

# *"What's Happening"* BERGVLIET



*"Folks are usually about as happy as they make their minds up to be."*

*~ Abraham Lincoln ~*

Dear Residents,

I hope you all had a good week. We have had reasonably good weather this week but unfortunately it looks like it might be another weekend better spent indoors.

We are hoping for better weather next weekend however when we host the first rugby braai this year. We still have loads of space so please book at reception and join us for a great afternoon, and hopefully a great game of rugby!

You might also want to keep Saturday the 28th of September clear. We have a late Heritage Day surprise planned in conjunction with the final game of the Rugby Championship between South Africa and Argentina.

Also for next week, please note that Sister Sharon will be available on Tuesday and not Thursday. Naturally Pampered will be here on Tuesday morning to get you ready for spring with some delightful treatments, and products for sale,, and Riaan's very popular fruit van will be back for the weekly visit on Wednesday.

Thank you to everyone who RSVP'd for the AGM on Monday. We are looking forward to seeing you there.

Wishing you all a great week ahead.

Regards,  
Riaan and the Evergreen Team

## IN THIS ISSUE

### WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

### SONNENHOF BISTRO

Weekly Lunch and Dinner Menu

### IT'S A CELEBRATION

Birthday's, Anniversaries & New Residents

# WEEKLY ACTIVITIES

<b>MON</b> 26 AUG	11h00 CLUBHOUSE ANTI-AGING CLASS	12h00 BISTRO AGM	14h30 CLUBHOUSE CANASTA	
<b>TUE</b> 27 AUG	CLINIC  SR SHARON ADAMS		14h00 CLUBHOUSE SCRABBLE	18h00 BISTRO SOCIAL DINNER
<b>WED</b> 28 AUG	09h00 LIBRARY NATURALLY PAMPERED	11h00 CLUBHOUSE ANTI-AGING CLASS	13h00 LAWN RIAAN'S FRUIT VAN	
<b>THUR</b> 29 AUG			14h00 LIBRARY ART CLASSES	
<b>FRI</b> 30 AUG				
<b>SAT</b> 31 AUG	10h00 CLUBHOUSE LAWN BOULE			15h00 BISTRO RUGBY BRAAI
<b>SUN</b> 1 SEPT		CLUBHOUSE LAWN BOULE		

## BIRTHDAYS

26 AUG JOAN MISPLON - H35  
30 AUG TERTIA HARROD - H13  
1 SEPT THYS VERMEULEN - H16  
1 SEPT VICKY FOX - H75  
2 SEPT JOHN COETZEE - H65  
4 SEPT CHRISTINA WALTERS - H64  
5 SEPT IAN STEWART - H69  
7 SEPT KAREN VISSER - H44



## ANNIVERSARIES

25 AUG MICHAEL & CLAUDIA BURCHELL - H40  
28 AUG HANS & HANNELEN HAMMEL - A111  
2 SEPT MIKE & TRISH SMITH - H67  
15 SEPT IAN & RENEE STEWART - H69  
19 SEPT TONY & SANDRA FARR - A107  
22 SEPT DAVID & MARYON DRAUDE - H28





# Sonnenhof

LUNCH MENU  
26-30 AUGUST

## MONDAY

*Chicken and spinach lasagna with salad*  
or  
(V) *Three bean stew with rice and seasonal vegetables*

## TUESDAY

*Sweet and sour beef and vegetable stir-fry with egg noodles*  
or  
(V) *Vegetable and lentil cottage pie with gravy,  
and seasonal vegetables*

## WEDNESDAY


*Chicken schnitzel with mushroom sauce, jacket potato  
and seasonal vegetables*  
or  
(V) *Plant-based bangers and mashed potatoes with gravy,  
carrots and peas*

## THURSDAY

*Tomato bredie with rice and seasonal vegetables*  
or  
(V) *Plant-based schnitzel with potato bake and seasonal vegetables*

## FRIDAY

*Crispy fried fish and chips with tartar sauce and salad*  
or  
(V) *Creamy mushroom and spinach risotto with seasonal vegetables*  
  
(includes a glass of house wine or coffee)



Bookings close the day before the meal at 14h00. Monday orders close on  
a Friday at 14h00 | Book at Reception or on ext. 3200 | R80pp - (V) R70



# Sonnenhof

BISTRO

S O C I A L   D I N N E R  
T U E S D A Y ,   3   S E P T E M B E R

## *Main Course*

### *Surf & Turf*

*fillet steak served with prawns, mashed potato  
and roasted vegetables*

*or*

### *Chicken Roulade*

*stuffed with feta and peppadew and served with  
mashed potato and roasted vegetables*

## *Dessert*

*Sago Pudding  
with creme Anglaise*

*or*

*South African Cheese Plate  
with crackers and dried fruit*



Social dinner bookings close on a Friday at 14h00 | Book at  
Reception or on ext. 3200 | Dinner served at R195 per person





# *Rican's* **FRUIT VAN**

**DATE:**  
**WEDNESDAY, 28 AUGUST**

**TIME:**  
**13H00 – 13H45**







# Naturally Pampered

Beauty & Care



Pamper yourself as we bring convenience to you in a calm and serene setting.

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing



**Date:  
29 AUG  
(Thursday)**

Venue: Library  
Time: 9am - 4pm

Book your appointment  
directly with ielhaam

Call or Whatsapp  
082 396 7573





# SA VS NZ

THE RUGBY  
CHAMPIONSHIP

Join us for a "rugby braai" as the Bokke face the Kiwis in our first home game of the Rugby Championship.

**SATURDAY, 31 AUGUST**

Pre-match drinks and in-depth rugby discussions (amongst village experts)  
from 15h00

**MEAL SERVED AT 15H30**  
**MATCH BUILD-UP AT 16H30**  
**KICK-OFF AT 17H00**

**MENU | R115PP**

Chicken Kebab, Wors, Loin Chop  
Curry Noodle Salad, Garden Salad, Garlic Bread  
Malva Pudding with Ice Cream and Custard

BYOB | no drinks included

**BOOK AT RECEPTION OR ON EXT 3200 BY 27 AUG**