

Evergreen BERGVLIET

20 - 26 JANUARY
IN THIS ISSUE

WEEKLY ACTIVITIES

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IT'S A CELEBRATION

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EVENT DETAILS

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Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 20 JAN	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h30 CLUBHOUSE CANASTA	
TUE 21 JAN		12h00 BISTRO LUNCH		
WED 22 JAN	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 LAWN RIAAN'S FRUIT VAN	18h00 BISTRO SOCIAL DINNER 
THUR 23 JAN		12h00 BISTRO LUNCH	14h00 LIBRARY ART CLASSES	CLINIC SR SHARON ADAMS 
FRI 24 JAN		12h00 BISTRO LUNCH		
SAT 25 JAN	CLUBHOUSE LAWN BOULE			ON CALL  JAMEY
SUN 26 JAN	CLUBHOUSE LAWN BOULE	12h30 BISTRO BRING & BRAAI		ON CALL  JAMEY

RIAAN 072 600 2499 | NOMFUNDO 071 589 6603 |
JAMEY 081 706 4584 | DAMIAN 073 516 4119

IT'S A CELEBRATION

Birthdays

2 JAN DAVID ORTON - H31

11 JAN JENJEN MOCKFORD - A7

13 JAN ADRIAN FULLER - A2

13 JAN JIM DOYLE - H24

19 JAN JENNI UYS - H8

21 JAN CAROL DALTON - A106

Anniversaries

9 JAN JOHN AND AMANDA BESTER - H34

13 JAN RODGER AND LIDDY CUMMINS - H20

GUESS WHO?

To add a few more laughs to 2025 we would like to introduce a "Birthday Game" to add some fun to all our birthday celebrations.

HOW DOES IT WORK?

We ask that all residents submit a baby or childhood photo of themselves to either myself or Nomfundo. These photos will be shown similarly to the ones below in the first newsletter of each month.

Match all the pictures to the correct resident celebrating their birthday in that month and submit it before the following Friday at reception.

The most correct guesses will earn you a bottle of sparkling wine.





Zonnenhof

LUNCH MENU

A LA CARTE MEALS - R80

Chicken schnitzel with cheese/mushroom sauce, fries and salad.

Caesar salad- lettuce, boiled egg, bacon bits, croutons, parmesan with vinaigrette

Chicken Ciabatta, creamy sauce, melted cheddar cheese
and a garlic mayo with fries.

Salad: tuna chunks, red onion, toasted pine nuts, cherry tomatoes, cucumber ribbons, lettuce
and aioli dressing

Grilled hake topped with grilled capsicums, coleslaw and fries.

PRE-ORDER MEALS - R80

Cape Malay bobotie with yellow rice and seasonal vegetable

Roasted chicken pieces with fries and salad.

Beef lasagna with Greek salad and dressing

Butter chicken with basmati rice and sambals

Spinach and ricotta ravioli in a light creamy pesto sauce with green salad

DESSERT

Salted caramel cheese cake with vanilla ice-cream - R50

Fruit salad with ice-cream - R40

Book at Reception or on ext. 3200





Zourenhof

SOCIAL DINNER

WEDNESDAY, 22 JANUARY 2025

MAIN COURSE

Maple Mustard Salmon Fillet
with seared spinach, creamy mashed potato and a mustard drizzle

or

Beef Medallion
with potato fondant, charred greens, baby spinach and bordelaise sauce

DESSERT

South African Cheese Plate
with crackers and dried fruit

or

Chocolate Mousse Log
with cookie crumble, burnt meringue and chocolate ice-cream.

R195PP | Book at Reception or on ext. 3200
Bookings close Monday's at 12h00





BRING & BRAAI

SUN | 26 | JAN
DAY | | 2025

TIME: 12H30 – VENUE: CLUBHOUSE

Bring your own drinks and meats

R100PP

includes salads and ice-cream
(Pay at the door)

BOOK BY WEDNESDAY, 22 JANUARY
AT RECEPTION



Naturally Pampered

Beauty & Care



Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.



**Date:
30 JAN
(Thursday)**



- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

Venue: Library Room
Time: 9am - 4pm

**BOOK your appointment
directly with
ielhaam**

**Call or Whatsapp
082 396 7573**



Dance the Night Away...

With Gordon Rocker

**FRIDAY, 14 FEBRUARY
AT 18H30 FOR 19H00**

BRING YOUR OWN DRINKS

R80PP

**BOOK BY WEDNESDAY,
12 FEBRUARY
AT RECEPTION**





RESIDENT DRAW

3 TICKETS FOR R50

**A percentage of the takings will be
given to the winner.**

**Draws will be done every second
month. Tickets available from
Committee Members**

**Next draw will take place at
the end of February**

Photographic

COMPETITION

2025

Happy Snapping!

"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."

~ EUDORA WELTY

THE RULES ARE:

It must be your own photos.
You may submit two photographs
per theme.

HOW TO SUBMIT:

Please include the following per
submission:

- theme
- your name
- village
- caption
- short explanation of how your
picture -fits in with the theme

Submit in JPG or PNG format, Word
or PDF will not be accepted.
All pictures to be submitted in high
resolution – 5MB or higher.
All entries to be submitted by latest
31 October 2025. (Judging in
November 2025 and the winners to
be announced in December 2025)
Submit all entries to
photos@evergreenlifestyle.co.za

You can submit your photographs
for any of the themes throughout
the year.



Themes



The Family

Whether it is your direct family, or a family of the Animal Kingdom.



Abstract

Think out the box - put together some crafty scraps and snap away or find a mind-blowing abstract object.



Black and White

Not everything has to be seen in colour.



Sunrise/Sunset

Get to the beach or on the mountain and let's see the best Sunrise or Sunsets you can find.



Village Life

What does everyday life look like in your Evergreen Lifestyle Village?



Fauna and Flora

Sticks, Stones, Trees, Seeds, Pods, Flowers - "Go bos".



Stranger Things

Seen something odd? Or maybe something upside down? A weird reflection?



Tools of the Trade

A chef and his knives, a writer and his pen or even....A photographer and his camera?



Planes, Trains and Automobiles

Or Motorcycles, or Bicycles or carts. There is no limit here, if it moves take a pic of it.



Food

Going to a fancy restaurant? Or having a Braai? Snap away on those yummy meals.