## Evergreen BERGVLIET



10-16 MARCH IN THIS ISSUE

WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

**BISTRO** 

Weekly Lunch Menu

IT'S A CELEBRATION

Birthdays

**EVENT DETAILS** 

Special Events & Activities

Dear Residents,

I hope you are all well and that you had a good week.

Thank you to everyone who attended our Mediterranean themed social dinner this past week. It was nice to see the bistro full, especially with all the amazing decor the social committee added to make the evening even more special. Thank you to all the ladies for their hard work.

Next week you can look forward to this months Quiz Night. I would like to encourage all the new residents to join in and get to know more residents.

FINAL REMINDER: The community projects have greatly benefited from the sandwich donations, so thank you to everyone who contributed to this wonderful initiative. As we move into the cooler months, let's continue this spirit of generosity by supporting the MANDELA MITTENS project.

Wishing you all a blessed weekend ahead.

Regards, The Evergreen Team

Live the Evergreen Lifestyle

## WEEKLY ACTIVITIES

| MON<br>10 MAR  | 11h00<br>CLUBHOUSE<br>ANTI-AGING<br>CLASS | 12h00<br>BISTRO<br>LUNCH | 14h30<br>CLUBHOUSE<br>CANASTA         |                                  | REFUSE     |
|----------------|---|--------------------------|---------------------------------------|----------------------------------|------------|
| TUE<br>11 MAR  |   | 12h00<br>BISTRO<br>LUNCH | 14h00<br>LIBRARY<br>SCRABBLE          |                                  |            |
| WED<br>12 MAR  | 11h00<br>CLUBHOUSE<br>ANTI-AGING<br>CLASS | 12h00<br>BISTRO<br>LUNCH | 14h00<br>LAWN<br>RIAAN'S<br>FRUIT VAN |                                  | AFCA CTINE |
| THUR<br>13 MAR |   | 12h00<br>BISTRO<br>LUNCH | 14h00<br>LIBRARY<br>ART<br>CLASSES    | CLINIC<br>SR SHARON<br>ADAMS     |            |
| FRI<br>14 MAR  |   | 12h00<br>BISTRO<br>LUNCH |                                       | 18h00<br>CLUBHOUSE<br>QUIZ NIGHT |            |
| SAT<br>15 MAR  | CLUBHOUSE<br>LAWN<br>BOULE                |                          |                                       |                                  | JAMEY      |
| SUN<br>16 MAR  | CLUBHOUSE<br>LAWN<br>BOULE                |                          |                                       |                                  | JAMEY      |

RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 | Jamey 081 706 4584 | Damian 073 516 4119

## IT'S A CELEBRATION



#### MARCH

10TH MYRLE MAWMAN - H53

11TH TREVOR HONEYSETT - H78

15TH PADDY FORDYCE - H52

16TH DAWN MANN - H41

18TH MARY DOYLE - H24

23RD COLIN OSBOURNE - H59

**30TH INEZ GRETTON - H3** 



#### A LA CARTE MEALS - R80

Saucy chicken sub topped with three cheese and a side chips/salad Grilled or fried hake with coleslaw and fries

Club sandwich:
Lettuce, bacon, chicken, cheese, tomato with a side salad and chips
Spaghetti bolognaise with parmesan and a green salad
Prawn and avocado salad (R75)

Creamy tagliatelle pasta with smoked salmon pieces and a side salad (R90)

#### PRE-ORDER MEALS - R80

Homemade chicken and mushroom pie with seasonal veg and yellow rice

Kassler chop with gravy, roasted vegetables and potato wedges (R90)

Homemade fishcakes with creamy mash and relish

Cottage pie with seasonal roasted vegetables

Spinach and ricotta ravioli in a light creamy pesto sauce with a green salad

Braised garlic steak bites with cheesy mash and steamed broccoli

#### **DESSERT**

Cake of the day - R50

Fruit salad with ice-cream - R40





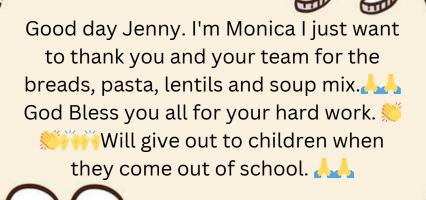
### 3 TICKETS FOR R50

A percentage of the takings will be given to the winner.

Draws will be done every second month.
Raffle sheets will be at reception for residents to choose their numbers but payment is to be made to the any of the committee ladies

**Date for next draw TBC** 

## COMMUNITY PROJECTS



PATTERN AVAILABLE FROM RECEPTION

A group of Evergreen ladies is preparing sandwiches for the underprivileged children of Lourier Primary School in Retreat, where many children rely on daily meals.

We kindly request your support through sandwich donations. Please prepare one loaf of peanut butter sandwiches, place back into the packet and then drop off at reception. A container will be available at reception every Thursday morning for the sandwiches which will be delivered to the school.

The ladies are also thrilled to kick off their Mandela Day project early. They plan to knit "MANDELA MITTENS" for disadvantaged children and aim to provide as many pairs as possible to keep their hands warm during winter.

If you would like to contribute to this wonderful initiative, you are welcome to donate wool or assist with knitting mittens. (The knitting pattern is attached to this week's newsletter email.)

FOR FURTHER INFORMATION, PLEASE CONTACT JENNY FISHER AT EXT. 33001.

# QUI // NIGHT

FRI DAY 14 MAR 2025

18H00 CLUBHOUSE

#### R80PP

Coronation chicken and salad provided by the Social Committee

Book at Reception or on Ext. 3200

Payment made at the door



CLASSICAL

## MUSIC

18 MARCH | 19H00

Vivaldi
MANDOLIN CONCERTO
IN C MAJOR
SOLOIST AVI AVITAR

Beethoven
PIANO SONATA NO. 23, "APASSIONATA"
SOLOIST DANIAL BARENBOIM

Gabriel Faure
REQUIEM
KINGS COLLEGE CAMBRIDGE

Brahms
VARIATION ON A THEME OF HAYDN
(TBC)

**RSVP AT RECEPTION OR ON EXT. 3200** 



#### Naturally Pampered Beaut y & Care

Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during yo ur treatment.

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

Venue: Library Room Time: 9am - 4pm

BOOK your appointment directly with ielhaam

Call or Whatspp 082 396 7573