

What's Happening this week...

8th May 2023 – 14th May 2023




EVERGREEN
lifestyle
bergvliet

Monday 8th May 2023

11:30am Anti-Aging
2:30pm-Canasta

Tuesday 9th May 2023

2pm Scrabble

Wednesday 10th May 2023

2pm Residents Meeting

Thursday 11th May 2023

11am Anti-Aging
2pm Art class

Friday 12th May 2023

6pm Bingo

Saturday 13th May 2023

Sunday 14th May 2023

Mother's Day

IT'S A CELEBRATION
HAPPY BIRTHDAY WISHES
TO

10th Jo Nixon (H 36)
10th Yvonne Jackman (A 8)



BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

Social Dinner is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.

MAY 2023

Date	Option 1 R65.00	Option 2 R65.00	Vegetarian R65.00
MONDAY 8 MAY	CHICKEN AND LEEK POT PIE WITH CREAMY MASHED POTATOES AND A GREEN MEDLEY	TEMPURA PORK WITH SPICY RICE AND A GREEK SALAD	CREAMY LEEK AND MUSHROOM POT PIE, SERVED WITH MASH AND A GREEK SALAD
TUESDAY 9 MAY	BEEF TOMATO BREDIE SERVED WITH RICE AND SEASONAL VEGETABLES	CHICKEN STIR-FRY ON A BED OF EGG NOODLES AND OVEN ROASTED VEGETABLES	ROAST VEGETABLE SALAD WITH CHICKPEAS, PUMPKIN SEEDS AND BLUE CHEESE DRESSING
WEDNESDAY 10 MAY	ITALIAN MEATBALLS WITH SPAGHETTI, GARLIC ROLL AND CAESAR SALAD	BFG (BACON, FETA & GUACAMOLE) WRAP SERVED WITH CHIPS	TANGY VEGETARIAN WRAP SERVED WITH CHIPS
THURSDAY 11 MAY	BEEF STROGANOFF SERVED WITH ROASTED SWEET POTATO AND BRAISED RED CABBAGE	CHICKEN CARBONARA SERVED WITH BROCCOLI SALAD	VEGETABLE AND TOFU STIR- FRY SERVED WITH EGG FRIED RICE
FRIDAY 12 MAY	DEEP FRIED HAKE AND CHIPS WITH FRESH LEMON, TARTARE SAUCE AND COLESLAW	BBQ PULLED PORK BURGER WITH CRUNCHY COLESLAW AND HAND CUT CHIPS	VEGETARIAN BURGER WITH GRILLED PINEAPPLE, TOMATO AND ONION SALSA AND HAND CUT CHIPS

Remember to book for daily lunches by 10h00 the day before

Should you wish to order Breakfast and Toasted Sandwiches from the Bistro during the week, please note that there may be a slight delay between 12h00 – 13h00 whilst the kitchen is serving the daily special. We thank you for your patience.

**Please note that we have Vegetarian Options available – please make enquiries when booking.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

See you there!



Join us for

BINGO NIGHT

R80pp

**FRIDAY, 12 MAY AT 6PM IN
THE CLUBHOUSE**

Kindly book with Reception on
Ext 3200 for seating and
catering purposes.

Kindly book by
Tuesday, 9 MAY 2023.



CANASTA NIGHT



DATE: Saturday, 27 May
TIME: 7pm
VENUE: Clubhouse

You are welcome to bring your own refreshments.
Please book with reception on Ext 3200 by
Thursday, 25 May.

For more information, please contact Jacky Orton
on Ext 3031.



MUSIC EVENING

PROGRAMME

SCHUMANN PIANO CONCERTO IN A MINOR

Pianist – Yuja Wang
Wiener Symphoniker – Lorenzo Viotti

MOZART SYMPHONY NO./ 35 (HAFNER)

Concertgebouw Orchestra – Conductor Bernard Haitink

ZADOK THE PRIEST – CORONATION ANTHEM

combined orchestra and choirs conducted by Howard Arman in the Marktkirche, Halle

Kindly book with Reception on EXT 3200 by Friday, 12 May.
For more information, please contact Jill Dower on Ext 3032
or Ursula Athiros on EXT 33109



DATE: Tuesday, 16 May
TIME: 7pm
VENUE: Lounge



THE MOTION PICTURE EVENT RETURNS
DOWNTON ABBEY
A NEW ERA

ONLY IN THEATERS MAY 20



MOVIE NIGHT

- DOWNTON ABBEY -

SATURDAY, 20 MAY AT 7:00pm

“Downton Abbey: In A New Era, the family finds out they’ve inherited yet another gorgeous property: Avilla in the South of France.”

Kindly book at Reception on EXT 3200 by Friday, 12 May
2023.

MIRIAM'S SHOES

Wednesday 17th May 2023
10am-13pm

IN THE CLUB HOUSE

Come and have a look at the variety of shoes for you to choose from.



Good Luck Ernest Mitchell

Ernest will be doing his 246th Parkrun on Saturday, 6 May 2023.

