

“What's Happening”

# BERGVLIET



*“Always Do Your Best. Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick. Under any circumstance, simply do your best, and you will avoid self-judgment, self-abuse and regret.”*

~ Don Miguel Ruiz ~

Dear Residents,

I hope you have all had a good week despite the utterly confusing weather we have experienced this week.

For the rugby enthusiasts, this weekend is going to be especially exciting—it marks the Springboks' final match of 2024. Many are anticipating a somewhat lopsided game, as the Welsh team seeks their first win of the year.

A big thank you to everyone who booked for the Christmas/Year-End Social Dinner. Just like last year, we have once again reached the maximum capacity of the venue, with 80 residents set to attend.

Reminders for next week include:

## **TUESDAY**

No Social Dinner

## **WEDNESDAY**

Riaan's Fruit Van will be back so you have another chance to stock up on those fresh fruits and veggies

## **THURSDAY**

Sister Sharon will be available for her weekly visit.

Wishing you all a great week ahead.

Regards,  
Riaan and the Evergreen Team

## IN THIS ISSUE

### WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

### SONNENHOF BISTRO

Weekly Lunch and Dinner Menu

### IT'S A CELEBRATION

Birthday's, Anniversaries & New Residents

# WEEKLY ACTIVITIES

<b>MON</b> 25 NOV	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h30 CLUBHOUSE CANASTA	
<b>TUE</b> 26 NOV		12h00 BISTRO LUNCH	14h00 CLUBHOUSE SCRABBLE	
<b>WED</b> 27 NOV	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h00 LAWN RIAAN'S FRUIT VAN	
<b>THUR</b> 28 NOV	09h00 LIBRARY NATURALLY PAMPERED	12h00 BISTRO LUNCH	14h00 LIBRARY ART CLASSES	CLINIC SR SHARON ADAMS 
<b>FRI</b> 29 NOV		12h00 BISTRO LUNCH		
<b>SAT</b> 30 NOV	10h00 CLUBHOUSE LAWN BOULE			
<b>SUN</b> 1 DEC		CLUBHOUSE LAWN BOULE		

## BIRTHDAYS

3 DEC TON WEBER - H5  
 6 DEC JOHN DRAKE - A3  
 7 DEC PADDY OBERHOFFER - H1  
 10 DEC ANNAMAREE CARTER - H27  
 13 DEC MIKE UYS - H8  
 13 DEC JENNIFER FISHER - A1  
 14 DEC CHRIS HINDE - H15



## ANNIVERSARIES

2 DEC ROBIN & ANNAMAREE CARTER - H27  
 3 DEC KEVIN & SALLY HOJEM - H33  
 8 DEC ROBERT & CHERYL VERMEULEN - H14  
 18 DEC CHARLES & TERTIA HARROD - H13  
 21 DEC JEFF & PADDY HAWTHORNE - H70  
 22 DEC EDWARD & ESTELLE TWIGGS - H62  
 22 DEC RODNEY & LORRAINE BRYANT - A102

# Sonnenhof

## LUNCH MENU - NOV

### A LA CARTE MEALS - R80

Honey & Soy Chicken Fillet with a Pineapple and Peppadew Salad

Toasted Pulled Beef/Chicken Wrap filled with Rocket, Crunchy Slaw and Camembert Sauce

BLT (bacon, lettuce, tomato) Panini with Brie, Balsamic Reduction and Fries

Gourmet Chicken/Beef Burger topped with Caramelized Onion Rings and Blue Cheese Crumble

Chicken Schnitzel with Cheese Sauce, Fries and Salad

Chef's Salad - Grilled Chicken Strips, Lettuce, Rocket, Cucumber, Cherry Tomatoes, Carrot Ribbons, Roasted Chickpeas, Red Onion and Feta with Balsamic Reduction.

V - (No chicken) R60

### PRE-ORDER MEALS - R80

Masala Steak Sandwich with Fries and Salad

Chicken and Spinach Lasagne with Salad or Vegetables

Homemade Cottage Pie with Salad or Vegetables

Cape Malay Chicken Curry with Roti, Basmati Rice and Sambal

Homemade Beef Steak Pie with Salad

### DESSERT - R40

Fruit Salad with Ice Cream or Whipped Cream

Cake of the Day

**Bookings close the day before the meal at 14h00. Monday orders close on a Friday at 14h00 | Book at Reception or on ext. 3200 | R80pp**





*TABITA FASHION*

POP-UP SHOP

**DATE: 27 NOVEMBER**

**2024**

**TIME: 10.30AM**

**- 1PM**

**VENUE:**

**CLUBHOUSE**



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- Back Scrub
- Waxing



Date:  
28 NOV  
(Thursday)

Venue: Library  
Time: 9am - 4pm



Book your appointment  
directly with ielhaam

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082 396 7573





# Christmas

**SOCIAL DINNER - 4 DECEMBER**

*Sparkling wine on arrival*

## **PLATED STARTERS**

*Gammon or (V) Roasted Mushroom Terrine and Rocket,  
Roasted Cherry Tomato & Pineapple with Cherry Glaze*

## **BUFFET MAIN COURSE**

*Rosemary Roasted Beef with Yorkshire Pudding and  
Jus | Peach & Lemon-infused Chicken | Garlic Roasted  
Baby Potatoes | Roasted Butternut | Creamed Spinach*

## **PLATED DESSERT**

*Traditional Christmas Pudding with  
Creme Anglaise*

*or*

*Summer Fruit Trifle*

**R250PP | Bookings close  
Friday 29 November**





# CHRISTMAS CAROLS

DECEMBER

6

FRIDAY

**The holiday season is upon us, and we'd love for you to be part of our Christmas Carol celebration! Bring your holiday spirit and help us fill the air with classic Christmas songs as we celebrate the Season together.**

**BRING YOUR OWN DRINKS AND SNACKS**

**RSVP for seating purposes by Wednesday 4 December.**

**Performance and Carols accompanied by the  
Cantiamo Chamber Choir  
from 18h00 to 19h30**