

# What's Happening this week...

**3<sup>rd</sup> April 2023 – 9<sup>th</sup> April 2023**



EVERGREEN  
lifestyle  
bergvliet

**Monday 3<sup>rd</sup> April 2023**

11:30am Anti-Aging  
2:30pm Canasta

**Tuesday 4<sup>th</sup> April 2023**

2pm Scrabble

**Wednesday 5<sup>th</sup> April 2023**

11am Anti-Aging

**Thursday 6<sup>th</sup> April 2023**

2pm Art Class

**Friday 7<sup>th</sup> April 2023**

Bistro - Closed  
Public Holiday - Good Friday

**Saturday 8<sup>th</sup> April 2023**

**Sunday 9<sup>th</sup> April 2023**

Easter Sunday

EVERGREEN BERGVLIET

# WHAT'S COOKING

EVERGREEN  
lifestyle  
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**APRIL 2023**

Date	Option 1- R65	Option 2- R65
MONDAY 3 APRIL	ITALIAN STYLE MEATBALLS COOKED IN NAPOLITANA SAUCE SERVED ON A BED OF SPAGHETTI WITH SIDE SALAD	BBQ CHICKEN KEBABS X 2 SERVED WITH PARSLEY RICE AND SEASONAL VEGETABLES
TUESDAY 4 APRIL	PAN-SEARED PORK CHOPS, POTATO WEDGES AND SEASONAL VEGETABLES	CHICKEN, BUTTERNUT AND FETA PASTA BAKE WITH GARLIC ROLL AND SIDE SALAD
WEDNESDAY 5 APRIL	BEEF AND BUTTERBEAN CURRY SERVED ON BASMATI RICE WITH TOMATO AND ONION SAMBALS AND TZATSIKI	FISH GOUJONS SERVED WITH TARTARE SAUCE, MASH AND SEASONAL VEGETABLES
THURSDAY 6 APRIL	BRAISED OX LIVER WITH CREAMY MASH, BROWN ONION GRAVY AND SEASONAL VEG	CHICKEN AND VEGETABLE STEW WITH WHITE RICE AND BEETROOT SALAD
FRIDAY 7 APRIL	BISTRO CLOSED	BISTRO CLOSED
<p><b>PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.</b>  <b>PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD</b>  <b>KINDLY BOOK YOUR LUNCH BY 14h00 FOR FOLLOWING DAY.</b>  <b>(FOR TAKE AWAY CONTAINERS PLEASE ADD AN EXTRA R10.00)</b></p>		

*See you there!*





## EVERGREEN BERGVLIET – SOCIAL DINNER - APRIL 2023

MENU – R195.00 per meal			
DATE	OPTION 1	OPTION 2	DESSERT
<b>WEDNESDAY 5 APRIL</b>	CHARGRILLED RUMP STEAK HANDCUT POMMES FRITES SAUTEED MUSHROOMS, FINE BEANS AND ASPARAGUS	CHICKEN BALLOTINE STUFFED WITH SPINACH, BACON & FETA CRUSHED NEW POTATOES SAUTEED FINE BEANS AND ASPARAGUS	SEASONAL FRUIT AND CHEESE PLATE  Or PASSION FRUIT & LEMON CHEESECAKE
<b>WEDNESDAY 12 APRIL</b>	ROASTED LEG OF LAMB WITH MINT SAUCE ROASTED GARLIC POTATOES CINNAMON PUMPKIN FRITTERS BLANCHED TENDERSTEM BROCCOLI	THAI GREEN PAN-SEARED LINE FISH WITH JASMINE INFUSED BASMATI RICE ASIAN STIRFRY VEGETABLES	SEASONAL FRUIT AND CHEESE PLATE  OR BLACK FOREST GATEAU WITH BERRY COMPOTE
<b>WEDNESDAY 19 APRIL</b>	"GET DIRTY" SWEET 'N STICKY PORK RIBS WITH SWEET POTATO WEDGES ASIAN COLESLAW	CONFIT GARLIC AND HERB CHICKEN FONDANT POTATOES BABY VEGETABLES	SEASONAL FRUIT AND CHEESE PLATE  OR CHAI POACHED PEAR WITH CHANTILLY CREAM
<b>WEDNESDAY 26 APRIL</b>	LAMBSHANK WITH MASH AND RED WINE JUS WITH RATATOUILLE VEGETABLES	MILD CHILLI BUTTER ROASTED LINE FISH SERVED ON MINTED PEA RISOTTO, FRESH LEMON WEDGES AND MANGO SALSA	SEASONAL FRUIT AND CHEESE PLATE  OR APPLE CRUMBLE WITH CINNAMON ICE- CREAM AND CANDIED BABY APPLE

All reservations for Social Dinner will need to be made in our bookings file at the bistro. Kindly come to the bistro to ensure you make your booking and choice of menu option on the sheets provided.

**No more telephonic bookings will be taken for Social Dinner. Bookings must be confirmed by no later 12pm Monday.**

Please note that we have Vegetarian Options available – please make enquiries when booking.  
**PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

*See you there!*

IT'S A CELEBRATION  
HAPPY BIRTHDAY WISHES  
TO

1<sup>st</sup> Lorraine Bryant ( A102 )  
9<sup>th</sup> Sylvia Lategan ( H 54 )



## BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

**Social Dinner** is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.



## Mardouw Olive Estate Tasting



13 April 2023

Join us in the Bistro between 5:00pm -6:30pm

Kindly book at Reception on EXT 3200.

*Mardouw*  
OIL OF THE OLIVE



## JENNY & THE JAMES LIVE MUSIC CONCERT

Date: FRIDAY, 14 APRIL

Cost: R80 per person

Time: 7pm

Where: Clubhouse

Original Folk duo 'Jenny & James' from Cape Town South Africa are two parts of the original 'Jenny and the Jameses trio'. With a fresh new sound Jennifer Eaves (guitar & vocals) and James Hall (fiddle & vocals) weave together new material inspired by their love for folk music, story telling, and Celtic music.

Kindly book at Reception no later than Wednesday ,12 April on  
Ext 3200

Residents to bring their own refreshments.

***TABITA FASHION – Fashion at your doorstep***



***AUTUMN 2023***

***TABITA FASHION*** invites you to come and view her fabulous fashion on the 13<sup>th</sup> April 2023 from 10.30am until 2pm in the clubhouse.

*Our style is classic, timeless, trendy, casual, comfy and affordable.*

*See you there!*

*Fashion consultants: Anré & Ruth*

*Cell: 0833201119*





# PLANT 2023

## CONTEMPORARY BOTANICAL ART EXHIBITION



**14 - 25 APRIL 2023**

KIRSTENBOSCH BOTANICAL GARDENS, OLD MUTUAL HALL



# MUSIC EVENING

## PROGRAMME

### Max Bruch : Violin Concerto No.1

Elb Philharmonie

Conductor: Manfred Honeck

Soloist: Marika Duenas

### Saint Saens: Symphony No.3 – "Organ"

Orches de la Suisse Romande

Conductor: Fabio Luisi

Soloist: Guy Bovei

For more information, please contact Jill Dower on Ext 3032  
or Ursula Athiros on EXT 33109  
Kindly book with Reception on EXT 3200 by Friday, 14 April.



DATE:

Tuesday, 18 April

TIME:

7pm

VENUE:

Lounge



# CANASTA NIGHT



DATE: Saturday, 22 April

TIME: 7pm

VENUE: Clubhouse

You are welcome to bring your own refreshments.  
Please book with reception on Ext 3200 by Friday,  
21 April.

For more information, please contact Jacky Orton  
on Ext 3031.





***FRIDAY, 28<sup>th</sup> April***  
***6pm***



Join us for our popular social event Friday, 28 April from 6pm. Please book at reception on EXT 3200 for catering purposes or to buy a book of tickets for R100.