

# Evergreen BERGVLIET

17 - 23 MARCH  
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## WEEKLY ACTIVITIES

Your weekly guide to sport  
& recreational activities in  
the Village

## BISTRO

Weekly Lunch Menu

## IT'S A CELEBRATION

Birthdays

## EVENT DETAILS

Special Events & Activities

Dear Residents,

I hope you are well and that you had a good week.

Thank you to everyone who booked for the Quiz Night. We have a record number of seats booked and I am sure you will all have a great time.

Next week will be a short one as we observe Human Rights Day on Friday, the 21st. Please remember that our operating hours on Public Holidays will be the same as on weekends. We will still make time for a Social Dinner on Wednesday and we are looking forward to another well-attended event, just like we've experienced so far this year.

Reminders:

- Residents meeting on Tuesday the 18th. Please RSVP at Reception.
- Canasta night on Saturday the 22nd.

Wishing you all a blessed weekend ahead.

Regards,  
The Evergreen Team

*Live the Evergreen Lifestyle*

# WEEKLY ACTIVITIES

<b>MON</b> <b>17 MAR</b>	11h00 <b>CLUBHOUSE</b> <b>ANTI-AGING</b> <b>CLASS</b>	12h00 <b>BISTRO</b> <b>LUNCH</b>	14h30 <b>CLUBHOUSE</b> <b>CANASTA</b>	
<b>TUE</b> <b>18 MAR</b>		12h00 <b>BISTRO</b> <b>LUNCH</b>	14h00 <b>CLUBHOUSE</b> <b>SCRABBLE</b> 14h00 <b>LIBRARY</b> <b>SCRABBLE</b>	19h00 <b>CLUBHOUSE</b> <b>MUSIC</b> <b>EVENING</b>
<b>WED</b> <b>19 MAR</b>	11h00 <b>CLUBHOUSE</b> <b>ANTI-AGING</b> <b>CLASS</b>	12h00 <b>BISTRO</b> <b>LUNCH</b>	14h00 <b>LAWN</b> <b>RIAAN'S</b> <b>FRUIT VAN</b>	18h00 <b>BISTRO</b> <b>SOCIAL</b> <b>DINNER</b> 
<b>THUR</b> <b>20 MAR</b>		12h00 <b>BISTRO</b> <b>LUNCH</b>	14h00 <b>LIBRARY</b> <b>ART</b> <b>CLASSES</b>	 <b>CLINIC</b> <b>SR SHARON</b> <b>ADAMS</b>
<b>FRI</b> <b>21 MAR</b>		12h00 <b>BISTRO</b> <b>LUNCH</b>		
<b>SAT</b> <b>22 MAR</b>	<b>CLUBHOUSE</b> <b>LAWN</b> <b>BOULE</b>		19h00 <b>CLUBHOUSE</b> <b>CANASTA</b> <b>EVENING</b>	 <b>ON CALL</b> <b>DAMIAN</b>
<b>SUN</b> <b>23 MAR</b>	<b>CLUBHOUSE</b> <b>LAWN</b> <b>BOULE</b>			 <b>ON CALL</b> <b>DAMIAN</b>

**RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |**  
**JAMEY 081 706 4584 | DAMIAN 073 516 4119**

# IT'S A CELEBRATION

## *Birthdays*

### MARCH

10TH MYRLE MAWMAN - H53

11TH TREVOR HONNEYSETT - H78

15TH PADDY FORDYCE - H52

16TH DAWN MANN - H41

18TH MARY DOYLE - H24

23RD COLIN OSBORNE - H59

30TH INEZ GRETTON - H3



# Sonnenhof

## LUNCH MENU

### A LA CARTE MEALS - R80

Saucy chicken sub topped with three cheese and a side chips/salad

Grilled or fried hake with coleslaw and fries

Club sandwich:

Lettuce, bacon, chicken, cheese, tomato with a side salad and chips

Spaghetti bolognese with parmesan and a green salad

Prawn and avocado salad (R75)

Creamy tagliatelle pasta with smoked salmon pieces and a side salad (R90)

### PRE-ORDER MEALS - R80

Homemade chicken and mushroom pie with seasonal veg and yellow rice

Kassler chop with gravy, roasted vegetables and potato wedges (R90)

Homemade fishcakes with creamy mash and relish

Cottage pie with seasonal roasted vegetables

Spinach and ricotta ravioli in a light creamy pesto sauce with a green salad

Braised garlic steak bites with cheesy mash and steamed broccoli

### DESSERT

Cake of the day - R50

Fruit salad with ice-cream - R40

Book at Reception or on ext. 3200





# Zourenhof

**SOCIAL DINNER**  
WEDNESDAY, 19 MARCH

## MAIN COURSE

Slow Roasted Lamb Shank  
*with mashed butternut, broccoli and gravy*

or

Lemon & Herb Salmon Fillet  
*with creamy mashed potato, broccoli, baby carrots*

## DESSERT

South African Cheese Plate  
*with crackers and fresh fruit*

or

Orange Infused Crème Caramel  
*with fresh berries and coulis*

**R195PP | Book at Reception or on ext. 3200**



# CANASTA

On Saturday, 22nd March, the Canasta Night will be held in the Clubhouse.

**TIME: 19H00**

**Players are welcome to bring their own drinks.**

**BOOK AT RECEPTION OR ON EXT. 3200**





# **RESIDENT DRAW**

## **3 TICKETS FOR R50**

**A percentage of the takings will be  
given to the winner.**

**Draws will be done every second month.  
Raffle sheets will be at reception for  
residents to choose their numbers but  
payment is to be made to any of the  
committee ladies**

**Date for next draw TBC**



C L A S S I C A L

# MUSIC

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18 MARCH | 19H00

**Vivaldi**

MANDOLIN CONCERTO

IN C MAJOR

**SOLOIST AVI AVITAR**

**Beethoven**

PIANO SONATA NO. 23, "APASSIONATA"

**SOLOIST DANIAL BARENBOIM**

**Gabriel Faure**

REQUIEM

**KINGS COLLEGE CAMBRIDGE**

**Brahms**

VARIATION ON A THEME OF HAYDN

**(TBC)**

**RSVP AT RECEPTION OR ON EXT. 3200**

# Naturally Pampered

Beauty & Care

Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

**Date:**  
**27 MAR**  
**(Thursday)**

**Venue: Library Room**  
**Time: 9am - 4pm**

**BOOK your appointment**  
**directly with**  
**ielhaam**

**Call or Whatsapp**  
**082 396 7573**



# PUB

# Night

**DATE: FRIDAY, 11 APRIL**  
**TIME: 18H00**

**Join us for this  
month's Pub  
Night and enjoy  
a great evening  
with fellow  
residents.**

**VOUCHER BOOKLETS  
AVAILABLE ON THE  
NIGHT AT R100 EACH**

**RSVP at Reception or  
on Ext. 3200**

