



CALENDAR FOR JULY 2018

Monday, 2 July 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
 10am Knit & Natter (Lifestyle Centre)
 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 1pm Social Bridge (Lifestyle Centre)

Tuesday, 3 July 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 2:30pm Scrabble (Lifestyle Centre)

Wednesday, 4 July 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 5pm Social Evening (Lifestyle Centre) **Themed Social Evening – USA Independence Day**
Wear red, white and blue. Special menu

Thursday, 5 July 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)

Friday, 6 July 2018

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
 10.30am Christian Bible Study (at #24)

Monday, 9 July 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
 10am Knit & Natter (Lifestyle Centre)
 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 1pm Social Bridge (Lifestyle Centre)
 7pm Rummikub – All Welcome (Lifestyle Centre) (2nd Monday of every month)

Tuesday, 10 July 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
 2:30pm Scrabble (Lifestyle Centre)
 6.30pm Bingo (Lifestyle Centre)

Wednesday, 11 July 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
 5pm Social Evening (Lifestyle Centre)
 2.30pm Christian Fellowship Group Meeting (at #69 - All welcome) (Every 2nd Wednesday of the month)



Thursday, 12 July 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
- 9:30am ResCom Meeting (Lifestyle Centre Boardroom) (2nd Thursday of every month)
- 2pm Visual Music Entertainment (at #81) (2nd Thursday of every month)

Friday, 13 July 2018

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
- 10.30am Christian Bible Study (at #24)

Saturday, 14 July 2018

Celebrating Wimbledon Men's Final in the Lifestyle Centre with Strawberries and Champagne. Please book with Jackie at Reception on ext. 200 if you are attending, for catering purposes

Monday, 16 July 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

Tuesday, 17 July 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 10.30am Nature & Birding Group (Gathering in the Lifestyle Centre) (Contact Dick on ext. 101 for more information)
- 2:30pm Scrabble (Lifestyle Centre)

Wednesday, 18 July 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 10am Alzheimer's Support Group (Lifestyle Centre) (3rd Wednesday of every month)
- 5pm Social Evening (Lifestyle Centre)

Thursday, 19 July 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)

Friday, 20 July 2018

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
- 10.30am Christian Bible Study (at #24)
- 5pm Annual Residents Meeting (Lifestyle Centre) (More details to follow)

Saturday, 21 July 2018

- 7am Nature & Birding Group: Bird Walk at Random Harvest Nursery (Contact Dick on ext. 101 for more information)



Monday, 23 July 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

Tuesday, 24 July 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 2:30pm Scrabble (Lifestyle Centre)

Wednesday, 25 July 2018

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 5pm Social Evening (Lifestyle Centre) **Themed Social Evening: Christmas in July. Wear a touch of red**

Thursday, 26 July 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)

Friday, 27 July 2018

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
- 10.30am Christian Bible Study (at #24)

Saturday, 28 July 2018

- 2.30pm Otter Estates Fun Run in Lonehill (Contact Ernie on ext. 180 for more information)

Monday, 30 July 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

Tuesday, 31 July 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 2:30pm Scrabble (Lifestyle Centre)

**ROY MARTIN
VILLAGE MANAGER**