

CALENDAR FOR MAY 2018

<u>Tuesday, 1 May 2018</u> PUBLIC HOLIDAY – WORKER'S DAY

Wednesday, 2 May 2018

10am - 12pmArt Classes (For more information contact Sandy De Villiers on ext. 1121)5pmSocial Evening (Lifestyle Centre)

Thursday, 3 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	TV Series Morning (Lifestyle Centre)
6.30pm	Movie Evening (Lifestyle Centre)

Friday, 4 May 2018

10amLine Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)10.30amChristian Bible Study (at #24)

Monday, 7 May 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am	Maria Moireira Clothing (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)
7pm	Rummikub – All Welcome (Lifestyle Centre) (2 nd Monday of every month)

Tuesday, 8 May 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm	Scrabble (Lifestyle Centre)

Wednesday, 9 May 2018

9.30am	ManCom Meeting (Boardroom in Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
2.30pm	Christian Fellowship Group Meeting (at #69 - All welcome) (Every 2 nd Wednesday of the month)
5pm	Social Evening (Lifestyle Centre) Theme: Outrageous Bowties and Funky Slippers



Thursday, 10 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
9:30am	ResCom Meeting (Lifestyle Centre Boardroom) (2 nd Thursday of every month)
10am	TV Series Morning (Lifestyle Centre)
2pm	Visual Music Entertainment (at #81) (2 nd Thursday of every month)
6.30pm	Movie Evening (Lifestyle Centre)
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Friday, 11 May 2018

10amLine Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)10.30amChristian Bible Study (at #24)

Monday, 14 May 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)

Tuesday, 15 May 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10.30am	Nature & Birding Group (Lifestyle Centre) (Contact Dick on ext. 101 for more information)
2:30pm	Scrabble (Lifestyle Centre)

Wednesday, 16 May 2018

10am	Alzheimer's Support Group (Lifestyle Centre) (3 rd Wednesday of every month)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5pm	Social Evening (Lifestyle Centre)

Thursday, 17 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	TV Series Morning (Lifestyle Centre)
6.30pm	Movie Evening (Lifestyle Centre)

Friday, 18 May 2018

10am	Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
10.30am	Christian Bible Study (at #24)

Monday, 21 May 2018

Class (Gym in the Lifestyle Centre)
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Tuesday, 22 May 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm	Scrabble (Lifestyle Centre)

Wednesday, 23 May 2018

10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5pm	Social Evening (Lifestyle Centre)

Thursday, 24 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	TV Series Morning (Lifestyle Centre)
6.30pm	Movie Evening (Lifestyle Centre)

Friday, 25 May 2018

10am	Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
10.30am	Christian Bible Study (at #24)

<u>Saturday, 26 May 2018</u> Fun Walk at Lanseria Farm (Please contact Ernie on ext. 180 for more information)

Monday, 28 May 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)

Tuesday, 29 May 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm	Scrabble (Lifestyle Centre)

Wednesday, 30 May 2018

10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5pm	Social Evening (Lifestyle Centre)

Thursday, 31 May 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	TV Series Morning (Lifestyle Centre)
6.30pm	Movie Evening (Lifestyle Centre)