

EVERGREEN *News*



DEAR RESIDENTS

It's all about growth here at Evergreen this month. Have you heard? We are going places and it's great news for Evergreen's future

We will be able to build many more Evergreen villages in the years to come, bringing the Evergreen lifestyle to more people who want an active, happy and healthy retirement. This is thanks to our new partnership with PSG Alpha Investments, an investment firm that is part of the bigger PSG Group listed on the Johannesburg Stock Exchange.

We are looking ahead with great confidence and positivity, and so can you! We'll keep you posted as these plans take shape, so watch this space to see where the next Evergreen village will be popping up.

Speaking of growth also makes me think of the tremendous challenges we've faced with water shortages in the drought-stricken Western Cape. It's more and more often that I hear people talking about saving water, and many share clever tips to save a litre here and there.

At the time of writing, the City of Cape Town announced that municipal water is projected to run out in March 2018, with usable water in dams as low as 27%. These are alarming facts to say the least. So as we head into the hotter summer months, it's worth reminding ourselves to save water.

Even in areas like Gauteng where it has been less scarce, water remains one of our most precious resources.

We love our gardens and we all enjoy the beautiful outdoor areas at our Evergreen villages, but everything from our newly-sunk borehole at Broadacres to our valuable underground water source in Muizenberg, should be used frugally, so let's remember we're all in this together!



On a recent visit to Muizenberg, I found these two out for a bit of a stroll.



WE ARE BANKING ON RETIREMENT

Arthur Case
Evergreen Group CEO

Our new partnership with PSG Alpha, which Derek mentions above, is really exciting news. It recognises that Evergreen has gone beyond the traditional idea of an old-age home.

At Evergreen we don't simply want to provide a place for you to live – we want to create a space that makes retirement easy and enjoyable for you; it's our passion and it's what we hope to be doing for many years to come.

Evergreen is revolutionising the retirement industry and changing the way that people retire. We don't say that arrogantly! We believe that we can create a truly fulfilling retirement lifestyle.

As developers, we take great pride in designing and building spaces and surroundings that deliver quality of life that is as high as it can possibly be. The thriving communities in all our Evergreen villages tell you that our hospitality-based approach and resort-style facilities add up to happy years in later life. Evergreen is the way of the future when it comes to retirement and our new partnership with PSG Alpha underlines the fact that we are on the right track.

The Canadian author Eric Butterworth once said, "Don't go through life – grow through life" and it's so apt for Evergreen right now That's exactly what we plan to do. Please join us in toasting this new chapter in our ever-growing Evergreen story. Cheers!

ANI FISKE, EVERGREEN DIEP RIVER

Born in Bloemfontein 75 years ago, Ani Fiske has seen a lot and done a lot in her lifetime.

Living at Evergreen Diep River for the past four years, she says, "I'm at a 'now or never' stage in my life. If something can't be done in six months, it's off my list. After two hip replacements I'm not doing the Our Lady of Fatima pilgrimages in Portugal anymore, but waking up in Istanbul and hearing the first call to prayer from the Blue Mosque is staying on my bucket list! Plus the northern lights – those magnificent dancing rainbows..."

Movement and dance have been a big part of Ani's life. She was a professional ballerina and she trained as a therapist, using movement to make her diagnoses. But her dancing career was almost ended before it began, when she was involved in a serious car crash when she was 15. A fractured skull and a compound fracture of her spine landed her in an induced coma. She underwent a procedure that had a success rate of only 3%, but she pulled through. "I always celebrate 6 September as my L'chaim Day because I had a second chance; it still makes me tearful to talk about it." Ani recalls, "The pinnacle of my creative profession was dancing in Frank Staff's Transfigured Night, scored by Arnold Schoenberg. And I danced Myrtha in Giselle." Her own work aside, she also saw live performances of all-time greats like Rudolf Nureyev at Lincoln Center in New York.

Ani has three children and four grandchildren. Her daughter, Amanda (46), has two young boys; and her sons Justin (44) and Daniel (38), each have a little girl. She laughs, "My boys gave me girls and my girl gave me boys!" Ani has a foster child too. "Her name is Amanda, after my daughter – the belief being that if something is named after you, then you'll look after it!" Her foster child is black and she says her strong convictions about respecting all people, regardless of race, go back a long way. "My mother was unable to breast-feed. I was raised by a Sotho woman. I loved her like a mother." An inscription on a statue of former Free State President Jan Brand, in a Bloemfontein street, where she had to pass every day on her way to school became her motto. "It read 'Alles sal regkom as elkeen sy plig doen' (Everything will be fine if we all do our bit)' and it taught me that if I had any expectations in life then it was up to me to make those things happen."



EVERGREEN Know your Village



ANDRÉA ABRAHAMS Village Administrator, Evergreen Bergvliet

"I grew up in Cape Town and am the youngest of four. While doing a degree in Foundation Phase Education I had the opportunity to travel and I worked in New York in the hospitality industry for four years. When I returned to Cape Town, my time with Evergreen started."

My Evergreen journey

"I started at Evergreen Diep River in 2014, helping Village Manager Kim Whitworth, and in 2016 I moved to Evergreen Bergvliet, where I work with Christine Dempers. I'm responsible for admin and I'm involved in the daily running of the village. Conversations with residents intrigue me. I've learnt that when one reaches a certain age, spending time with people is what really matters."

After work

"I don't have kids, but I spend weekends with my two nieces. Watching them grow up is my favourite pastime. I also love singing and something that most people might not know about me, is that I have a good singing voice, I'm involved in church groups and I sing in various productions."

A BELATED HAPPY 80TH BIRTHDAY!

John Parrott of Broadacres celebrated his 80th in tremendous style. We inadvertently left his milestone birthday out last month. So sorry, John!

John had a joint celebration with fellow Evergreen octogenarians, Eddy and Brian, as you would've seen in our August newsletter. But this time he was joined by family and friends who travelled from across the globe for the celebrations on a private game farm. The festivities were aptly themed "Let the celebration beGIN" and the GIN sure did flow!



BERGVLIET CRAFT FAIR

We hosted another creative craft fair at Evergreen Bergvliet. Fantastic to see residents from our other Western Cape villages accept the invitation to join us, some of them bringing excellent exhibits too.



Colleen Welch of Diep River



Peter and Jean de Villiers of Diep River



Jenny Barclay of Bergvliet



Lynda Till of Muizenberg



Sue Payne and Jean Thomas with displays from the Knitting & Craft Group at Lake Michelle

BROADACRES ARBOR DAY

Evergreeners at Broadacres were out in force on Arbor Day. A big thank you to Silas and Jabulani for their able and willing pairs of helping hands! We were able to plant 27 trees and shrubs and our total over five years now stands at 258 trees and shrubs.



HERITAGE DAY

A real-life Viking and a Scottish laird (landowner) were some of the colourful characters who came out on Heritage Day.



Best Costume winners, Viking Ivar Skanke and Truly Sitho



Aileen Langmead with the "laird" of Evergreen Broadacres

STREET BRAAI

Where there's smoke... there certainly was no shortage of mouth-watering things to tuck into at the street braai.

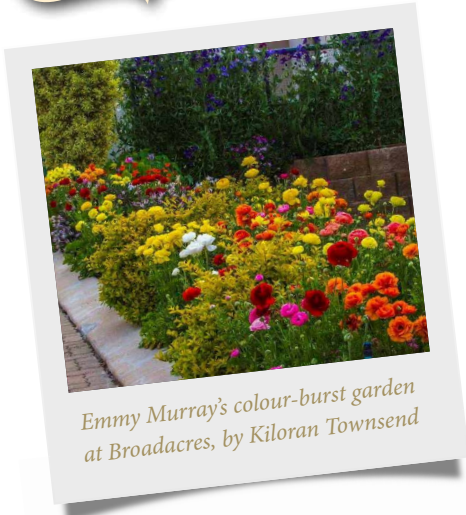


Broadacres photos by Kieren Townsend

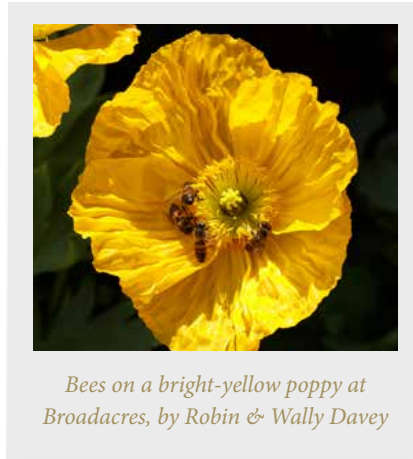


FABULOUSLY FLORA – CALL FOR FINAL ENTRIES!

Our flower photo contest is coming to an end. The three beauties you see here will be our penultimate bunch, with the last lot appearing in November. Don't miss our December newsletter when we'll name our overall winner. You still have one more chance to enter!



Emmy Murray's colour-burst garden at Broadacres, by Kiloran Townsend



Bees on a bright-yellow poppy at Broadacres, by Robin & Wally Davey



Red Grand Amaryllis at Muizenberg by Sue Beele

WELCOME TO OUR NEW RESIDENTS COMMITTEE MEMBERS

BERGVLIT

David Walker Chairman
John Bester Vice-chairman,
 Finance Legal & Security
Herman Poelmann Finance/Legal
 & Estate Dev & Maintenance
Elda Diana-Oliaro Estate Development
 & Maintenance
Jean van Rhyn Healthcare
Joan Misplon Events/Entertainment,
 Catering & Healthcare

BROADACRES

Grahame Langmead Chairman
Robin Slogrove Deputy Chairman
Hennie du Preez Deputy Chairman
 & Environmental
Cecil Fann Finance

Dick Townsend Governance
Tess Sleigh Security
Basil Bold Projects
Atholie Preacher Healthcare
Bev Jackson Hospitality

DIEP RIVER

Kelvin Barry Chairman, Safety
 & Security, Development & Landscaping
Roy Parfitt Vice-chairman & Healthcare
Hillary Masters Secretary
Jeffery Uys Finance
Gail Rohm Social/Catering & Events
Diane Everett Assistant to
 Social/Catering & Events

LAKE MICHELLE

Greg Culhane Chairman

Bob Thomas Vice-chairman

Dr Michael Cooper Healthcare
Chris Foad Secretary
Brian Gold Maintenance
Jenny Niemand Finance
Janet Jackson Social

MUIZENBERG

Claire McKinnon Chairperson
 & Healthcare
June Orsmond Secretary
David Rosenberg Finance & Legal
Chris Bennett Safety & Security
Dave D'Alton Maintenance
 & Development
Chris Turner Landscaping & grounds
Alma Swanepoel Catering & Social

DATES TO DIARISE

GO FLY A KITE ON 28 & 29 OCT

If you have grandchildren close by, take them to the **Cape Town International Kite Festival in Muizenberg 28-29 Oct**. It's the 23rd time the annual event will take place and around 20 000 people flock to it every year. Come and see kites of all shapes and sizes take to the skies.



www.capementalhealth.co.za/kite



LAKE MICHELLE FUN RUN ON 21 OCT

Lake Michelle Boat House
 R30 entry fee | Registration 08:30
www.lakemichelleevents.co.za

Since we have the World Kite Festival being held here in the Cape this month, I thought I'd sign off with a few light-hearted days being celebrated around the world in October. These are wonderful reminders not to take life too seriously. **5 Oct** World Balloon Day; **6 Oct** World Mad Hatter Day; **10 Oct** World Cake Decorating Day; **21 Oct** World Count Your Buttons Day... and last but certainly not least, **31 Oct** World Toffee Apple Day. *Derek*