

Circular 16-2016

19 September 2016

MEDICAL INFORMATION MORNING
“Diabetes Support Talk”

When: 13 October 2016 at 10am

Where: Clubhouse

Dear Residents,

René has arranged the following Medical Information Morning:

Amy and Nicci of the Broadacres Physiotherapy and Biokinetics Clinic are coming to Evergreen Broadacres to discuss the following:

1. What is diabetes and the difference between Type 1 and Type 2 - with explanation of prediabetes / insulin resistance.
2. Why diabetes (emphasis type 2) must be taken seriously, even if the patient feels well.
3. Complications.
4. Prevention - weight, lifestyle.
5. Treatment - lifestyle intervention; brief overview of drugs.
6. Exercise therapy and Biokinetics.
7. Why the need for professionals like us?
8. Open Q & A's.

Kind regards,



Roy Martin
Village Manager
Evergreen Broadacres