

Evergreen — BERGVLIET



28 APR - 4 MAY
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& recreational activities in
the Village

BISTRO

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Dear Residents,

I hope you are well and that you had a good week. Next week we will have another and even shorter week with 2 public holidays before life returns to normal. Please be reminded that the operating hours will be adjusted accordingly on Monday and Thursday.

With winter upon us, we would like your suggestions on any indoor activities that will keep our social calendar going through winter. Activities like carpet bowls can easily be accommodated and we would like to know and even games evenings next to the fire place. Please send any suggestions to Nomfundo.

Note: Going forward my weekly days to work from Bergvliet will be on a Thursday and Friday. I remain available on my mobile or email as usual for the foreseeable future.

Wishing you all a blessed weekend ahead.

Regards,
Riaan

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 28 APR	PUBLIC HOLIDAY	11h00 CLUBHOUSE ANTI-AGING CLASS			REFUSE 
TUE 29 APR		12h00 BISTRO LUNCH	10h00-14H00 LIBRARY NATURALLY PAMPERED		
WED 30 APR	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 LAWN RIAAN'S FRUIT VAN	18h00 BISTRO SOCIAL DINNER	RECYCLING 
THUR 1 MAY	PUBLIC HOLIDAY				
FRI 2 MAY		12h00 BISTRO LUNCH			
SAT 3 MAY	CLUBHOUSE LAWN BOULE				ON CALL  DAMIAN
SUN 4 MAY	CLUBHOUSE LAWN BOULE				ON CALL  DAMIAN

**RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |
JAMEY 081 706 4584 | DAMIAN 073 516 4119**



Zonnenhof

LUNCH MENU

A LA CARTE MEALS - R80

Grilled or fried hake with coleslaw and fries

Club sandwich:

Lettuce, bacon, chicken, cheese, tomato with a side salad and chips

Beef burger on a seeded bun, garnish and fries.

Spaghetti bolognese with parmesan and a green salad

Prawn and avocado salad (R75)

Thai peanut Chicken pasta bowl with capsicums, fresh coriander and cucumber salad.

PRE-ORDER MEALS - R80

Homemade chicken and mushroom pie with seasonal veg and yellow rice

Cottage pie with seasonal roasted vegetables

Deep fried calamari with chips, fried onion rings and a side salad.

Braised garlic steak bites with cheesy mash and steamed broccoli

Creamy spinach and pesto pasta with a Green salad.

Smoky pork ribs with roasted vegetables and potato wedges, gravy on the side (R90).

DESSERT

Cake of the day - R50

Fruit salad with ice-cream - R40

Book at Reception or on ext. 3200



IT'S A CELEBRATION

Birthdays

MAY

3RD HANK PIENAAR – H30

5TH ROBIN CARTER – H27

6TH CHARLES HARROD – H13

7TH DAVID DRAUDE – H28

10TH JO NIXON – H36

10TH YVONNE JACKMAN – A8

15TH JOHN BESTER – H34

21ST ELDA DIANA-OLIARO – H55

Anniversaries

MAY

27TH DAVID AND FELICITY WALKER – H42



Zourenhof

SOCIAL DINNER

WEDNESDAY, 30 APRIL

MAIN COURSE

Rock Salt Crusted Beef Medallion
*served with crushed garlic and herb baby potatoes, baby rainbow carrot,
charred courgette and a rosemary Jus .*

or

Thai Green Prawn and Chicken Curry
*served with coconut & coriander Rice,
tomato, carrot and onion sambal .*

DESSERT

South African Cheese Plate
with preserves, crackers and fresh fruit

or

Pavlova Cloud
filled with fresh fruit, lemon curd and Chantilly cream.


R195PP | Book at Reception or on ext. 3200
Payment to be made prior to the dinner






Naturally Pampered


Beauty & Care



Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.




Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.



Date:
29 APRIL
(Tuesday)

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing



Venue: Library Room
Time: 9am - 4pm

**BOOK your appointment
directly with
ielhaam**

**Call or Whatsapp
082 396 7573**

PUB

Night

DATE: FRIDAY, 16 MAY
TIME: 18H00

**Join us for this
month's Pub
Night and enjoy
a great evening
with fellow
residents.**

**VOUCHER BOOKLETS
AVAILABLE ON THE
NIGHT AT R100 EACH**

**RSVP at Reception or
on Ext. 3200**





FYNARTS - 6th to 16th JUNE, 2025 -

promises to bring an exciting celebration of creativity in all its forms - musical, performances, film, culinary demos, talks and presentations, food and wine tasting, art exhibitions and an array of workshops.

A feast for all your senses!

<https://www.hermanusfynarts.co.za/>

Fynarts activity booklets available at reception.