village of your dreams" Please come along and enjoy the fun, comradeship and be able to meet residents you may not have met before. There are 4 different distances to choose to walk from the 700 meter dash to 5.4kms. Or as Graham suggested last year, you can walk 4 times around the Bistro in air conditioned comfort. To make it more interesting, maybe you should have a beer after each lap. However, if that does not appeal to you, why not come down and watch the activities and festivities.

To entice you, champagne and orange juice, if needed, will be available before, during and afterwards. Then you can enjoy a boere roll with Hennie's famous pap and sous plus a beverage of your choice and we hope H does not forget the ice cream. A small donation of R40 is payable by all who attend, to cover the costs. Where else can you go to get such value for your donation?

As usual, everyone will have to sign an Indemnity form. Who knows what might happen if you have too much champagne. **Unfortunately this event is limited to Residents only**

Lists will be put up on the side of the post boxes in the clubhouse nearer to the time for you to enter your names and the possible distances you may want to walk, **or if you would like to be a helper.**

Remember to "keep fit and remain Evergreen" Exercise makes you sweat and sweat is just fat melting

More details to follow. Ernie, Unit 80 Ext 180