

11 - 17 AUG IN THIS ISSUE

### WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

### **BISTRO**

Weekly Lunch Menu

### IT'S A CELEBRATION

Birthdays and anniversaries

### **EVENT DETAILS**

Special Events & Activities

Dear Residents,

I hope you've all had a fantastic week.

From wonderful events to the incredible support shown at our bistro, it is delightful. Our cakes have been disappearing faster than we can plate them, and we have some irresistible specials ready for you to enjoy. Today we even ran out of seats at lunch time. What a welcome a refreshing "vibe" in the clubhouse. Thank you for the support and to the Fynbos team for giving it their all.

Let's keep the good energy going as we head into another week of great food, warm company, and exciting events.

Upcoming events this week:

- Wednesday, 13 August Movie Night
- Thursday, 14 August The Village Pub
- Friday, 15 August Quiz Night
- Saturday, 16 August Canasta Night
- Saturday, 16 August Springboks vs Australia

Wishing you all a blessed weekend ahead.

Regards,
Evergreen Team
Live the Evergreen Lifestyle

## WEEKLY ACTIVITIES

MON 11 AUG	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 BISTRO CANASTA		REFUSE
TUE 12 AUG		12h00 BISTRO LUNCH	14h00 CLUBHOUSE SCRABBLE		
WED 13 AUG	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 LAWN RIAAN'S FRUIT VAN	18h00 CLUBHOUSE MOVIE NIGHT	RECYCLING
THUR 14 AUG		12h00 BISTRO LUNCH	14h00 LIBRARY ART CLASSES	16h00 CLUBHOUSE THE VILLAGE PUB	CLINIC DAZ
FRI 15 AUG	R90	12h00 BISTRO LUNCH		18h00 CLUBHOUSE QUIZ NIGHT	
SAT 16 AUG	CLUBHOUSE LAWN BOULE			19h00 CLUBHOUSE CANASTA NIGHT	JAMEY
SUN 17 AUG	CLUBHOUSE LAWN BOULE				JAMEY

RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 | Jamey 081 706 4584 | Damian 073 516 4119



### WEEKLY MENU

MON 11 AUG

Pork potjie with rice, baby marrows and butternut OR Creamy cheese and chicken pasta bake

Chicken noodle soup

TUE 12 AUG

Beef casserole with rice, green beans and carrots OR

Chicken a la king rice, butternut and green bean



WED 13 AUG

Bake potato topped with savoury mince and cheese, with garden peas and butternut

Arrabiatta pasta with a side of parmesan



THUR 14 AUG

Beef ragu with rice, broccoli and butternut OR

Chicken Tarragon pasta topped with parmesan cheese



FRI 15 AUG Deep fried or grilled fish and chips

Traditional bobotie with yellow rice, cinnamon pumpkin, green beans and side sambal



SAT 16 AUG Asian beef and vegetable stir-fry with rice

Rosemary chicken breast with a bake potato and side sour cream, carrots



17 AUG

Roast Pork or Roast Beef - with rice, roast potatoes, Yorkshire pudding and gravy and veg medley of garden peas and carrots



- House menu available on "same day order" before 10h00.
- Daily meal orders close the day before the meal is ordered for by 14h00.
- Weekend take-away and Monday orders close on Friday by 14h00
  Week-day meals at (N) R90 and (L) R70 / Soup R45

### IT'S A CELEBRATION

Birthdays

#### **AUGUST**

2<sup>ND</sup> ALIDA OLROYD - H22 2<sup>ND</sup> CHERYL PIENAR - H30 3<sup>RD</sup> RODGER CUMMINS - H20 3<sup>RD</sup> DAVID WALKER - H42 8<sup>TH</sup> TRULA HUMAN - H45 9<sup>TH</sup> MR HANS HAMMEL - A111 11<sup>TH</sup> JACK HOLLIDAY - H17 16<sup>TH</sup> STEWART FISHER - A1 16<sup>TH</sup> JEAN HARGREAVES - A6 26<sup>TH</sup> JOAN MISPLON - H35

Anniversaries

**AUGUST** 

14TH IAN AND ALISON MCDONALD - H18



# WEAR YOUR GREEN AND GOLD PROUDLY ON BOK FRIDAYS AND MATCH DAYS





























# MOVIE MIGHT



13

August

18:30

Please note the starting time

### **CHICAGO**

With:

Renee Zelwegger, Richard Gere and Catherine Zeta-Jones

Academy Award for Best Picture 2003

Please book with reception by Wednesday at noon to secure you seat.

Running time - 113 minutes

Bring your own drinks and eats

# 

### FRIDAY 15TH AUGUST TIME: 18H00

On the Menu:

Spaghetti Bolognaise garlic bread

& chocolate to end off the evening.

### R90pp

To be paid at the door RSVP by Wednesday, 13 August

Confirmed bookings remain payable for no-shows,

but takeaways are available if needed

Book at reception



### 3 TICKETS FOR R50

A percentage of the takings will be given to the winner.

Draws will be done every second month.
Raffle sheets will be at reception for residents to choose their numbers but payment is to be made to the any of the committee ladies

Date for draw: 29th August 2025

# CANASTA

On Saturday, 16th August, the Canasta Night will be held in the Clubhouse.

**TIME: 19H00** 

Players are welcome to bring their own drinks.

**BOOK AT RECEPTION ON EXT. 3200** 



CLASSICAL

# MUSIC

20 AUGUST | 19H00

The Italian

Mendelsohn Symphony No.4 in A Major

Haydn

Trumpet concerto in E Flat Major

Rachmaninov

Piano Concerto No. 3 in D Minor





### Naturally Pampered Beauty & Care

Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during yo ur treatment.

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

Venue: Library Room Time: 9am - 4pm

BOOK your appointment directly with ielhaam

Call or Whatspp 082 396 7573



Menu Butter Chicken Curry Coconut Veg Thai Curry Beef Curry

Sides and Condiments Naan Bread, Sambal Salad, Chutney, Yogurt, Basmati Rice, Yellow Rice, Pumpkin & Peas

> R170 to be paid at the door. RSVP by Wed 27<sup>th.</sup> Book at Reception

Confirmed bookings remain payable for no-shows, but takeaways are available if needed