



CALENDAR FOR AUGUST 2018

Wednesday, 1 August 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 5pm Social Evening (Lifestyle Centre)

Thursday, 2 August 2018

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)

Friday, 3 August 2018

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
 10.30am Christian Bible Study (at #24)

Monday, 6 August 2018

8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
 10am Knit & Natter (Lifestyle Centre)
 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 10am Lulu Clothing (Lifestyle Centre)
 1pm Social Bridge (Lifestyle Centre)

Tuesday, 7 August 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 3pm Annual General Meeting (Lifestyle Centre)

Wednesday, 8 August 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 2.30pm Christian Fellowship Group Meeting (at #69 - All welcome) (2nd Wednesday of the month)
 5pm Social Evening (Lifestyle Centre)

Thursday, 9 August 2018

PUBLIC HOLIDAY – NATIONAL WOMEN'S DAY

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
 2pm Visual Music Entertainment (at #81) (2nd Thursday of every month)

Friday, 10 August 2018

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
 10.30am Christian Bible Study (at #24)



EVERGREEN
lifestyle
broad acres

Monday, 13 August 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am Knit & Natter (Lifestyle Centre)
10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
10am DND Fashions & Cheese and Honey (Lifestyle Centre)
1pm Social Bridge (Lifestyle Centre)
7pm Rummikub – All Welcome (Lifestyle Centre) (2nd Monday of every month)

Tuesday, 14 August 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm Scrabble (Lifestyle Centre)

Wednesday, 15 August 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
10am Alzheimer's Support Group (Lifestyle Centre) (3rd Wednesday of every month)
5pm Social Evening (Lifestyle Centre)

Thursday, 16 August 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
9:30am ResCom Meeting (Lifestyle Centre Boardroom)

Friday, 17 August 2018

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
10.30am Christian Bible Study (at #24)

Monday, 20 August 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am Knit & Natter (Lifestyle Centre)
10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm Social Bridge (Lifestyle Centre)

Tuesday, 21 August 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10am Book Club meeting (Lifestyle Centre)
2:30pm Scrabble (Lifestyle Centre)

Wednesday, 22 August 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5pm Social Evening (Lifestyle Centre)

Thursday, 23 August 2018



7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)

Friday, 24 August 2018

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
 10.30am Christian Bible Study (at #24)

Saturday, 25 August 2018

Parkrun (Contact Ernie on ext. 180 for more information)

Monday, 27 August 2018

8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
 10am Knit & Natter (Lifestyle Centre)
 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 1pm Social Bridge (Lifestyle Centre)

Tuesday, 28 August 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 2:30pm Scrabble (Lifestyle Centre)

Wednesday, 29 August 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 5pm Social Evening (Lifestyle Centre)

Thursday, 30 August 2018

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)

Friday, 31 August 2018

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
 10.30am Christian Bible Study (at #24)

**ROY MARTIN
 VILLAGE MANAGER**