

# **CALENDAR FOR MARCH 2018**

## Thursday, 1 March 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	Series Movie Morning (Lifestyle Centre)
6pm	Movie Evening (Lifestyle Centre)

## Friday, 2 March 2018

10am	Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
10.30am	Christian Bible Study (at #24)

## Monday, 5 March 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am	Mini Boutique by Maria (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)

## Tuesday, 6 March 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm	Scrabble (Lifestyle Centre)

## Wednesday, 7 March 2018

10am - 12pmArt Classes (For more information contact Sandy De Villiers on ext. 1121)5pmSocial Evening (Lifestyle Centre)

## Thursday, 8 March 2018

7:30amTherapeutic Exercise Class (Gym in the Lifestyle Centre)9am – 10amPiano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)9:30amResCom Meeting (Lifestyle Centre Boardroom) (2<sup>nd</sup> Thursday of every month)10amSeries Movie Morning (Lifestyle Centre)2pmVisual Music Entertainment (at #81) (Every 2<sup>nd</sup> Thursday)6pmMovie Evening (Lifestyle Centre)

## Friday, 9 March 2018

10amLine Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)10.30amChristian Bible Study (at #24)

# Saturday, 10 March 2018

Sisters with Blisters Fun Walk (For more information contact Ernie on ext. 180)



## Monday, 12 March 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)
7pm	Rummikub – All Welcome (Lifestyle Centre) (2 <sup>nd</sup> Monday of Each Month)

## Tuesday, 13 March 2018

8am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
2:30pm	Scrabble (Lifestyle Centre)

## Wednesday, 14 March 2018

10am	Alzheimer's Support Group (Lifestyle Centre) (Every 3rd Wednesday of the month. Moved 1 week earlier due
	to Public Holiday)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
2.30pm	Christian Fellowship Group Meeting (at #69 - All welcome) (Every 2 <sup>nd</sup> Wednesday of the month)
5pm	Social Evening (Lifestyle Centre)

## Thursday, 15 March 2018

- 7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 9am 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
- 10am Series Movie Morning (Lifestyle Centre)
- 6pm Movie Evening (Lifestyle Centre)

## Friday, 16 March 2018

10amLine Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)10.30amChristian Bible Study (at #24)

## Monday, 19 March 2018

- 8.15am Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
- 10am Knit & Natter (Lifestyle Centre)
- 10am 12pm Art Classes (For more information contact Sandy De Villiers on ext. 1121)
- 1pm Social Bridge (Lifestyle Centre)

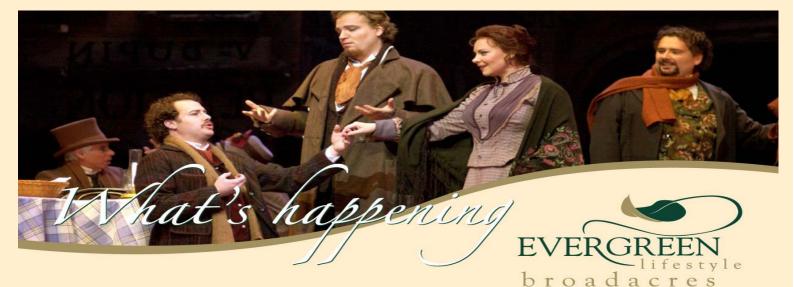
## Tuesday, 20 March 2018

- 8am Therapeutic Exercise Class (Gym in the Lifestyle Centre) 9am Therapeutic Exercise Class (Gym in the Lifestyle Centre)
- 10am Nature & Birding Group Gathering (Lifestyle Centre) (Contact Dick Shepperd on ext. 101 for more information)
- 2:30pm Scrabble (Lifestyle Centre)

# Wednesday, 21 March 2018

## PUBLIC HOLIDAY – HUMAN RIGHTS DAY

Street Braai (For more information contact Bev Jackson on ext. 106 or Chris Edwards on ext. 1089)



## Thursday, 22 March 2018

7:30am	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9am – 10am	Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
10am	Series Movie Morning (Lifestyle Centre)
11am – 1pm	Apartment Launch Sales Event for Prospective Buyers
6pm	Movie Evening (Lifestyle Centre)

#### Friday, 23 March 2018

10amLine Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)10.30amChristian Bible Study (at #24)

#### Saturday, 24 March 2018

5pm Evergreen Residents Fun Walk (For more information contact Ernie on ext. 180)

#### Monday, 26 March 2018

8.15am	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10am	Knit & Natter (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)

## Tuesday, 27 March 2018

8amTherapeutic Exercise Class (Gym in the Lifestyle Centre)9amTherapeutic Exercise Class (Gym in the Lifestyle Centre)9am – 1pmSashni (Audiologist) (Lifestyle Centre) (Please book appointment 079 891 6637 / 010 597 1950)2:30pmScrabble (Lifestyle Centre)

#### Wednesday, 28 March 2018

10am - 12pmArt Classes (For more information contact Sandy De Villiers on ext. 1121)5pmSocial Evening (Lifestyle Centre)

## Thursday, 29 March 2018

7:30am Therapeutic Exercise Class (Gym in the Lifestyle Centre)

- 9am 10am Piano playing by Mary Pitt of #92 for Care Centre Residents (Lifestyle Centre)
- 10am Series Movie Morning (Lifestyle Centre)
- 6pm Movie Evening (Lifestyle Centre)

## Friday, 30 March 2018 PUBLIC HOLIDAY – GOOD FRIDAY

ROY MARTIN VILLAGE MANAGER