

# Evergreen BERGVLIET

17 - 23 FEBRUARY  
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## WEEKLY ACTIVITIES

Your weekly guide to sport  
& recreational activities in  
the Village

## BISTRO

Weekly Lunch Menu

## IT'S A CELEBRATION

Birthdays

## EVENT DETAILS

Special Events & Activities

Dear Residents,

I hope you are all well and that you've had a wonderful week.

For the romantics among us, I trust you enjoyed a very Happy Valentine's Day and are looking forward to some dancing tonight at the Gordon Rocker performance.

Thank you also to everyone who donated sandwiches this past week. I am sure it was very well received and that many children benefited from the donations.

Reminders:

- Remember to reserve your spot for next week's Social Dinner and our first themed dinner for 2025 on March 5th.
- Join us for this month's Music Evening on the 18th and Canasta on the 21st.

Wishing you all a blessed weekend ahead.

Regards,  
Riaan and the Evergreen Team

*Live the Evergreen Lifestyle*

# WEEKLY ACTIVITIES

MON 17 FEB	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h30 CLUBHOUSE CANASTA		REFUSE 
TUE 18 FEB		12h00 BISTRO LUNCH	14h00 LIBRARY SCRABBLE		
WED 19 FEB	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 LAWN RIAAN'S FRUIT VAN		RECYCLING 
THUR 20 FEB		12h00 BISTRO LUNCH	14h00 LIBRARY ART CLASSES	CLINIC SR SHARON ADAMS 	
FRI 21 FEB		12h00 BISTRO LUNCH			
SAT 22 FEB	CLUBHOUSE LAWN BOULE				ON CALL  JAMIE
SUN 24 FEB	CLUBHOUSE LAWN BOULE				ON CALL  JAMIE

RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |  
JAMEY 081 706 4584 | DAMIAN 073 516 4119

# IT'S A CELEBRATION

## *Birthdays*

### FEBRUARY

7TH CHARLES FOSTER - H48

18TH LYNNE WILMS - H43

19TH MICHEAL BURCHELL - H40

19TH EARL HARGREAVES - A6

20TH BRIAN MARQUIS - H39

22ND VERONICA LAMSON - H57

22ND SUE DALRYMPLE - A101

## *Anniversaries*

### FEBRUARY

7TH EARL & JEAN HARGREAVES - A6

12TH MIKE & JENNI UYS - H8

## *New Residents*

DESMOND & EILEEN CHESTER  
HOUSE 70





# Zonnenhof

## LUNCH MENU

### A LA CARTE MEALS - R80

Chicken schnitzel with cheese/mushroom sauce, fries and salad.

Caesar salad- lettuce, boiled egg, bacon bits, croutons, parmesan with vinaigrette

Chicken ciabatta, creamy sauce, melted cheddar cheese  
and a garlic mayo with fries.

Salad: tuna chunks, red onion, toasted pine nuts, cherry tomatoes, cucumber ribbons, lettuce  
and aioli dressing

Grilled hake topped with grilled capsicums, coleslaw and fries.

### PRE-ORDER MEALS - R80

Cape Malay bobotie with yellow rice and seasonal vegetable

Roasted chicken pieces with fries and salad.

Beef lasagna with Greek salad and dressing

Butter chicken with basmati rice and sambals

Spinach and ricotta ravioli in a light creamy pesto sauce with green salad

### DESSERT

Salted caramel cheese cake with vanilla ice-cream - R50

Fruit salad with ice-cream - R40

**Book at Reception or on ext. 3200**





# Zourenhof

## SOCIAL DINNER

WEDNESDAY, 19 FEBRUARY

### MAIN COURSE

Crispy Pork Belly  
*with crackling, fondant potato, baby carrots, broccoli, and apple sauce*

or

Seared Tuna Steak  
*with creamy turnip puree, roasted beetroot, baby carrots, onion wedges and zesty soya sauce*

### DESSERT

South African Cheese Plate  
*with crackers and fresh fruit*

or

Individual Crème Brûlée  
*with strawberries and mint*

R195PP | Book at Reception or on ext. 3200







C L A S S I C A L

# MUSIC

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18 FEBRUARY | 19H00

**Waloyo Yamoni**

BY CHRISTOPHER TIN

**The Fountains of Rome**

BY RESPIGHI

**Academic Festival  
Overture**

BY BRAHMS

**Symphony No. 8**

BY DVORAK

**RSVP AT RECEPTION OR ON EXT. 3200**

# CANASTA

On Friday, 21 February, the Canasta Night will be held in the Clubhouse.

**TIME: 19H00**

**Players are welcome to bring their own drinks.**

**BOOK AT RECEPTION OR ON EXT. 3200**







# Naturally Pampered

Beauty & Care

Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.



**Date:**  
**27 FEB**  
**(Thursday)**

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

**Venue: Library Room**  
**Time: 9am - 4pm**

**BOOK your appointment**  
**directly with**  
**ielhaam**

**Call or Whatsapp**  
**082 396 7573**





# **RESIDENT DRAW**

## **3 TICKETS FOR R50**

**A percentage of the takings will be  
given to the winner.**

**Draws will be done every second  
month. Tickets available from  
Committee Members**

**Next draw will take place at  
the the social dinner on 5 March**



# Mediterranean & Evening

WEDNESDAY, 5 MARCH

Welcome Drink - Sangria

## STARTER

Homemade Focaccia

*with olive oil, balsamic vinegar, basil pesto,  
marinated olives, baked feta, olive and tomato*

## BUFFET

Traditional Greek salad | Olive and sundried  
tomato orzo salad | Arugula Salad

Traditional Paella

Chicken cacciatore  
*with garlic and herb polenta*

Greek beef sovlaki  
*with tzatziki*

Spinach and ricotta cannelloni

## INDIVIDUAL PETITE DESSERTS

Passionfruit panna cotta | Tiramisu  
Cannoli | Pasteis de nata

**R225pp | Book at Reception**