

19 - 23 March 2018

To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

## **Chef's Salad of the Day**

(R40 per person)

## **Chef's Special of the Day**

(R49 per person)

#### MONDAY

### **Smoked Haddock & Apple Salad**

Flaked poached Haddock, served on a bed of greens, tomato, cucumber, mixed peppers, red onion, feta cheese, olives & apple slices

# MONDAY

### **Chicken Curry**

Chicken curry, served with savory brown rice, steamed mixed vegetables, cucumber & yogurt salad

### TUESDAY

#### **Chicken & Green Bean Salad**

Curry flavored chicken strips, served with steamed green beans, lettuce, tomato, cucumbers and feta cheese & olives

### TUESDAY

#### **Traditional Cottage Pie**

Savory mince, topped with a creamy mash & cheese topping, baked in the oven, served with garden crouton salad and carrot & pineapple salad

### WEDNESDAY

## **Grilled Pork Strips Salad**

Grilled pork strips, served with lettuce, tomato, cucumber, peppers, Julienne carrots, radish and a honey & mustard dressing

### WEDNESDAY

### **Apricot Chicken Kebab**

Apricot chicken kebab, served with mashed potato, garden green salad and beetroot salad

### **FRIDAY**

#### **Beef & Rocket Salad**

Grilled beef, served with rockets, garden greens, tomato, cucumber, red onions & a creamy dressing

### **FRIDAY**

#### **Fried or Grilled Hake**

Hake fillet, served your way with chips or mash, tartar sauce, pineapple & carrot salad, garden green salad

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