

Evergreen BERGVLIET

10-16 MARCH
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Your weekly guide to sport
& recreational activities in
the Village

BISTRO

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Dear Residents,

I hope you are all well and that you had a good week.

Thank you to everyone who attended our Mediterranean themed social dinner this past week. It was nice to see the bistro full, especially with all the amazing decor the social committee added to make the evening even more special. Thank you to all the ladies for their hard work.

Next week you can look forward to this months Quiz Night. I would like to encourage all the new residents to join in and get to know more residents.

FINAL REMINDER: The community projects have greatly benefited from the sandwich donations, so thank you to everyone who contributed to this wonderful initiative. As we move into the cooler months, let's continue this spirit of generosity by supporting the MANDELA MITTENS project.

Wishing you all a blessed weekend ahead.

Regards,
The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 10 MAR	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h30 CLUBHOUSE CANASTA		REFUSE 
TUE 11 MAR		12h00 BISTRO LUNCH	14h00 LIBRARY SCRABBLE		
WED 12 MAR	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 LAWN RIAAN'S FRUIT VAN		RECYCLING 
THUR 13 MAR		12h00 BISTRO LUNCH	14h00 LIBRARY ART CLASSES	 CLINIC SR SHARON ADAMS	
FRI 14 MAR		12h00 BISTRO LUNCH		18h00 CLUBHOUSE QUIZ NIGHT	
SAT 15 MAR	CLUBHOUSE LAWN BOULE				ON CALL  JAMEY
SUN 16 MAR	CLUBHOUSE LAWN BOULE				ON CALL  JAMEY

RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |
JAMEY 081 706 4584 | DAMIAN 073 516 4119

IT'S A CELEBRATION

Birthdays

MARCH

10TH MYRLE MAWMAN - H53

11TH TREVOR HONEYSETT - H78

15TH PADDY FORDYCE - H52

16TH DAWN MANN - H41

18TH MARY DOYLE - H24

23RD COLIN OSBOURNE - H59

30TH INEZ GRETTON - H3



Sonnenhof

LUNCH MENU

A LA CARTE MEALS - R80

Saucy chicken sub topped with three cheese and a side chips/salad

Grilled or fried hake with coleslaw and fries

Club sandwich:

Lettuce, bacon, chicken, cheese, tomato with a side salad and chips

Spaghetti bolognese with parmesan and a green salad

Prawn and avocado salad (R75)

Creamy tagliatelle pasta with smoked salmon pieces and a side salad (R90)

PRE-ORDER MEALS - R80

Homemade chicken and mushroom pie with seasonal veg and yellow rice

Kassler chop with gravy, roasted vegetables and potato wedges (R90)

Homemade fishcakes with creamy mash and relish

Cottage pie with seasonal roasted vegetables

Spinach and ricotta ravioli in a light creamy pesto sauce with a green salad

Braised garlic steak bites with cheesy mash and steamed broccoli

DESSERT

Cake of the day - R50

Fruit salad with ice-cream - R40

Book at Reception or on ext. 3200





RESIDENT DRAW

3 TICKETS FOR R50

**A percentage of the takings will be
given to the winner.**

**Draws will be done every second month.
Raffle sheets will be at reception for
residents to choose their numbers but
payment is to be made to any of the
committee ladies**

Date for next draw TBC

COMMUNITY PROJECTS

Good day Jenny. I'm Monica I just want to thank you and your team for the breads, pasta, lentils and soup mix. 🙏🙏
God Bless you all for your hard work. 🙌
🙌🙌🙌🙌 Will give out to children when they come out of school. 🙏🙏



**PATTERN
AVAILABLE FROM
RECEPTION**

A group of Evergreen ladies is preparing sandwiches for the underprivileged children of Lourier Primary School in Retreat, where many children rely on daily meals.

We kindly request your support through sandwich donations. Please prepare one loaf of peanut butter sandwiches, place back into the packet and then drop off at reception. A container will be available at reception every Thursday morning for the sandwiches which will be delivered to the school.

The ladies are also thrilled to kick off their Mandela Day project early. They plan to knit "MANDELA MITTENS" for disadvantaged children and aim to provide as many pairs as possible to keep their hands warm during winter.

If you would like to contribute to this wonderful initiative, you are welcome to donate wool or assist with knitting mittens. (The knitting pattern is attached to this week's newsletter email.)

**FOR FURTHER INFORMATION, PLEASE CONTACT
JENNY FISHER AT EXT. 33001.**

QUIZ NIGHT

FRI
DAY | 14 | MAR
2025

18H00
CLUBHOUSE

R80PP

Coronation
chicken and
salad provided
by the Social
Committee

**Book at
Reception or on
Ext. 3200**

**Payment made
at the door**





C L A S S I C A L

MUSIC

18 MARCH | 19H00

Vivaldi

MANDOLIN CONCERTO

IN C MAJOR

SOLOIST AVI AVITAR

Beethoven

PIANO SONATA NO. 23, "APASSIONATA"

SOLOIST DANIAL BARENBOIM

Gabriel Faure

REQUIEM

KINGS COLLEGE CAMBRIDGE

Brahms

VARIATION ON A THEME OF HAYDN

(TBC)

RSVP AT RECEPTION OR ON EXT. 3200

Naturally Pampered

Beauty & Care

Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

Date:
27 MAR
(Thursday)

Venue: Library Room
Time: 9am - 4pm

BOOK your appointment
directly with
ielhaam

Call or Whatsapp
082 396 7573

