

What's Happening this week...

30th January 2023 – 5th February 2023




EVERGREEN
lifestyle
bergvliet

Monday 30th January 2023

11:30am Anti-Aging

2:30pm Canasta

Tuesday 31st January 2023

2pm Scrabble

2pm Art class

Wednesday 1st February 2023

11am Anti-Aging

6:30pm Social Dinner

Thursday 2nd February 2023

10am Aviation Talk with

2pm Art Class

Friday 3rd February 2023

Saturday 4th February 2023

Sunday 5th February 2023

IT'S A CELEBRATION
HAPPY BIRTHDAY WISHES
TO

3rd Rod Perry (H 77)
4th Jane Horovsky (A 10)
4th Glenda Welsh (A 11)



BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

Social Dinner is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.

Photographic COMPETITION 2023

**"A GOOD SNAPSHOT KEEPS A
MOMENT FROM RUNNING
AWAY."** - EUDORA WELTY

THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

HOW TO SUBMIT:

- Please include the following per submission:
 - theme
 - your name
 - village
 - caption
 - short explanation of how your picture - fits in with the theme
- Submit in JPG or PNG format, Word or PDF formats will not be accepted.
- All entries to be submitted by latest 31 October 2023. (Judging in November 2023 and the winners to be announced in December 2023.)
- Submit all entries to photos@evergreenlifestyle.co.za

You can submit your photographs for any of the themes throughout the year.

THEMES



Street Art/Graffiti



Rock Formations



Man Made



Camouflage



Taken with my Phone



Before and After



Weird and Wonderful



Macro/close up



Still Life



Clocks

I have given several aviation talks at Evergreen Noordhoek and would like to extend the offer to the other Evergreen villages.

My interest in aviation photography was sparked at a young age as my father was a navigator during WW2 in B25 Mitchell bombers and I have always been enthralled by aircraft and flying.

In 1999 I visited Duxford in the UK and that was the start of an aviation magazine career which carries on to this day.

I have three different talks – Flying Legends airshow at Duxford, the Royal International Air Tattoo (RIAT for short) at RAF Fairford and then an American trip and a flight in Fat Albert which is the supply aircraft for the Blue Angels and some South African airshows.

I am happy to come and share my photography and talk with interested residents at the villages.

You can also view my photos on www.plane Crazy.co.za

I look forward to coming to your village and giving the talks.

Pete van der Spek (Evergreen Noordhoek)



Aviation Talk with Pete van der Spek



Date: Thursday, 2 February

Time: 10am

Talk: Flying Legends Airshow at Duxford

OPTION 1

Cost: R65pp

A glass of bubbly on arrival, savoury quiches, scones with preserves, apple & custard danishes and tea/coffee will be served.

OPTION 2

Residents are welcome to enjoy only the talk at no charge.

Kindly book with the Bistro on EXT 0200 by no later than 4pm Monday, 30 January

AVARI Home Living



Naturally
Pampered
Beauty & Care

Holistic Talk & Pamper

Tuesday, 14 February

Venue: Clubhouse

Time: 10am - 1pm

Please book your spot with Reception

Come and enjoy a complimentary
revitalizing hand scrub



HAPPY VALENTINES DAY

Holistic Talk and Pamper

Day: 14 February
Time: 10am – 1pm
Venue: Clubhouse

Optional catering @R65pp

A glass of Bubbly on arrival, Chocolate Coated Strawberries, Chocolate Cupcakes, Pecan Mini Tart, Red Velvet Cupcakes, Coffee and Tea.

Kindly Book with the Bistro on EXT 0200
no later than Friday, 10 February 2023

A stylized graphic of a guitar. The body is a large orange shape. The neck is represented by four vertical red lines. The sound hole is a dark blue circle. The bridge is a dark blue rectangle at the bottom. The background is a light orange with a subtle pattern of small dots.

GORDON ROCKER

He is a vocalist, guitarist, one-man band and songwriter. His style is similar to that of Elvis Presley, Cliff Richard and Buddy Holly. It promises to be a lovely evening.

You are welcome to bring your own refreshments. Light snacks will be provided.

**Friday, 10 February |
7PM
Clubhouse
R80pp**

PLEASE BOOK WITH RECEPTION BY NO
LATER THAN TUESDAY, 7 FEBRUARY.