



	OPTION 1	OPTION 2
MON 28 NOV	TERIYAKI BEEF BASMATI RICE STIR-FRIED VEGETABLES	CHICKEN SCHNITZEL CHEESE SAUCE POTATO WEDGES SWEET BUTTERNUT PEA'S
TUE 29 NOV	ROAST VEGETABLE & CHICK PEA SALAD BASIL SALAD DRESSING	TEMPURA CHICKEN STRIPS PINEAPPLE SALSA POTATO BAKE GARDEN SALAD
WED 30 NOV	SLOW ROAST PORK CHOP ONION GRAVY MASHED POTATOES ROAST VEGETABLES	CREAMY CHICKEN & BROCCOLI BAKE BASMATI RICE ROAST VEGETABLES
THU 1 DEC	CHICKEN CASSEROLE PARSLEY RICE ROASTED BEETROOT BABY MARROW	BEEF BANGERS WITH ONION GRAVY MASHED POTATOES ROASTED BEETROOT BABY MARROW
FRI 2 DEC	FRIED FISH TARTAR SAUCE CHIPS COLESLAW	PORK KASSLER CHOPS CHIPS COLESLAW





	OPTION 1	OPTION 2
MON 5 DEC	GREEN BEAN BREDIE BROWN RICE SWEET BUTTERNUT	TUSCAN CHICKEN MASHED POTATOES STIR-FRIED VEGETABLES
TUE 6 DEC	BEEF BOBOTIE YELLOW RICE TOMATO SAMBALS	CHICKEN A LA KING RICE GREEK SALAD
WED 7 DEC	BUTTER CHICKEN BASMATI RICE ROTI TOMATO SAMBALS	BEEF & LENTIL COTTAGE PIE GRAVY CARROT & PEA MEDLEY
THU 8 DEC	BEEF MEATBALLS GRAVY MASHED POTATOES GREEN BEANS PUMPKIN	CHICKEN & VEGETABLE LASAGNE GARLIC ROLL GREEK SALAD
FRI 9 DEC	FRIED FISH TARTAR SAUCE CHIPS COLESLAW	SPAGHETTI BOLOGNAISE CHEDDAR GARDEN SALAD





	OPTION 1	OPTION 2
MON 12 DEC	CORNISH PIE GRAVY PARSLEY RICE ROAST BUTTERNUT PEA'S	BACON & MUSHROOM QUICHE GARLIC BABY POTATOES GREEK SALAD
TUE 13 DEC	THAI FISH CAKES SWEET & SOUR SAUCE POTATO WEDGES STIR-FRIED VEGETABLES	CRUMBED CALAMARI TARTAR SAUCE SAVOURY RICE COLESLAW
WED 14 DEC	CHICKEN & LEEK PIE GARLIC BABY POTATOES MIXED SALAD	CREAMY BACON & MUSHROOM TAGLIATELLE GREEK SALAD
THU 15 DEC	BEEF BOURGUIGNON BASMATI RICE MIXED SALAD	BUTTERNUT & GOATS CHEESE QUICHE SWEET POTATO WEDGES MIXED SALAD
FRI 16 DEC	FRIED FISH TARTAR SAUCE CHIPS COLESLAW	VEGETARIAN COCONUT & CHICK PEA CURRY BASMATI RICE ROTI TOMATO SAMBALS





	OPTION 1	OPTION 2
MON 19 DEC	SOUTHERN FRIED CHICKEN SAVOURY RICE SWEET BUTTERNUT PEA'S	TOMATO BREDIE WHITE RICE SWEET BUTTERNUT PEA'S
TUE 20 DEC	BACON & CHEESE PITA CHIPS COLESLAW	GRILLED HAKE SAVOURY RICE CARROTS & BABY MARROW
WED 21 DEC	BEEF CURRY BASMATI RICE TOMATO & ONION SAMBALS ROASTED VEGETABLES	BACON, BUTTERNUT & FETA PHYLLO TART GARLIC BABY POTATOES ROASTED VEGETABLES
THU 22 DEC	BEEF MEATBALLS WITH GRAVY PARSLEY RICE SWEET CARROTS GREEN BEAN STIR-FRY	LAMBS LIVER WITH ONION GRAVY MASHED POTATOES SWEET CARROTS GREEN BEAN STIR-FRY
FRI 23 DEC	FRIED FISH WITH TARTAR SAUCE CHIPS COLESLAW	KASSLER CHOP WITH SWEET & SOUR SAUCE MASHED POTATOES COLESLAW





	OPTION 1	OPTION 2
MON 26 DEC	PUBLIC HOLIDAY	PUBLIC HOLIDAY
TUE 27 DEC	HONEY & MUSTARD CHICKEN MASHED POTATOES CARROTS BROCCOLI	BEEF BURGER WITH CARAMELIZED ONION CHIPS
WED 28 DEC	BEEF & LENTIL COTTAGE PIE ROASTED VEGETABLES	CREAMY CHICKEN & MUSHROOM TAGLIATELLE GREEK SALAD
THU 29 DEC	CHICKEN CASSEROL RICE PEA'S CINNAMON PUMPKIN	PORK BANGERS WITH ONION GRAVY MASHED POTATOES PEA'S CINNAMON PUMPKIN
FRI 30 DEC	FRIED FISH WITH TARTAR SAUCE CHIPS COLESLAW	PORK & APPLE PIE GARLIC BABY POTATOES GARDEN SALAD





### **DAILY BISTRO MENU**

# DECEMBER 2022

DAILY MEAL PRICE: R68.00

ADDITIONAL CHARGES: R7.00

KINDY BOOK YOUR MDEALS AS FOLLOW:
LUNCH BOOKINGS TO BE MADE BY <u>10AM</u> FOR THE
FOLLOWING DAY

WE DO HAVE CARD FACILITIES AVAILABLE, AND YOU ARE MORE THAN WELCOMENTO USE YOUR ACCOUNT.
PLEASE NOTE WE DO NOT ACCEPT CASH.