

BROADACRES VILLAGE RESIDENTS COMMITTEE



COMMUNIQUE - 59

Hearing Matters

19 September 2018

Dear Residents,

Kindly note that Sashni the Audiologist will visit Evergreen Care Centre on Tuesday, 25 September 2018. Phone her on **010 597 1950 / 079 891 6637** to make an appointment.

Diabetes and Hearing Loss:

A common problem that comes with diabetes, is hearing loss, however, most people don't realize that their hearing has got worse...

This is due to high blood sugar levels that cause damage to the small blood vessels within the ear. It is often difficult to spot the signs of hearing loss, since it can happen over a long period of time.

Most common symptoms that could indicate hearing loss are: -

- Regularly asking others to repeat themselves.
- Difficulty following conversations where more than two people are involved.
- Thinking that others are mumbling.
- Trouble hearing in noisy places such as busy restaurants.
- Turning up the TV or radio volume on a level that others find too loud.

If you suspect hearing loss, help is available, have a hearing test to determine your hearing threshold.

Chris Edwards - ResCom Communications