Date	Venue	- Proposed fixtures for 2018 Comments
	Lonehill Parkrun	Team home course -Some residents may still be away on holiday
17-Feb	Ernest Ullman Parkrun	New venue - 2 laps on even grass surface
10-Mar	Sisters with Blisters 5km FUN WALK	In aid of the prevention of abuse to Women & Children
		Last year over 5000 entered & raised over R300 000
		Most entrants dress up in fancy dress for the occasion
		We propose walking in Pink Toto's, - high heels optional
		Please contact Isabella or Marilyn to obtain your Pink Toto
31-Mar	Evergreen Residents FUN WALK	PLEASE DIARISE TO AVOID DOUBLE DATING
21-Apr	Woodlands Parkrun	Course all on paved surface
19-May	Lanseria Parkrun	New venue - not crowded
23-Jun	Bryanston Parkrun	Flat one lap out and back course along river
21-Jul	Woodlands Parkrun	Course all on paved surface
18-Aug	Golden Harvest	New difficult undulating narrow course through wooded area
15-Sep	Melrose Arch 5km FUN WALK	"Walking on Sunshine Spring Walk" sponsored by Amdec
5-Oct	Evergreen Residents FUN WALK	PLEASE DIARISE TO AVOID DOUBLE DATING
20-Oct	Otto Estates Lonehill 5km Run/Walk	Team Evergreen have entered this for the last 4 years
10-Nov	Lonehill Parkrun	Team Evergreen Home course
8-Dec	Ernest Ullman Parkrun	Social walk to end off 2018 - All walk together in Mutchy's bus
		Afterwards can go to the Xmas Craft Market in Parkmore
	, ,	are all provisional and may change from time to time
Please c	ontact me should you hear of an additiona	al Fun Run/Walk that may be suitable for the Team to do.