

“What's Happening”

BERGVLIET



*“Knowing something is not as good as liking it.
Liking something is not as good as rejoicing in it.”*

~ Confucius ~

Dear Residents,

I hope everyone has had a wonderful week.

While we've recently enjoyed some delightful sunshine, you might want to hold off on unpacking your entire summer wardrobe. A new weather warning is expected for this weekend and into the early part of next week. With strong winds on the horizon, please make sure to bring all your patio or balcony furniture indoors or secure it tightly.

BISTRO

We have been diligently working behind the scenes to enhance the Bistro operations. We've seen great success with our themed dinner menus, and you can look forward to more of these in the future. Next week we will be trialling a slight modification to our daytime menu to provide a bit more flexibility.

Reminders for next week include:

TUESDAY

Social Dinner

WEDNESDAY

Riaan's Fruit Van will be back so you have another chance to stock up on those fresh fruits and veggies

MONDAY

Sister Sharon will be available for her weekly visit.

FRIDAY

Pub Night

Wishing you all a great week ahead.

Regards,

Riaan and the Evergreen Team

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WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

SONNENHOF BISTRO

Weekly Lunch and Dinner Menu

IT'S A CELEBRATION

Birthday's, Anniversaries & New Residents

WEEKLY ACTIVITIES

MON 28 OCT	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	14h30 CLUBHOUSE CANASTA	
TUE 29 OCT		12h00 BISTRO LUNCH	14h00 CLUBHOUSE SCRABBLE	18h00 BISTRO SOCIAL DINNER
WED 30 OCT	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO LUNCH	13h00 LAWN RIAAN'S FRUIT VAN	
THUR 31 OCT	09h00 LIBRARY NATURALLY PAMPERED	12h00 BISTRO LUNCH	14h00 LIBRARY ART CLASSES	CLINIC SR SHARON ADAMS 
FRI 1 NOV		12h00 BISTRO LUNCH		18h00 BISTRO PUB NIGHT
SAT 2 NOV	10h00 CLUBHOUSE LAWN BOULE			
SUN 3 NOV		CLUBHOUSE LAWN BOULE		

BIRTHDAYS

7 NOV COLIN NOBLE - H72
15 NOV CHERIE MORTIMER - H68
23 NOV JENNY WESSELS - H9
23 NOV HANNELEN HAMMEL - A111



ANNIVERSARIES

16 NOV
JACK AND SHEILA HOLLIDAY - H17
24 NOV
HANK AND CHERYL PIENAAR - H30



Sonnenhof

LUNCH MENU
28 OCT - 1 NOV

MONDAY

Beef Stroganoff with rice & seasonal vegetables
or

*(V) Mushroom and lentil cakes with mint sauce, mashed potatoes
and seasonal vegetables*

TUESDAY

Chicken and green pea curry with rice and sambals
or

(V) Chickpea and butternut curry with rice and sambals

WEDNESDAY

Pork schnitzel with cheese sauce, jacket potato and seasonal vegetables
or

(V) Plant-based schnitzel with jacket potato and seasonal vegetables

THURSDAY

Beef casserole with rice and seasonal vegetables
or


(V) Creamy mushroom and spinach risotto with seasonal vegetables

FRIDAY

Crispy fried fish and chips served with tartar sauce and a side salad
or

(V) Plant-based hotdog with caramelized onion and chips

(includes a glass of house wine or coffee)



Bookings close the day before the meal at 14h00. Monday orders close on
a Friday at 14h00 | Book at Reception or on ext. 3200 | R80pp - (V) R70



PORTUGUESE EVENING

TUESDAY, 5 NOVEMBER

MAIN COURSE BUFFET

Garden Salad
Portuguese Grilled Pepper Salad
Feijoada (pork sausage & bean stew)
Cataplana (seafood stew)
Chicken & Beef Espetada (skewers)
Flaming Chorizo
Savoury Rice & Garlic Mashed Potato

DESSERT

Pasteis de Nata (custard tarts)
with fresh berries

or

South African Cheese Plate
with crackers and dried fruit

Social dinner bookings close on a Friday at 14h00 | Book at
Reception or on ext. 3200 | Dinner served at R195 per person



Naturally Pampered

Beauty & Care



Pamper yourself as we bring convenience to you in a calm and serene setting.

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing



Date:
31 OCT
(Thursday)

Venue: Library
Time: 9am – 4pm

Book your appointment
directly with ielhaam

Call or Whatsapp
082 396 7573



PUB *Night*

DATE: FRIDAY, 1 NOV
TIME: 18H00

**Join us for this
month's Pub
Night and enjoy
a great evening
with fellow
residents.**

**VOUCHER BOOKLETS
AVAILABLE ON THE
NIGHT AT R100 EACH**

**RSVP at Reception or
on Ext. 3200**

