

# **CALENDAR FOR MAY 2018**

# <u>Tuesday, 1 May 2018</u> PUBLIC HOLIDAY – WORKER'S DAY

# Wednesday, 2 May 2018

10am - 12pmArt Classes (For more information contact Sandy De Villiers on ext. 1121)5pmSocial Evening (Lifestyle Centre)

# Thursday, 3 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	TV Series Morning (Lifestyle Centre)
6.30pm	Movie Evening (Lifestyle Centre)

#### Friday, 4 May 2018

10amLine Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)10.30amChristian Bible Study (at #24)

### Monday, 7 May 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am	Maria Moireira Clothing (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)
7pm	Rummikub – All Welcome (Lifestyle Centre) (2 <sup>nd</sup> Monday of every month)

#### Tuesday, 8 May 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm	Scrabble (Lifestyle Centre)

# Wednesday, 9 May 2018

9.30am	ManCom Meeting (Boardroom in Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
2.30pm	Christian Fellowship Group Meeting (at #69 - All welcome) (Every 2 <sup>nd</sup> Wednesday of the month)
5pm	Social Evening (Lifestyle Centre) Theme: Outrageous Bowties and Funky Slippers



#### Thursday, 10 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
9:30am	ResCom Meeting (Lifestyle Centre Boardroom) (2 <sup>nd</sup> Thursday of every month)
10am	TV Series Morning (Lifestyle Centre)
2pm	Visual Music Entertainment (at #81) (2 <sup>nd</sup> Thursday of every month)
6.30pm	Movie Evening (Lifestyle Centre)
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# Friday, 11 May 2018

10amLine Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)10.30amChristian Bible Study (at #24)

# Monday, 14 May 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)

# Tuesday, 15 May 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10.30am	Nature & Birding Group (Lifestyle Centre) (Contact Dick on ext. 101 for more information)
2:30pm	Scrabble (Lifestyle Centre)

# Wednesday, 16 May 2018

10am	Alzheimer's Support Group (Lifestyle Centre) (3 <sup>rd</sup> Wednesday of every month)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5pm	Social Evening (Lifestyle Centre)

# Thursday, 17 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	TV Series Morning (Lifestyle Centre)
6.30pm	Movie Evening (Lifestyle Centre)

# Friday, 18 May 2018

10am	Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
10.30am	Christian Bible Study (at #24)

# Monday, 21 May 2018

Class (Gym in the Lifestyle Centre)
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#### Tuesday, 22 May 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm	Scrabble (Lifestyle Centre)

# Wednesday, 23 May 2018

10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5pm	Social Evening (Lifestyle Centre)

# Thursday, 24 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	TV Series Morning (Lifestyle Centre)
6.30pm	Movie Evening (Lifestyle Centre)

# Friday, 25 May 2018

10am	Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
10.30am	Christian Bible Study (at #24)

<u>Saturday, 26 May 2018</u> Fun Walk at Lanseria Farm (Please contact Ernie on ext. 180 for more information)

#### Monday, 28 May 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)

# Tuesday, 29 May 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm	Scrabble (Lifestyle Centre)

# Wednesday, 30 May 2018

10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5pm	Social Evening (Lifestyle Centre)

# Thursday, 31 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	TV Series Morning (Lifestyle Centre)
6.30pm	Movie Evening (Lifestyle Centre)