What's Happening this week...

15th May 2023 – 21st May 2023





Monday 15th May 2023

11:30am Anti-Aging 2:30pm-Canasta

Tuesday 16th May 2023

2pm Scrabble 7pm Music Evening

Wednesday 17th May 2023

10:30am Mariam's Shoes – рор ир shop 11am Anti-Aging

Thursday 18th May 2023

2pm Art class

Friday 19th May 2023

Saturday 20th May 2023

7pm Movie Night - Downton Abbey

Sunday 21st May 2023



BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

Social Dinner is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.



MAY 2023

Date	Option 1- R65.00	Option 2- R65.00	Vegetarian – R65.00
MONDAY 15 MAY	BACON, FETA & RED ONION QUICHE SERVED WITH GARLIC POTATO WEDGES AND A SIDE SALAD	BOEREWORS WITH MASHED POTATOES, TOMATO RELISH AND CINNAMON BUTTERNUT	VEGETARIAN SAUSAGE WI MASH, TOMATO RELISH AN CINNAMON BUTTERNUT
TUESDAY 16 MAY	LEMON & HERB CHICKEN KEBABS SERVED WITH SAVOURY RICE AND A GREEN SALAD	PORK & APPLE PIE SERVED WITH PINEAPPLE RICE AND PAN-FRIED VEGETABLES	CHEESY VEGETABLE PIE WI PINEAPPLE RICE & PAN-FRI VEGETABLES
WEDNESDAY 17 MAY	HEARTY BEEF STEW WITH HERB COUSCOUS AND GREEN BEANS	THAI FISH CAKES WITH HERB COUSCOUS CORIANDER MAYO AND FRESH GARDEN SALAD	STUFFED RED BELL PEPPER TOPPED WITH CHEESE AN SERVED WITH A FRESH GARDEN SALAD
THURSDAY 18 MAY	TRADITIONAL BUTTER CHICKEN CURRY SERVED WITH BASMATI RICE AND SEASONAL VEGETABLES	PORK SCHNITZEL WITH MUSHROOM SAUCE, ROASTED BABY POTATOES AND SEASONAL VEGETABLES	VEGETARIAN SCHNITZEL W MUSHROOM SAUCE, ROASTED BABY POTATOE AND SEASONAL VEGETABL
FRIDAY 19 MAY	HAKE MOR NAY SERVED WITH SAUTEED POTATOES, CARROTS AND PEAS	PORK AND BEAN NACHOS WITH CREAM CHEESE DIP	CHEESY POTATO BAKE SERVED WITH CARROTS AN PEAS

Remember to book for daily lunches by 10h00 the day before Should you wish to order Breakfast and Toasted Sandwiches from the Bistro during the week, please note that there may be a slight delay between 12h00 – 13h00 whilst the kitchen is serving the daily special. We thank you for your patience. Please note that we have <u>Vegetarian Options</u> available – please make enquiries when booking.

Please note that we have <u>vegetarian Options</u> available – please make enquires when booking PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

See you there!

MUSIC EVENING

PROGRAMME

SCHUMANN PIANO CONCERTO IN A MINOR Pianist – Yuja Wang Wiener Symphoniker – Lorenzo Viotti

MOZART SYMPHONY NO./ 35 (HAFNER) Concertgebouw Orchestra – Conductor Bernard Haitink

ZADOK THE PRIEST – CORONATION ANTHEM combined orchestra and choirs conducted by Howard Arman in the Marktkirche, Halle

Kindly book with Reception on EXT 3200 by Friday, 12 May. For more information, please contact Jill Dower on Ext 3032 or Ursula Athiros on EXT 33109



DATE: TIME: VENUE: Tuesday, 16 May 7pm Lounge



THE MOTION PICTURE EVENT RETURNS
DOWNTON ABBEY
A NEW ERA
ONLY IN THEATERS MAY 29



- DOWNTON ABBEY -

SATURDAY, 20 MAY AT 7:00pm

"Downton Abbey: In A New Era, the family finds out they've inherited yet another gorgeous property: Avilla in the South of France."

You are welcome to bring your own refreshments.

Kindly book at Reception on EXT 3200 by Friday, 12 May 2023.



RESIDENTS WALK

26 May 2023 09h00 - 11h00

Join us for our monthly Resident walk.

5km and 7km route map available at Reception

BRUNCH OFFERING

Breakfast Croissant filled with Bacon and Scrambled Egg Includes a Glass of Bubbles Book at the Bistro 0200

> R70 For more information contact Myrle on 3053 by Wednesday, 24th May 2023

MIRIAMS SHOES

Wednesday 17th May 2023

10am - 1pm

IN THE CLUBHOUSE

Come and have a look at the variety of shoes for you to choose from.





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DATE: Saturday, 27 May TIME: 7pm VENUE: Clubhouse

You are welcome to bring your own refreshments. Please book with reception on Ext 3200 by Thursday, 25 May.

For more information, please contact Jacky Orton on Ext 3031.