



What's happening



CALENDAR FOR NOVEMBER 2016

Tuesday, 1 November 2016

9am Therapeutic Exercise Class in the Gym
2:30pm Scrabble in the Clubhouse

Wednesday, 2 November 2016

5pm Social Evening in the Clubhouse

Thursday, 3 November 2016

7:30am Therapeutic Exercise Class in the Gym
6pm Movie Evening in the Clubhouse

Friday, 4 November 2016

10am Line Dancing in the Gym (R30 per session contact Lynn Turner Ext 104)
10.30am Christian Bible Study in #24

Monday, 7 November 2016

10am Knit & Natter in the Clubhouse
1pm Social Bridge in the Clubhouse
7pm Rummikub in the Clubhouse

Tuesday, 8 November 2016

9am Therapeutic Exercise Class in the Gym
2:30pm Scrabble in the Clubhouse

Wednesday, 9 November 2016

2:30pm Christian Fellowship Group Meeting at #69 (All welcome)
5pm Social Evening in the Clubhouse

Thursday, 10 November 2016

7:30am Therapeutic Exercise Class in the Gym
9:30am ResCom Meeting in the Clubhouse
2pm Visual Music Entertainment in #81
6pm Movie Evening in the Clubhouse

Friday, 11 November 2016

10am Line Dancing in the Gym (R30 per session contact Lynn Turner Ext 104)
10.30am Christian Bible Study in #24

Saturday, 12 November 2016

9am-12pm Craft Morning

Monday, 14 November 2016

10am Knit & Natter in the Clubhouse
1pm Social Bridge in the Clubhouse

Tuesday, 15 November 2016

9am Therapeutic Exercise Class in the Gym



2:30pm Scrabble in the Clubhouse

Wednesday, 16 November 2016

5pm Social Evening in the Clubhouse

Thursday, 17 November 2016

7:30am Therapeutic Exercise Class in the Gym

11am - 1pm Sales Event

No Movie Night

Friday, 18 November 2016

10am Line Dancing in the Gym (R30 per session contact Lynn Turner Ext 104)

10:30am Christian Bible Study in #24

Monday, 21 November 2016

10am Knit & Natter in the Clubhouse

1pm Social Bridge in the Clubhouse

Tuesday, 22 November 2016

9am Therapeutic Exercise Class in the Gym

2:30pm Scrabble in the Clubhouse

Wednesday, 23 November 2016

5pm Social Evening in the Clubhouse

Thursday, 24 November 2016

7:30am Therapeutic Exercise Class in the Gym

6pm Movie Evening in the Clubhouse

Friday, 25 November 2016

10am Line Dancing in the Gym (R30 per session contact Lynn Turner Ext 104)

10h30am Christian Bible Study in #24

Monday, 28 November 2016

10am Knit & Natter in the Clubhouse

1pm Social Bridge in the Clubhouse

6pm Cowboy Poker Evening in the Clubhouse (RSVP Ernie on Ext 180)

Tuesday, 29 November 2016

9am Therapeutic Exercise Class in the Gym

2:30pm Scrabble in the Clubhouse

Wednesday, 30 November 2016

10:30am Follow-up from Previous Alzheimer's Talk by Karen Harland (Practitioner in Training) in the Clubhouse. We are fortunate to have Karen as a speaker, who is the daughter of one of our Residents, to discuss this sensitive subject of understanding Dementia.

5pm Social Evening in the Clubhouse