

# Menu



## EVERGREEN

	OPTION 1	OPTION 2
WED 1 FEB	CHICKEN KEBAB WITH BBQ BASTING PARSLEY RICE CARROT & PEA MEDLEY	MACARONI & CHEESE PASTA BAKE GREEK SALAD
THU 2 FEB	BEEF MEATBALLS GRAVY MASHED POTATOES GREEN BEANS & PUMPKIN	SOUTHERN FRIED CHICKEN STRIPS CHEESE SAUCE SAVOURY RICE GREEN BEANS & PUMPKIN
FRI 3 FEB	BATTERED FISH TARTAR SAUCE GARLIC POTATOES COLESLAW	CHICKEN & MUSHROOM POT PIE GRAVY BROWN RICE ROASTED BUTTERNUT & GREEN BEANS

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	OPTION 1	OPTION 2
<b>MON 6 FEB</b>	CORNISH PIE GRAVY PARSLEY RICE SEASONAL VEGETABLES	CHICKEN & PEPPADEW QUICHE GARLIC POTATOES SEASONAL VEGETABLES
<b>TUE 7 FEB</b>	THAI FISH CAKES SWEET & SOUR SAUCE POTATO WEDGES STIR-FRIED VEGETABLES	SPAGHETTI BOLOGNAISE TOPPED WITH CHEDDAR GREEK SALAD
<b>WED 8 FEB</b>	CHICKEN CURRY RICE ROASTED VEGETABLES	COTTAGE PIE GRAVY ROASTED VEGETABLES
<b>THU 9 FEB</b>	BBQ BEEF STRIPS PARSLEY RICE GREEN BEANS & CARROTS	CHICKEN & VEGETABLE LASAGNE GREEK SALAD
<b>FRI 10 FEB</b>	BATTERED FISH TARTAR SAUCE GARLIC POTATOES COLESLAW	CORONATION CHICKEN RICE ROASTED VEGETABLES

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	OPTION 1	OPTION 2
<b>MON 13 FEB</b>	CHICKEN & BROCCOLI BAKE BROWN RICE BUTTERNUT	BEEF & VEGETABLE STIR-FRY WITH EGG NOODLE
<b>TUE 14 FEB</b>	BEEF BOBOTIE YELLOW RICE SWEET & SOUR BEETROOT	CRUMBED CHICKEN SCHNITZEL CHEESE SAUCE MASHED POTATOES ROASTED VEGETABLES
<b>WED 15 FEB</b>	BEEF BANGERS GRAVY MASHED POTATOES CARROT & PEA MEDLEY	GRILLED FISH TOMATO RELISH WHITE RICE CARROT & PEA MEDLEY
<b>THU 16 FEB</b>	BEEF & ONION POT PIE BROWN RICE BUTTERNUT BABY MARROW	CHICKEN & MUSHROOM PASTA BAKE SWEET BUTTERNUT BABY MARROW
<b>FRI 17 FEB</b>	BATTERED FISH TARTAR SAUCE GARLIC POTATOES COLESLAW	MUSHROOM & LEEK TAGLIATELLE GARDEN SALAD

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	OPTION 1	OPTION 2
<b>MON 20 FEB</b>	TOMATO BREDIE PARSLEY RICE PUMPKIN & GREEN BEANS	BACON CARBONARA PASTA GARDEN SALAD
<b>TUE 21 FEB</b>	HONEY & MUSTARD CHICKEN MASHED POTATOES CARROTS & PEA MEDLEY	BEEF & MUSHROOM POT PIE GARLIC POTATOES GREEK SALAD
<b>WED 22 FEB</b>	BEEF & LENTIL COTTAGE PIE GRAVY ROASTED VEGETABLES	BUTTERNUT & FETA QUICHE POTATO WEDGES BEETROOT SALAD
<b>THU 23 FEB</b>	PORK BANGERS GRAVY MASHED POTATOES PAN – FRIED GREENS	TOMATO, MOZZARELLA & BASIL PITA POTATO WEDGES
<b>FRI 24 FEB</b>	BATTERED FISH TARTAR SAUCE CHIPS COLESLAW	CHICKEN & MUSHROOM FETTUCINI GREEK SALAD

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	OPTION 1	OPTION 2
MON 27 FEB	TUSCAN CHICKEN MASHED POTATOES STIR-FRIED VEGETABLES	SALMON & SPINACH QUICHE POTATO WEDGES ROASTED BEETROOT
TUE 28 FEB	BEEF & GREEN BEAN BREDIE RICE SWEET BUTTERNUT	GRILLED FISH LEMON BUTTER SAUCE SAVOURY RICE COLESLAW

## DAILY BISTRO MENU

**FEBRUARY 2023**

**DAILY MEAL PRICE: R68.00**

**ADDITIONAL CHARGES: R7.00**

**KINDLY BOOK YOUR MEALS AS FOLLOW:  
LUNCH BOOKINGS TO BE MADE BY 10AM FOR  
THE FOLLOWING DAY**

**WE DO HAVE CARD FACILITIES AVAILABLE, AND  
YOU ARE MORE THAN WELCOME TO USE YOUR  
ACCOUNT.**