





EVERGREEN

 lifestyle

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CALENDAR FOR SEPTEMBER 2017

Friday, 1 September 2017

- 10am Line Dancing in the Gym (R30 per session contact Lynn Turner on Ext 104)
 10.30am Christian Bible Study in Unit 24

Monday, 4 September 2017

- 10am Knit & Natter in the Clubhouse
 12.30pm Social Bridge in the Clubhouse

Tuesday, 5 September 2017

- 8am – 9am Therapeutic Exercise Class in the Gym
 9am – 10am Therapeutic Exercise Class in the Gym
 2.30pm Scrabble in the Clubhouse

Wednesday, 6 September 2017

- 5pm Social Evening in the Clubhouse

Thursday, 7 September 2017

- 7.30am Therapeutic Exercise Class in the Gym
 6pm Movie Evening in the Clubhouse

Friday, 8 September 2017

- 10am Line Dancing in the Gym (R30 per session contact Lynn Turner on Ext 104)
 10.30am Christian Bible Study in Unit 24

Saturday, 9 September 2017

- 9am Arbor Day
 3pm Street Braai

Monday, 11 September 2017

- 10am Knit & Natter in the Clubhouse
 12.30pm Social Bridge in the Clubhouse

Tuesday, 12 September 2017

- 8am – 9am Therapeutic Exercise Class in the Gym
 9am – 10am Therapeutic Exercise Class in the Gym
 2.30pm Scrabble in the Clubhouse

Wednesday, 13 September 2017

- 2.30pm Christian Fellowship Group Meeting at #69 (All welcome) (Every 2nd Wednesday)
 5pm Social Evening in the Clubhouse

Thursday, 14 September 2017

- 7.30am Therapeutic Exercise Class in the Gym
 2pm Visual Music Entertainment in #81 (Every 2nd Thursday)
 6pm Movie Evening in the Clubhouse

Friday, 15 September 2017

- 10am Line Dancing in the Gym (R30 per session contact Lynn Turner on Ext 104)
 10.30am Christian Bible Study in Unit 24




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Monday, 18 September 2017

10am Knit & Natter in the Clubhouse
 12.30pm Social Bridge in the Clubhouse

Tuesday, 19 September 2017

8am – 9am Therapeutic Exercise Class in the Gym
 9am – 10am Therapeutic Exercise Class in the Gym
 10.30am Nature & Birding Group in the Clubhouse
 2.30pm Scrabble in the Clubhouse

Wednesday, 20 September 2017

10am Alzheimer's Support Group (Every 3rd Wednesday)
 5pm Social Evening in the Clubhouse

Thursday, 21 September 2017

Bistro will be Open
 7.30am Therapeutic Exercise Class in the Gym
 6pm Movie Evening in the Clubhouse

Friday, 22 September 2017

10am Line Dancing in the Gym (R30 per session contact Lynn Turner on Ext 104)
 10.30am Christian Bible Study in Unit 24

Sunday, 24 September 2017

Heritage Day
 Bistro will be closed

Monday, 25 September 2017

PUBLIC HOLIDAY
 Bistro will be closed
 12.30pm Social Bridge in the Clubhouse

Tuesday, 26 September 2017

8am – 9am Therapeutic Exercise Class in the Gym
 9am – 10am Therapeutic Exercise Class in the Gym
 2.30pm Scrabble in the Clubhouse

Wednesday, 27 September 2017

5pm Social Evening in the Clubhouse

Thursday, 28 September 2017

Bistro will be Open
 7.30am Therapeutic Exercise Class in the Gym
 6pm Movie Evening in the Clubhouse

Friday, 29 September 2017

10am Line Dancing in the Gym (R30 per session contact Lynn Turner on Ext 104)
 10.30am Christian Bible Study in Unit 24