

MENU 18 - 22 SEPTEMBER 2017 To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

Chef's Salad of the Day

(R40 per person)

MONDAY

Basil Chicken Salad

Basil Chicken fillet strips, served with Iceberg lettuce, marinated feta cheese and olives, tomato, cucumber, red onions and Balsamic glaze

TUESDAY

Bacon Salad

Grilled bacon bits, served with mixed herb lettuce, tomato, cucumber, peppers, barley, spinach and feta cheese

THURSDAY

Pineapple & Chicken Salad

Grilled chicken strips, served with pineapple and a garden salad

FRIDAY

Chicken, Feta & Avocado Salad

Chicken feta cheese and avocado, served on a bed of crispy lettuce, tomato, cucumber, peppers and olives **Chef's** Special of the Day (R49 per person)

MONDAY

Beef Stir-Fry

Beef stir-fry, served with egg noodles, sweet chili soya sauce, oriental vegetables and a garden salad

TUESDAY

Chicken Cordon Bleu

Chicken Cordon Bleu, served with cheese sauce, mashed potatoes and a garden salad

THURSDAY

Quiche Lorraine

Bacon and caramelized onion quiche, served with chips and a garden salad

FISH FRIDAY Your Choice Of Grilled or Fried

You're Choice: Grilled / Fried Hake Fillet, served with your choice of chips or mash potatoes, lemon butter and mixed vegetables



