

# EVERGREEN News



## DEAR RESIDENTS

**This month we're recognising a number of milestones. It's important to mark milestones because they keep us on track as we navigate life, and they help us take stock of how far we've come. They also motivate us to keep going.**

There's a lot happening at Broadacres and we're glad to share a few highlights with you.

Henri Postema turns 100 on 30 November. He'll be enjoying a celebration at the new Lifestyle Centre, and I'm sure you'll join me in congratulating him on this landmark day. We are proud to have him as a member of our Evergreen family. Turn the page to read a profile on Henri, and a brief snapshot of the world as it was in 1917, when he was born.

Dick Sheppard and Catherine Plaskett celebrated their marriage in October. This is wonderful news and we wish them love and happiness. Catch a glimpse of the newlyweds on the backpage. At the time of writing, they were on a honeymoon road trip from London to Brighton in the UK. When they return from their travels, we hope to publish

photos from their trip in a future edition.

Our new Lifestyle Centre at Broadacres is now "open for business". Thank you to everyone who helped us give it a proper roof-wetting – see some photos of the event below. We now also have a Care Centre, providing primary, frail and dementia care. The first 24 apartments, of what will ultimately be 108 units, have gone on sale. We look forward to welcoming many new residents to Evergreen in the not-too-distant future.

Don't miss the final entries in our flower photo competition. We've received stunning shots and our judges will have their work cut out for them to choose a winner – what a nice "problem" to have!

As our thoughts turn to the end of the year, with only a few weeks of 2017 left, it's great to know that we are enjoying community life together. Long may it continue.

BELOW: The opening of our new Lifestyle Centre at Broadacres.



## HERE'S TO THE DREAMERS

Evergreen Retirement Holdings CEO

**So many exciting things have happened at Evergreen recently that I need to pinch myself to make sure I'm not dreaming. But dreams are what it's all about for us at Evergreen, so it's in line with our goals.**

We have ambitious plans and our dream is for Evergreen to transform the retirement landscape in South Africa, changing it for the better. What we offer is a partnership for life and we will not compromise on our promise of providing safe environments, top-notch hospitality and care with dignity.

We are proud of our latest landmark development – our new

Lifestyle Centre at Broadacres, where we've also added a Care Centre. The 108 new apartments and the clubhouse complete the mix at Broadacres, allowing our residents to move from house to apartment when the need arises, letting them match lifestyle to life stage.

Our new Noordhoek site is fast taking shape and it will be another milestone for us. A lot of hard work is going into ensuring that Evergreen Noordhoek conforms to the exacting standards we set for ourselves.

We're also looking at a number of new sites around the country, including moving into KZN for the first time. We'll share our plans – and dreams – with you in the months to come.

**Walt Disney believed that all your dreams can come true if you have the courage to pursue them and he used to say, "If you can dream it, you can do it." Who are we to argue with the man who created the ultimate dream factory?!**

## 100 YEARS OF MEMORIES & 100 YEARS OF LIFE

Henri Postema – Broadacres

In a century on this planet, Henri Postema has earned the right to say it like it is. For this forthright centenarian, his hundredth is just another birthday, despite very few people in the world achieving triple figures. He laughs, "It's more interesting for other people than for me! I'm the 'victim' here!" Considering he only had to give up golf three months ago, he's played a great round – that's for sure.

While he still makes a point of exercising regularly, he doesn't believe there's any great secret to his longevity. But he does concede it's probably down to good genes. "All my family died in their 80s or 90s. Ask my parents. They made me this old – I don't know what it is," he confesses.

Henri came to South Africa from the Netherlands 65 years ago, his brother, Wim, having already relocated. As youngsters, Wim and Henri were both keen sportsmen, so they loved the idea of being able to play sports – especially hockey and tennis – all year long, thanks to the sunny South African weather. Back home in the Netherlands they'd been hamstrung by the cold, grey European winters.

Henri moved to Evergreen Broadacres nearly four years ago, after the death of his wife, Riet. The couple have a son, Pieter, who lives in Cape Town, and their daughters, Maryke and Madeleine, are in Johannesburg. He says life at Evergreen has treated him well. "It's been fantastic here – unexpectedly good. I have a good friend in Craig Stacey and I call him my 'bodyguard'! The two of us talk a lot about politics and sport... especially rugby."

Two days before our interview, Western Province had beaten Henri's team, the Sharks, in the Currie Cup final in Durban. Henri laments the loss, but he shrugs it off – that's sport for you.

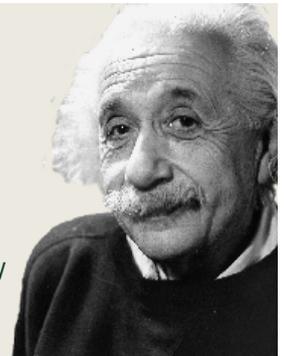
Is he working on a big speech for his big day? "I never prepare a speech in my head. It's about how I feel and how the people are reacting. I prefer a quiet life. That is what I really like."



# 1917

**WHAT WAS  
HAPPENING IN  
THE WORLD 100  
YEARS AGO?**

- Anglo American is founded by Ernest Oppenheimer, initially as a gold-mining company.
- Oliver Tambo is born.
- Albert Einstein (right) publishes his first paper on cosmology.
- Harry Houdini performs his Buried Alive stunt.
- George V is the King of England.
- The First World War enters its final year and the fighting eventually ends with the signing of the armistice in November 1918.



EVERGREEN  
*Know your*  
**Village**



### RENÉ KLEYNHANS Village Administrator at Evergreen Broadacres

"I grew up in Johannesburg and am the youngest of three daughters – my sister, Amanda, lives in Cape Town, and Karin is based in Port Elizabeth. After finishing school, I studied Advanced Project Management at UNISA."

#### **My Evergreen journey**

"I joined Evergreen as Broadacres Village Administrator in 2014. I'm pretty much our Village Manager Roy's left and right hand! I love working for Evergreen. I've met great people and wonderful characters. Their stories are fascinating and it feels good to make a difference to the lives of people by helping them with things they need, or having a chat."

#### **After work**

"I love photography and it's what I enjoy doing in my spare time. I'm also very passionate about animals – I don't have human children, but I have a fur 'baby' named Zoë (left)! I've done a lot of charity work raising money for animal shelters and I'm currently setting up a non-profit organisation that will be called Diamonds in the Ruff Real Rescue. My aim is to have a mobile vet who will travel to disadvantaged areas to neuter and spay animals, and deliver food for them, at first in and around Joburg, then expanding into Gauteng."

# BERGVLIET

## BLACK & WHITE EVENING



There was much merriment to be had at our themed evening.



Good food, good wine and good company equals a great time!

## SUNDAY LUNCH



Charlie Momsen and Vivienne Docherty



Derek and Yolanda Bond-Smith, with Jo Nixon



Ian and Alison McDonald

# MUIZENBERG

## MUSIC



Young musicians from Khayelitsha joined in our Spring Concert and Choir Festival.



## WRITING



Ghost writer Anel Hamersma (centre, back) held a workshop entitled WRITE YOUR OWN STORY.

## DANCING



Our first line-dancing class.

## RADIO



Evergreen's Arthur Case on air with Cape Talk presenter Pippa Hudson.

# DIEP RIVER

## HAPPY BIRTHDAY!



Barbara Carlean celebrated her 91st birthday.



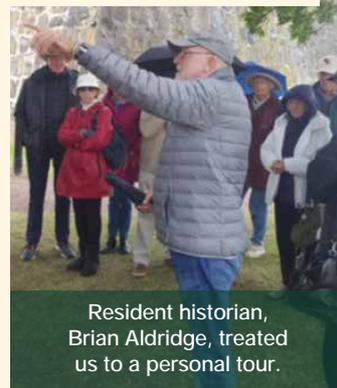
Margaret Hull looking elegant on Heritage Day.



Michael Welch in colourful spirits on Heritage Day.

# LAKE MICHELLE

## TOURING THE CASTLE OF GOOD HOPE



Resident historian, Brian Aldridge, treated us to a personal tour.



Amazing to think this fortress was once buffeted by the sea which is now nearly 5km away!

### BROADACRES NEWLYWEDS

Photos by Kloren Townsend

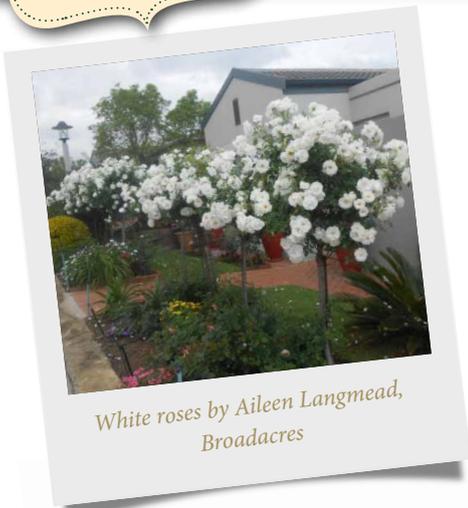


Dick Sheppard and Catherine Plaskett prove that love knows no time limits.



### FABULOUSLY FLORA FINAL ENTRIES

Our flower photo competition has ended and our final flourish is below. The winner will be revealed next month. **We'll be announcing a new competition in January, so be on the lookout for that.**



White roses by Aileen Langmead, Broadacres



Cerise rose by Sue Beele, Muizenberg



Sparaxis by Vernon Sutherland, Muizenberg

### GRAND OPENING OF BROADACRES LIFESTYLE CENTRE



There is a well-stocked library and a games area.



Residents, staff and visitors attended the opening of the new Lifestyle Centre.



The exterior of the new Lifestyle Centre.



The new Care Centre will offer primary, frail and dementia care.



There is an indoor heated swimming pool and an exterior sundeck.

Thank you for sharing this little highlights package of milestones with us. It's great to pause briefly and acknowledge the good stuff – after all, that's what life is all about, isn't it? Take care, until next time. *Derek*