



## CALENDAR FOR APRIL 2018

### Monday, 2 April 2018

Public Holiday – Family Day

### Tuesday, 3 April 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
 2:30pm Scrabble (Lifestyle Centre)

### Wednesday, 4 April 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
 5pm Social Evening (Lifestyle Centre)

### Thursday, 5 April 2018

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)  
 10am Series Movie Morning (Lifestyle Centre)  
 6.30pm Movie Evening (Lifestyle Centre)

### Friday, 6 April 2018

10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)  
 10.30am Christian Bible Study (at #24)

### Monday, 9 April 2018

8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)  
 10am Knit & Natter (Lifestyle Centre)  
 10am DND Fashions (Lifestyle Centre)  
 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
 1pm Social Bridge (Lifestyle Centre)  
 7pm Rummikub – All Welcome (Lifestyle Centre) (2<sup>nd</sup> Monday of every month)

### Tuesday, 10 April 2018

8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)  
 2:30pm Scrabble (Lifestyle Centre)

### Wednesday, 11 April 2018

10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)  
 2.30pm Christian Fellowship Group Meeting (at #69 - All welcome) (Every 2<sup>nd</sup> Wednesday of the month)  
 5pm Social Evening (Lifestyle Centre)



### **Thursday, 12 April 2018**

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
- 9:30am ResCom Meeting (Lifestyle Centre Boardroom) (2<sup>nd</sup> Thursday of every month)
- 10am Series Movie Morning (Lifestyle Centre)
- 2pm Visual Music Entertainment (at #81) (2<sup>nd</sup> Thursday of every month)
- 6.30pm Movie Evening (Lifestyle Centre)

### **Friday, 13 April 2018**

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
- 10.30am Christian Bible Study (at #24)

### **Monday, 16 April 2018**

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

### **Tuesday, 17 April 2018**

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 10am Book Club Morning (Lifestyle Centre) (Contact Libby on ext. 102 for more information)
- 2:30pm Scrabble (Lifestyle Centre)

### **Wednesday, 18 April 2018**

- 10am Alzheimer's Support Group (Lifestyle Centre) (3<sup>rd</sup> Wednesday of every month)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 5pm Social Evening (Lifestyle Centre)

### **Thursday, 19 April 2018**

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
- 10am Series Movie Morning (Lifestyle Centre)
- 6.30pm Movie Evening (Lifestyle Centre)

### **Friday, 20 April 2018**

- 10am Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
- 10.30am Christian Bible Study (at #24)

### **Saturday, 21 April 2018**

- Woodlands Parkrun (Contact Ernie on ext. 180 for more information)



### **Monday, 23 April 2018**

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

### **Tuesday, 24 April 2018**

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 2:30pm Scrabble (Lifestyle Centre)

### **Wednesday, 25 April 2018**

- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 5pm Social Evening – Theme: St. David's Day (Lifestyle Centre)

### **Thursday, 26 April 2018**

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am – 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
- 10am Series Movie Morning (Lifestyle Centre)
- 6.30pm Movie Evening (Lifestyle Centre)

### **Friday, 27 April 2018**

**PUBLIC HOLIDAY – FREEDOM DAY**

### **Monday, 30 April 2018**

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am – 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

**ROY MARTIN  
VILLAGE MANAGER**