

Evergreen — BERGVLIET



28 JULY - 3 AUG
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Your weekly guide to sport
& recreational activities in
the Village

BISTRO

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Special Events & Activities

Dear Residents,

I hope you've all had a fantastic week.

Although the Springboks are not playing for a couple of weeks, BOK FRIDAYs are still going strong, and will continue right through to the end of the season! Let's keep the gees high and the energy flowing.

Thank you to everyone who made our Christmas in July dinner such a success! Your festive spirit, and support made it a truly special event. We also had a great turnout for Movie Night.

Looking ahead, we're excited to welcome Freedom Foods in the new month, and we've got a few more events to round off July:

Reminders:

- **Movie Night – Wednesday, July 30th**
- **Naturally Pampered – Thursday, July 31st in the Library**

Thanks again for being such a vibrant and supportive community. Let's finish the month strong and keep the good vibes going!

Wishing you all a blessed weekend ahead.

Regards,

Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 28 JULY	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 BISTRO CANASTA		REFUSE 
TUE 29 JULY		12h00 BISTRO LUNCH	14h00 CLUBHOUSE SCRABBLE		
WED 30 JULY	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 LAWN RIAAAN'S FRUIT VAN	18h30 BISTRO MOVIE NIGHT	RECYCLING 
THUR 31 JULY	9h00-16h00 LIBRARY NATURALLY PAMPERED	12h00 BISTRO LUNCH	14h00 LIBRARY ART CLASSES		CLINIC DAY 
FRI 1 AUG		12h00 BISTRO LUNCH			
SAT 2 AUG	CLUBHOUSE LAWN BOULE				ON CALL  JAMEY
SUN 3 AUG	CLUBHOUSE LAWN BOULE				ON CALL  JAMEY

RIAAAN 072 600 2499 | NOMFUNDO 071 589 6603 |
JAMEY 081 706 4584 | DAMIAN 073 516 4119



Zonnenhof

LUNCH MENU

A LA CARTE MEALS - R80

Grilled or fried hake with coleslaw and fries

Club sandwich:
Lettuce, bacon, chicken, cheese, tomato with a side salad and chips

Beef burger on a seeded bun, garnish and fries.

Spaghetti bolognese with parmesan and a green salad

Prawn and avocado salad (R75)

Thai peanut Chicken pasta bowl with capsicums, fresh coriander and cucumber salad.

PRE-ORDER MEALS - R80

Homemade chicken and mushroom pie with seasonal veg and yellow rice

Cottage pie with seasonal roasted vegetables

Deep fried calamari with chips, fried onion rings and a side salad.

Braised garlic steak bites with cheesy mash and steamed broccoli

Creamy spinach and pesto pasta with a Green salad.

Smoky pork ribs with roasted vegetables and potato wedges, gravy on the side (R90).

DESSERT

Cake of the day - R50

Fruit salad with ice-cream - R40

Book at Reception or on ext. 3200



IT'S A CELEBRATION

Birthdays

JULY

30TH HEATHER HONEYSETT – H78

31ST ROGER PRIDEAUX – A104

AUGUST

2ND ALIDA OLROYD – H22

2ND CHERYL PIENAR – H30

3RD RODGER CUMMINS – H20

3RD DAVID WALKER – H42

8TH TRULA HUMAN – H45

11TH JACK HOLLIDAY – H17

16TH STEWART FISHER – A1

16TH JEAN HARGREAVES – A6

26TH JOAN MISPLON – H35

Anniversaries

AUGUST

14TH IAN AND ALISON MCDONALD – H18

GEAR UP FOR Bok Fridays

WEAR YOUR GREEN AND GOLD PROUDLY
ON BOK FRIDAYS AND MATCH DAYS



MOVIE NIGHT



30

July

18:30

Please note the
starting time

When Harry Met Sally

With:

Billy Crystal and Meg Ryan

Great Dialogue and a Great Soundtrack
(not a bad meal either)

Please book with reception by Wednesday
at noon to secure you seat.


Running time - 95 minutes

Bring your own drinks and eats




Naturally Pampered

Beauty & Care



Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.




Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.



Date:
31 JULY
(Thursday)

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing



Venue: Library Room
Time: 9am - 4pm

**BOOK your appointment
directly with
ielhaam**

**Call or Whatsapp
082 396 7573**



QUIZ NIGHT

FRIDAY 15TH
AUGUST

On the Menu:

Spaghetti Bolognaise
garlic bread

& chocolate to end off the evening.

R90pp

To be paid at the door

RSVP by Wednesday, 13 August

Book at reception

