"When we give our attention and love to anything in life, it is a significant offering. We only have so much time. What we spend it on and who we give it to will determine the course of our life".

DONNA GODDARD

Dear Residents,

I hope you've all had a good week despite the extreme weather conditions we have been experiencing. I am very happy to see so many residents visiting the Clubhouse, especially this past week - the seating around the fireplace seems to have become the perfect spot to read the daily newspaper.

Thank you to everyone who supported this week's Social Dinner. We have had two reasonably well-attended dinners despite the cold and wet weather and we close the week off with a packed Clubhouse for tonight's 'Pub Night'. Please remember to get your drinks vouchers from reception if you have not yet done so.

As we step into the long weekend, there are a few things worth watching on TV in the comfort of the lounge and the warmth of the fire.

On Saturday, from 10h30 UK time, BBC One will showcase the Trooping of the Colour as the UK celebrates King Charles's birthday [not the official date] with an incredible spectacle full of music, majesty, and military precision.

On the sporting front, even though Western Province did not make it to the Currie Cup semi-finals you can still look exciting forward to two tomorrow afternoon [14h55 Cheetahs vs Bulls and at 17h25 Sharks vs Pumas]. If rugby isn't quite your thing but fast cars are, then an early Sunday evening Canadian F1 Grand Prix will ensure you get your sports 'fix' for the weekend. Sports lovers and Royalists alike are most welcome to keep the fire going and enjoy the facilities in the Clubhouse throughout the weekend.

As mentioned in last week's 'What's Happening', the social calendar for the month will be slightly affected. I will be able to share more details next week on the refurbishment project but for now, I can confirm that all activities for the coming week will continue as usual. Final details on the Village Walk will also be penned down closer to the event date.

Wishing you all a wonderful weekend and Happy Father's Day to all the dads!

Regards, Riaan and the Evergreen Team

ACTIVITIES & EVENTS

For more information on any events or activities kindly contact Reception on ext. 3200

MON 19 JUNE	11h30 ANTI-AGING	14h30 CANASTA	
TUE 20 JUNE		14h00 SCRABBLE	19h00 MUSIC EVENING
WED 21 JUNE	11h30 ANTI-AGING		18h30 SOCIAL DINNER
THUR 22 JUNE		14h00 ART CLASSES	
FRI 23 JUNE			
SAT 24 JUNE	10h00 BEGINNER BOULES		19h00 CANASTA EVENING
SUN 25 JUNE			

ACTIVITIES & EVENTS

MUSIC EVENING

Tuesday, 20 June at 19h00

Book at Reception or on ext. 3200 by Friday, 16 June.

For more information contact Jill Dower on ext. 3032 or Ursula Athiros on ext. 33109

CANASTA

Saturday, 24 June at 19h00

To book contact Reception on ext. 3200 by Wednesday, 21 June. (feel free to bring your own refreshments)

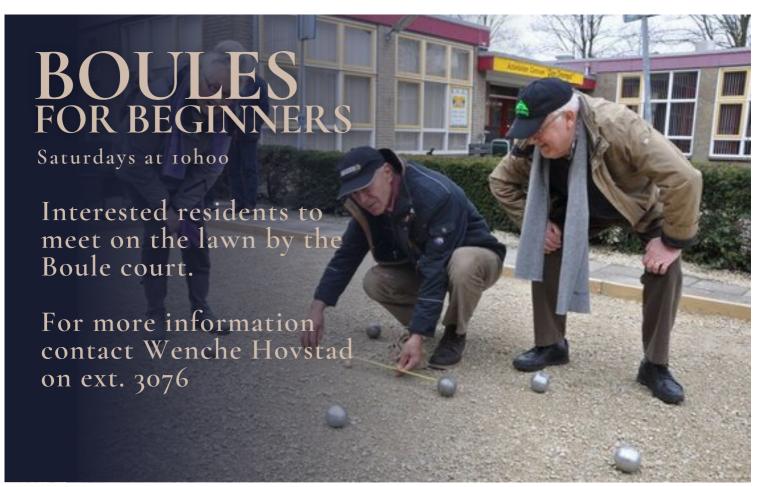
For more information contact Jacky Orton on ext. 3031





ACTIVITIES & EVENTS





IT'S A CELEBRATION

"The more you praise and celebrate your life, the more there is in life to celebrate". — Oprah Winfrey



WHAT'S COOKING?

THE BISTRO

OPEN DAILY 08H00 - 16H00 SOCIAL DINNER - WEDNESDAY'S **DAILY MEAL ORDERS BY 09H00 BOOK ON EXT 0200**

MON 19 JUNE Southern fried chicken with cheese sauce, savoury rice and roasted vegetables

Fisherman's pie served with roasted vegetables

(V) Pumpkin risotto

TUE 20 JUNE Bobotie, yellow rice, sambals, carrots and peas

OR

Pork schnitzel with mushroom & pepper sauce, potato wedges and mixed vegetables

(V) Lentil bobotie, yellow rice, sambals, carrots and peas.

WED 21 JUNE Beef Bourguinon, parsley rice and seasonal vegetables

OR

Macaroni & cheese pasta bake with bacon and mushrooms

OR

(V) Macaroni & cheese pasta bake with mushrooms and a Greek salad

SOCIAL DINNER

MAIN COURSE

Crispy roasted pork belly with herbed butter, sage and garlic mashed potatoes, roasted vegetables and chunky apple sauce

Grilled tandoori chicken, herb cous cous and roasted vegetables with coriander yoghurt and pickled onion

DESSERT

Seasonal cheese and fruit plate

Peppermint crisp trifle

THUR 22 JUNE

Pork bangers & mash, onion gravy and peas

OR

Chicken a la king served with parsley rice and roasted vegetables

OR

(V) Stuffed bell peppers served with seasonal vegetables

FRI 23 JUNE Deep-fried hake, hand-cut chips, coleslaw and carrot and pineapple salad

Barbeque chicken kebabs (2), parsley rice and seasonal vegetables

(V) Italian-style vegetarian meatballs cooked in a Napolitana sauce spaghetti with a side salad