



CALENDAR FOR SEPTEMBER 2018

Monday, 3 September 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am Maria Moireira's Mini Boutique (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

Tuesday, 4 September 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 2:30pm Scrabble (Lifestyle Centre)

Wednesday, 5 September 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 5pm Social Evening (Lifestyle Centre)

Thursday, 6 September 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 10am Series Movie Morning (Lifestyle Centre)
- 6.30pm Movie Evening (Lifestyle Centre)

Friday, 7 September 2018

- 10am The Cavern Resort Talk (Lifestyle Centre)
- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
- 10.30am Christian Bible Study (at #24)

Saturday, 8 September 2018

- 7.30 Arbor Day (For more information, please Contact Judy Stuart on ext. 1087)

Monday, 10 September 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)
- 7pm Rummikub – All Welcome (Lifestyle Centre) (2nd Monday of every month)

Tuesday, 11 September 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 2:30pm Scrabble (Lifestyle Centre)



Wednesday, 12 September 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 2.30pm Christian Fellowship Group Meeting (at #69 - All welcome) (2nd Wednesday of the month)
- 5pm Social Evening (Lifestyle Centre)

Thursday, 13 September 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9:30am ResCom Meeting (Lifestyle Centre Boardroom) (2nd Thursday of every month)
- 10am Series Movie Morning (Lifestyle Centre)
- 2pm Visual Music Entertainment (at #81) (2nd Thursday of every month)
- 6.30pm Movie Evening (Lifestyle Centre)

Friday, 14 September 2018

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
- 10.30am Christian Bible Study (at #24)

Monday, 17 September 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

Tuesday, 18 September 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9.30am Nature & Birding – Walter Sisulu Botanical Gardens (Contact Dick on ext. 101 for more info)
- 2:30pm Scrabble (Lifestyle Centre)

Wednesday, 19 September 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 10am Alzheimer's Support Group (Lifestyle Centre) (3rd Wednesday of every month)
- 5pm Social Evening (Lifestyle Centre)

Thursday, 20 September 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 10am Series Movie Morning (Lifestyle Centre)
- 6.30pm Movie Evening (Lifestyle Centre)

Friday, 21 September 2018

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
- 10.30am Christian Bible Study (at #24)



Monday, 24 September 2018

PUBLIC HOLIDAY – HERITAGE DAY

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am Knit & Natter (Lifestyle Centre)
10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm Social Bridge (Lifestyle Centre)

Tuesday, 25 September 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm Scrabble (Lifestyle Centre)

Wednesday, 26 September 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5pm Social Evening (Lifestyle Centre)

Thursday, 27 September 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10am Series Movie Morning (Lifestyle Centre)
6.30pm Movie Evening (Lifestyle Centre)

Friday, 28 September 2018

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
10.30am Christian Bible Study (at #24)

**ROY MARTIN
VILLAGE MANAGER**