

CELEBRATING NATIONAL WOMEN'S MONTH

25 - 31 AUG  
IN THIS ISSUE

## WEEKLY ACTIVITIES

Your weekly guide to sport  
& recreational activities in  
the Village

## BISTRO

Weekly Lunch Menu

## IT'S A CELEBRATION

Birthdays and  
anniversaries

## EVENT DETAILS

Special Events & Activities

Dear Residents,

Spring Day is just around the corner, at least according to the calendar. While the weather hasn't quite caught up yet — with a few chilly days still sneaking in — we can feel the change coming.

Looking ahead, we have a quieter week on the calendar, with the Village Pub on Thursday and the Curry night on Friday the highlights. Please support both these events.

Also, a quick note on birthdays — they're a bit scarce this month! Let's make the most of it by celebrating Joan Misplon's birthday on the 26th, our final birthday for August.

Wishing you all a restful and cheerful week ahead!

Wishing you all a blessed weekend ahead.

Regards,  
Evergreen Team

*Live the Evergreen Lifestyle*

# WEEKLY ACTIVITIES

<b>MON</b> <b>25 AUG</b>	11h00 <b>CLUBHOUSE</b> <b>ANTI-AGING</b> <b>CLASS</b>	12h00 <b>BISTRO</b> <b>LUNCH</b>	14h00 <b>BISTRO</b> <b>CANASTA</b>		<b>REFUSE</b> 
<b>TUE</b> <b>26 AUG</b>		12h00 <b>BISTRO</b> <b>LUNCH</b>	14h00 <b>CLUBHOUSE</b> <b>SCRABBLE</b>	14h00 <b>CLUBHOUSE</b> <b>AGM</b>	
<b>WED</b> <b>27 AUG</b>	11h00 <b>CLUBHOUSE</b> <b>ANTI-AGING</b> <b>CLASS</b> 10h30-13h00 <b>LIBRARY</b> <b>TABITA FASHION</b>	12h00 <b>BISTRO</b> <b>LUNCH</b>	14h00 <b>LAWN</b> <b>RIAAN'S</b> <b>FRUIT VAN</b>	18h30 <b>CLUBHOUSE</b> <b>MOVIE</b> <b>NIGHT</b>	<b>RECYCLING</b> 
<b>THUR</b> <b>28 AUG</b>	9h00-16h00 <b>LIBRARY</b> <b>NATURALLY</b> <b>PAMPERED</b>	12h00 <b>BISTRO</b> <b>LUNCH</b>	14h00 <b>LIBRARY</b> <b>ART</b> <b>CLASSES</b>	16h00 <b>CLUBHOUSE</b> <b>VILLAGE</b> <b>PUB</b>	<b>CLINIC DAY</b> 
<b>FRI</b> <b>29 AUG</b>	 <b>R90</b>	12h00 <b>BISTRO</b> <b>LUNCH</b>		 18h00 <b>CLUBHOUSE</b> <b>CURRY NIGHT</b>	
<b>SAT</b> <b>30 AUG</b>	<b>CLUBHOUSE</b> <b>LAWN</b> <b>BOULE</b>				<b>ON CALL</b>  <b>DAMIAN</b>
<b>SUN</b> <b>31 AUG</b>	<b>CLUBHOUSE</b> <b>LAWN</b> <b>BOULE</b>				<b>ON CALL</b>  <b>DAMIAN</b>

**RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |**  
**JAMEY 081 706 4584 | DAMIAN 073 516 4119**



THE  
**FYNBOS**  
*Bistro*

# WEEKLY MENU

**MON**  
**25 AUG**

Chicken stroganoff with basmati rice, green beans and butternut  
**OR**  
Creamy bolognaise with penne pasta topped with cheese and baked



**Chicken  
noodle  
soup**



**Danish  
pastries**

**TUE**  
**26 AUG**

Beef curry with yellow rice, mixed vegetables and side sambal  
**OR**  
Pan-fried chicken in creamy mushrooms and bacon sauce with mashed potato and steamed green veggies



**Mushroom  
soup**



**Cheese-  
cake**

**WED**  
**27 AUG**

Penne a la vodka topped with parmesan cheese and BBQ chicken breast  
**OR**  
Glazed sticky pork, with stir-fry vegetables and basmati rice



**Butternut  
soup**



**Chocolate  
cake**

**THUR**  
**28 AUG**

Alfredo pasta with side parmesan cheese  
**OR**  
Coconut beef marsala with basmati rice, peas and carrots



**Bacon &  
broccoli  
soup**



**Carrot  
cake**

**FRI**  
**29 AUG**

Deep fried or grilled fish and chips  
**OR**  
Pork schnitzel with a fried egg, sautéed potatoes and braised cabbage with carrots



**Tomato &  
basil  
soup**



**Brownies**

**SAT**  
**30 AUG**

Coronation chicken with rice, carrots and peas  
**OR**  
(V) Potato curry with rice, carrots and peas



**R70 including  
Delivery fee**

**SUN**  
**31 AUG**

Roast Beef or Gammon or Vegetable Roast, served with rice, roast potatoes, Yorkshire pudding, gravy and vegetable medley.



**R95 including  
Delivery fee**

- House menu available on “same day order” before 10h00.
- Daily meal orders close the day before the meal is ordered for by 14h00.
- Weekend take-away and Monday orders close on Friday by 14h00
- Week-day meals at (N) - R90 and (L) - R70 / Soup R45



# IT'S A CELEBRATION

## *Birthdays*

### **AUGUST**

2<sup>ND</sup> ALIDA OLROYD – H22

2<sup>ND</sup> CHERYL PIENAR – H30

3<sup>RD</sup> RODGER CUMMINS – H20

3<sup>RD</sup> DAVID WALKER – H42

8<sup>TH</sup> TRULA HUMAN – H45

9<sup>TH</sup> MR HANS HAMMEL – A111

11<sup>TH</sup> JACK HOLLIDAY – H17

16<sup>TH</sup> STEWART FISHER – A1

16<sup>TH</sup> JEAN HARGREAVES – A6

26<sup>TH</sup> JOAN MISPLON – H35

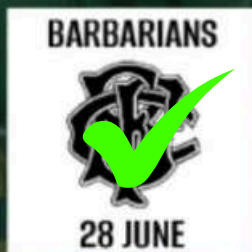
## *Anniversaries*

### **AUGUST**

14<sup>TH</sup> IAN AND ALISON MCDONALD – H18

# GEAR UP FOR Bok Fridays

WEAR YOUR GREEN AND GOLD PROUDLY  
ON BOK FRIDAYS AND MATCH DAYS







# **RESIDENT DRAW**

## **3 TICKETS FOR R50**

**A percentage of the takings will be  
given to the winner.**

**Draws will be done every second month.  
Raffle sheets will be at reception for  
residents to choose their numbers but  
payment is to be made to the any of the  
committee ladies**

**Date for draw: 29<sup>th</sup> August 2025**

# MOVIE NIGHT



**27**

August

**18:30**

Please note the  
starting time

## RAIN MAN

With:

Dustin Hoffman and Tom Cruise

1988 Oscars

Best Picture - Best Actor - Best Director -  
Best Screenplay

Please book with reception by Wednesday  
at noon to secure you seat.

Running time - 134 minutes

Bring your own drinks and eats



*TABITA FASHION*

*Pop-Up*  
**— SHOP —**

**27 August 2025**  
**10.30am - 1pm**  
**Library**


FABULOUS FASHION  
TIMELESS, TRENDY,  
CASUAL & COMFY






# Naturally Pampered

Beauty & Care



Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.



Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.



**Date:**  
**28 AUG**  
**(Thursday)**

- Manicure
  - Pedicure
  - Leg & Foot Massages
  - Back Massage
  - Head, Shoulder Massage
  - Back Scrub
  - Waxing
- 

**Venue: Library Room**  
**Time: 9am - 4pm**

**BOOK your appointment  
directly with  
ielhaam**

**Call or Whatsapp  
082 396 7573**



# Curry Night



Come and enjoy a Curry Buffet  
Friday 29<sup>th</sup> August 2025 at 18h00  
Raffle draw winner will be announced

## Menu

Butter Chicken Curry  
Coconut Veg Thai Curry  
Beef Curry

## Sides and Condiments

Naan Bread, Sambal Salad, Chutney, Yogurt,  
Basmati Rice, Yellow Rice, Pumpkin & Peas

R170 to be paid at the door.

RSVP by Wed 27<sup>th</sup> at 12h00

Book at Reception

Confirmed bookings remain payable  
for no-shows,  
but takeaways are available if needed

