

# Evergreen — BERGVLIET

24 FEB - 3 MAR  
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## WEEKLY ACTIVITIES

Your weekly guide to sport  
& recreational activities in  
the Village

## BISTRO

Weekly Lunch Menu

## IT'S A CELEBRATION

Birthdays

## EVENT DETAILS

Special Events & Activities

Dear Residents,

I hope you are all well and that you've had a wonderful week.

Thank you to everyone who supported this week's Social Dinner, next up, a Mediterranean themed evening on the 5th or March. Book your spot as numbers are limited.

You will notice some exciting changes on the daily lunch menu. We have tried add to add a greater variety of dishes. Please continue to support the bistro and provide the team with your feedback on your dining experience.

The community projects have been greatly supported with the sandwich donation, thank you to everyone who supported this great initiative. As we approach the cooler months, let's extend the same support to the MANDELA MITTENS project.

Wishing you all a blessed weekend ahead.

Regards,  
The Evergreen Team

*Live the Evergreen Lifestyle*

# WEEKLY ACTIVITIES

|                       |   |                          |                                       |   |   |
|-----------------------|---|--------------------------|---------------------------------------|---|---|
| <b>MON</b><br>24 FEB  | 11h00<br>CLUBHOUSE<br>ANTI-AGING<br>CLASS | 12h00<br>BISTRO<br>LUNCH | 14h30<br>CLUBHOUSE<br>CANASTA         |   | REFUSE<br>             |
| <b>TUE</b><br>25 FEB  |   | 12h00<br>BISTRO<br>LUNCH | 14h00<br>LIBRARY<br>SCRABBLE          |   |   |
| <b>WED</b><br>26 FEB  | 11h00<br>CLUBHOUSE<br>ANTI-AGING<br>CLASS | 12h00<br>BISTRO<br>LUNCH | 14h00<br>LAWN<br>RIAAN'S<br>FRUIT VAN |   | RECYCLING<br>          |
| <b>THUR</b><br>27 FEB |   | 12h00<br>BISTRO<br>LUNCH | 14h00<br>LIBRARY<br>ART<br>CLASSES    | CLINIC<br>SR SHARON<br>ADAMS<br> |   |
| <b>FRI</b><br>28 FEB  |   | 12h00<br>BISTRO<br>LUNCH |                                       |   |   |
| <b>SAT</b><br>1 MAR   | CLUBHOUSE<br>LAWN<br>BOULE                |                          |                                       |   | ON CALL<br><br>JAMEY |
| <b>SUN</b><br>2 MAR   | CLUBHOUSE<br>LAWN<br>BOULE                |                          |                                       |   | ON CALL<br><br>JAMEY |

RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |  
JAMEY 081 706 4584 | DAMIAN 073 516 4119

# IT'S A CELEBRATION

## *Birthdays*

### MARCH

2ND VIVIENNE DOCHERTY - H58

4TH RODGER SCHEIBE - H60

10TH MYRLE MAWMAN - H53

11TH TREVOR HONEYSETT - H78

15TH PADDY FORDYCE - H52

16TH DAWN MANN - H41

18TH MARY DOYLE - H24

23RD COLIN OSBOURNE - H59

30TH INEZ GRETTON - H3

## *Anniversaries*

### MARCH

2ND RODGER & PENNY PRIDEAUX - A104





# Sonnenhof

## LUNCH MENU

### A LA CARTE MEALS - R80

Chicken/beef or falafel wrap with chips.

Grilled or fried hake with coleslaw and fries

Club sandwich:

Lettuce, bacon, chicken, cheese, tomato with a side salad and chips

Spaghetti bolognese with parmesan and a green salad

Smoked chicken salad (R65)

### PRE-ORDER MEALS - R80

Butter chicken pasta bake with a side salad

Kassler chop with gravy, roasted vegetables and potato wedges (R90)

Homemade fishcakes with creamy mash and relish

Cottage pie with seasonal roasted vegetables

Spinach and ricotta ravioli in a light creamy pesto sauce with a green salad

Grilled sirloin steak with a fried egg and chip or salad (R90)

### DESSERT

Cake of the day - R50

Fruit salad with ice-cream - R40

**Book at Reception or on ext. 3200**





# Naturally Pampered

Beauty & Care

Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.



**Date:**  
**27 FEB**  
**(Thursday)**

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

Venue: Library Room

Time: 9am - 4pm

BOOK your appointment  
directly with  
ielhaam

Call or Whatsapp

082 396 7573



# **RESIDENT DRAW**

## **3 TICKETS FOR R50**

**A percentage of the takings will be  
given to the winner.**

**Draws will be done every second  
month. Tickets available from  
Committee Members**

**Next draw will take place at  
the the social dinner on 5 March**





# Mediterranean & Evening

WEDNESDAY, 5 MARCH

Welcome Drink - Sangria

## STARTER

Homemade Focaccia

*with olive oil, balsamic vinegar, basil pesto,  
marinated olives, baked feta, olive and tomato*

## BUFFET

Traditional Greek salad | Olive and sundried  
tomato orzo salad | Arugula Salad

Traditional Paella

Chicken cacciatore  
*with garlic and herb polenta*

Greek beef souvlaki  
*with tzatziki*

Spinach and ricotta cannelloni

## INDIVIDUAL PETITE DESSERTS

Passionfruit panna cotta | Tiramisu  
Cannoli | Pasteis de nata

**R225pp | Book at Reception**



# Valuation and buying day.

THURSDAY, 6 MARCH 9AM-1PM  
CLUBHOUSE

Bring along your hidden treasures!  
No appointment needed.



## Are you sitting on a pot of gold?

Do you have jewellery you no longer wear or need, watches sitting in the draw, silverware that is no longer used, just bring them along to us for a free no obligation valuation. No appointment necessary.

## On the spot payment for

Jewellery. Antique or modern.

Vintage Costume Jewellery

Gold and silver items in any condition.

Wrist and pocket watches, (even if not working)

Silverware.

Medals and Military items.

Coins.

Collectables.

We also offer home visits if you are unable to attend on the day, or would like to see an expert in your own home.

Just give us a call on 0794099804 to arrange an appointment.

We have over 30 years' experience in the Jewellery antiques and collectables market. We are not an auction house, so there is no commission charged, and no waiting-time for payment.

For any enquiries please call or WhatsApp us on 0794099804.

Email [antiquewarehouse@live.co.za](mailto:antiquewarehouse@live.co.za).



# COMMUNITY PROJECTS

Good day Jenny. I'm Monica I just want to thank you and your team for the breads, pasta, lentils and soup mix. 🙏🙏  
God Bless you all for your hard work. 🙌  
🙌🙌🙌🙌 Will give out to children when they come out of school. 🙏🙏



**PATTERN  
AVAILABLE FROM  
RECEPTION**

A group of Evergreen ladies is preparing sandwiches for the underprivileged children of Lourier Primary School in Retreat, where many children rely on daily meals.

We kindly request your support through sandwich donations. Please prepare one loaf of peanut butter sandwiches, place back into the packet and then drop off at reception. A container will be available at reception every Thursday morning for the sandwiches which will be delivered to the school.

The ladies are also thrilled to kick off their Mandela Day project early. They plan to knit "MANDELA MITTENS" for disadvantaged children and aim to provide as many pairs as possible to keep their hands warm during winter.

If you would like to contribute to this wonderful initiative, you are welcome to donate wool or assist with knitting mittens. (The knitting pattern is attached to this week's newsletter email.)

**FOR FURTHER INFORMATION, PLEASE CONTACT  
JENNY FISHER AT EXT. 33001.**