

Evergreen — BERGVLIET

5 - 11 MAY
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Your weekly guide to sport
& recreational activities in
the Village

BISTRO

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Special Events & Activities

Dear Residents,

I hope you are well and that you had a good week.

As the colder months set in, it's more important than ever to stay active and connected. While the temperatures may drop, we encourage everyone to bundle up and enjoy a brisk walk when possible—it's a great way to keep the body moving and spirits high.

And for those chillier days, we're excited to offer a variety of fun and engaging activities right here in the clubhouse. Whether you're looking to stay fit, socialize, or simply escape the winter blues, there's something for everyone this season!

Wishing you all a blessed weekend ahead.

Regards,
ELV Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 5 MAY	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 BISTRO CANASTA		REFUSE 
TUE 6 MAY		12h00 BISTRO LUNCH	14h00 CLUBHOUSE SCRABBLE		
WED 7 MAY	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 LAWN RIAAN'S FRUIT VAN	19h00 CLUBHOUSE MOVIE NIGHT	RECYCLING 
THUR 8 MAY		12h00 BISTRO LUNCH	14h00 LIBRARY ART CLASSES	CLINIC SR SHARON ADAMS	
FRI 9 MAY		12h00 BISTRO LUNCH			
SAT 10 MAY	CLUBHOUSE LAWN BOULE				ON CALL  JAMEY
SUN 11 MAY	CLUBHOUSE LAWN BOULE				ON CALL  JAMEY

RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |
JAMEY 081 706 4584 | DAMIAN 073 516 4119



Zonnenhof

LUNCH MENU

A LA CARTE MEALS - R80

Grilled or fried hake with coleslaw and fries

Club sandwich:

Lettuce, bacon, chicken, cheese, tomato with a side salad and chips

Beef burger on a seeded bun, garnish and fries.

Spaghetti bolognese with parmesan and a green salad

Prawn and avocado salad (R75)

Thai peanut Chicken pasta bowl with capsicums, fresh coriander and cucumber salad.

PRE-ORDER MEALS - R80

Homemade chicken and mushroom pie with seasonal veg and yellow rice

Cottage pie with seasonal roasted vegetables

Deep fried calamari with chips, fried onion rings and a side salad.

Braised garlic steak bites with cheesy mash and steamed broccoli

Creamy spinach and pesto pasta with a Green salad.

Smoky pork ribs with roasted vegetables and potato wedges, gravy on the side (R90).

DESSERT

Cake of the day - R50

Fruit salad with ice-cream - R40

Book at Reception or on ext. 3200



IT'S A CELEBRATION

Birthdays

MAY

3RD HANK PIENAAR - H30

5TH ROBIN CARTER - H27

6TH CHARLES HARROD - H13

7TH DAVID DRAUDE - H28

10TH JO NIXON - H36

10TH YVONNE JACKMAN - A8

15TH JOHN BESTER - H34

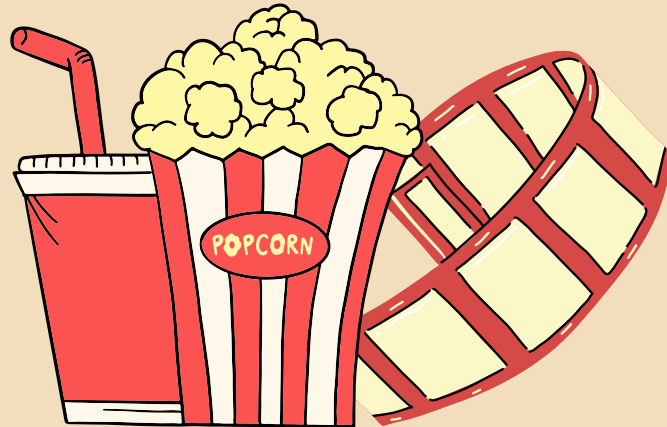
21ST ELDA DIANA-OLIARO - H55

Anniversaries

MAY

27TH DAVID AND FELICITY WALKER - H42

MOVIE NIGHT



SULLY - MIRACLE ON THE HUDSON

Wednesday, 7th MAY at 19:00

Starring Tom Hanks
Directed by Clint Eastwood

Flight 1549 from La Guardia takes off
and strikes a flock of geese losing engines.

Pilot Sullenberger ditches the plane on the Hudson River
saving 155 lives.

Investigated for pilot error.

Running time - 96 minutes

Bring your own drinks and snacks



RESIDENT DRAW

3 TICKETS FOR R50

**A percentage of the takings will be
given to the winner.**

**Draws will be done every second month.
Raffle sheets will be at reception for
residents to choose their numbers but
payment is to be made to the any of the
committee ladies**

Date for draw: TBD

PUB

Night

DATE: FRIDAY, 16 MAY
TIME: 18H00

**Join us for this
month's Pub
Night and enjoy
a great evening
with fellow
residents.**

**VOUCHER BOOKLETS
AVAILABLE ON THE
NIGHT AT R100 EACH**

**RSVP at Reception or
on Ext. 3200**





C L A S S I C A L

MUSIC

27 MAY | 19H00

**PACHELBEL
CANON**

**BUTTERFLY LOVERS
VIOLIN CONCERTO**

**BEETHOVEN
SYMPHONY
NO.6**


“PASTORAL”

RSVP AT RECEPTION OR ON EXT. 3200




Naturally Pampered

Beauty & Care



Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.




Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.



**Date:
29 MAY
(Thursday)**

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing



Venue: Library Room
Time: 9am - 4pm

BOOK your appointment
directly with
ielhaam

Call or Whatsapp
082 396 7573



FYNARTS - 6th to 16th JUNE, 2025 -

promises to bring an exciting celebration of creativity in all its forms - musical, performances, film, culinary demos, talks and presentations, food and wine tasting, art exhibitions and an array of workshops.

A feast for all your senses!

<https://www.hermanusfynarts.co.za/>

Fynarts activity booklets available at reception.