

Evergreen — BERGVLIET



21 - 27 JULY
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& recreational activities in
the Village

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Dear Residents,

Happy BOK FRIDAY! I hope you've all had a fantastic week.

It's hard to believe we're already past the middle of the year—and the middle of July! Technically, that means we're halfway through winter, although it seems like the coldest days were saved for the second half of the month.

Today is an extra special BOK FRIDAY, as it also happens to be Nelson Mandela Day. While the Springboks aren't playing in a World Cup Final tomorrow—like the unforgettable one in 1995 when Nelson Mandela wore Francois Pienaar's No. 6 jersey—we do have something exciting to look forward to. After the South Africa vs Georgia match tomorrow, our Junior Boks will take on New Zealand in the Under-20 World Championship Final. Interestingly, All these young players was born at least 10 years after that iconic day in 1995!

Reminders:

- **Christmas in July – 22nd July:**
- **Tabita Fashion - 23rd July:** Shop new trends.
- **Rugby (Springboks vs Georgia) - 26th July**

Wishing you all a blessed weekend ahead.

Regards,

Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

| | | | | | |
|------------------------|---|---|------------------------------------|--|--|
| MON 21 JULY | 11h00 CLUBHOUSE ANTI-AGING CLASS | 12h00 BISTRO LUNCH | 14h00 BISTRO CANASTA | | REFUSE  |
| TUE 22 JULY | | 12h00 BISTRO LUNCH | 14h00 CLUBHOUSE SCRABBLE | 18h00 CLUBHOUSE CHRISTMAS IN JULY |  |
| WED 23 JULY | 11h00 CLUBHOUSE ANTI-AGING CLASS | 10h30-13h00 LIBRARY TABITA FASHION | 12h00 BISTRO LUNCH | 14h00 LAWN RIAAN'S FRUIT VAN | RECYCLING  |
| THUR 24 JULY | | 12h00 BISTRO LUNCH | 14h00 LIBRARY ART CLASSES | | CLINIC DAY  |
| FRI 25 JULY | | 12h00 BISTRO LUNCH | | | |
| SAT 26 JULY | CLUBHOUSE LAWN BOULE | | | 17h00 CLUBHOUSE RUGBY | ON CALL  DAMIAN |
| SUN 27 JULY | CLUBHOUSE LAWN BOULE | | | | ON CALL  DAMIAN |

RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |
JAMEY 081 706 4584 | DAMIAN 073 516 4119



Zonnenhof

LUNCH MENU

A LA CARTE MEALS - R80

Grilled or fried hake with coleslaw and fries

Club sandwich:

Lettuce, bacon, chicken, cheese, tomato with a side salad and chips

Beef burger on a seeded bun, garnish and fries.

Spaghetti bolognese with parmesan and a green salad

Prawn and avocado salad (R75)

Thai peanut Chicken pasta bowl with capsicums, fresh coriander and cucumber salad.

PRE-ORDER MEALS - R80

Homemade chicken and mushroom pie with seasonal veg and yellow rice

Cottage pie with seasonal roasted vegetables

Deep fried calamari with chips, fried onion rings and a side salad.

Braised garlic steak bites with cheesy mash and steamed broccoli

Creamy spinach and pesto pasta with a Green salad.

Smoky pork ribs with roasted vegetables and potato wedges, gravy on the side (R90).

DESSERT

Cake of the day - R50

Fruit salad with ice-cream - R40

Book at Reception or on ext. 3200



IT'S A CELEBRATION

Birthdays

JULY

13TH ELAINE DOYLE - H12

14TH JUDITH WALSH - H23

15TH WENCHE HOVSTAD - H76

16TH SALLY KINROSS - H6

16TH JEAN VAN RHYN - H49

21ST EDWARD TWIGGS - H62

21ST URSULA ATHIROS - A109

25TH KEVIN HOJEM - H33

30TH HEATHER HONEYSETT - H78

31ST ROGER PRIDEAUX - A104

Anniversaries

JULY

11TH DESMOND AND THERESA CHESTER - H70

23RD JAMES AND MARY DOYLE - H24

GEAR UP FOR Bok Fridays

WEAR YOUR GREEN AND GOLD PROUDLY
ON BOK FRIDAYS AND MATCH DAYS



JOIN US FOR A VERY
MERRY

Christmas in July

— BY —

FREEDOM FOODS

22 JULY 2025

Started

TOMATO AND BASIL SOUP
served with homemade bread

Main Course

ROAST TURKEY AND ROASTED BEEF
*served with rice, roasted potatoes, cauliflower broccoli bake, peas,
carrots, butternut and traditional stuffing with gravy*

Dessert

BOOZY CHRISTMAS TRIFLE

or

TRADITIONAL STEAMED CHRISTMAS PUDDING
with brandy & custard

R295pp

DINNER WILL IN THE CLUBHOUSE WITH LIMITED SEATING. | BOOKINGS AT RECEPTION ON PREPARED
SEATING PLAN TO ACCOMMODATE AS MANY RESIDENTS AS POSSIBLE.
SEATING FROM 18H00, SERVICE FROM 18H30. MENU PRICE INCLUDES A WELCOME DRINK.
PAYMENT ON THE EVENING



TABITA FASHION

Pop-up
Shop

23 July 2025
10.30am - 1pm
Library

Naturally Pampered

Beauty & Care

Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

Date:
31 JULY
(Thursday)

Venue: Library Room
Time: 9am - 4pm

BOOK your appointment
directly with
ielhaam

Call or Whatsapp
082 396 7573

