



DECEMBER 2022

## On the 12th day of Catmess my human gave to me

12 cardboard boxes

11 tins of of tuna

10 lizards leaping

9 lasers dancing

8 mice-a-squeaking

7 salmon swimming

6 catnip mousies

**5 SHINY THINGS!**

4 paper bags

3 scratch posts

2 belly rubs (because the 3rd I'll bite)

**AND A PAWTRIDGE IN A PURR TREE**

<https://www.facebook.com>



## CLUBHOUSE

Although the start of work on the residents areas of the Clubhouse has been delayed until early next year, the staff area modifications on the first floor are nearing completion.

Kitchen Consultants have been on site as recently as 17<sup>th</sup> November, to review the layout and equipment needed to serve the prepared meals coming from WPC's production kitchen located in Epping. The key issue is to ensure that when meals are delivered to the table, they are appropriately warm and attractive.

Rescom met with EPI management at Amdec House on Friday 25<sup>th</sup> November, and were given an update on the status of the plans for the clubhouse renovation.

Council approval of the plans submitted is needed before work can commence, and EPI are confident that their plan walker can expedite this process such that work can begin in the second half of January 2023.

Here are some of the key points that came out of the meeting, and in addition Rescom will publish further details and copies of plans in the coming weeks.

1. The first items on the programme will be demolition, which includes the removal of the wall section, removing the existing passage floor tiles, and the opening for patio sliding doors.
2. The removed passageway tiles will be infilled with a screeded floor to match adjacent floor levels.
3. All the external windows will be new, powder-coat painted aluminium framed double glazed units.
4. There will be full consultation with Rescom regarding finishes, fittings and lighting, thus residents will have a say.
5. The project duration is estimated to be two months.

Of course everyone who has ever been involved in a building project knows to expect delays, and unforeseen problems. Consequently the above dates and timespan are not set in stone, but there is very clear evidence that there are concrete plans in place to renovate our clubhouse.

## CELL TOWER

Mr Price the Principal of Bergvliet High has confirmed to Rescom that their application to add Cell Phone Masts to the tops of flood light gantry's on their sports field is progressing. "It has been a difficult 2 year process, involving the dept. of education, telecoms companies, the municipality, the ratepayers association et al and now we are at the public participation stage" says Mr Price. He goes on to explain the public mood has changed over the years as people are now far more dependent on cellular technology and almost everyone in the area has given up on Land Lines and supports the proposal. Rescom and ELV management have written a letter adding our support to Mr Price and the School.

However, approval is still some way off, possibly within 6 months.

## FINANCE

As reported last month our finances are in good shape, the new target levy has been implemented, and this village is heading for a healthy year end surplus, which will be "Ring Fenced" for the benefit of residents in two years' time.

ELV management are active with the budget for the 2024 year end, which will probably not emerge for our Fincom to review before early January. However, there is no cause for alarm at this delay, we do not expect any surprises, but while we are in surplus now Rescom/Fincom are aware of inflationary pressures at play generally.

## DOCUMENT CERTIFICATION

Evergreen management have offered residents a facility whereby, if a resident has documents which need to be certified by a notary, that resident can inform the Village Manager, who will arrange for a legal practitioner from Amdec House to visit the village to duly and appropriately apply certification. Residents no longer need to go to a Police Station, an obvious benefit.

Alan Baxter

Chair – Bergvliet Rescom

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A school teacher had 26 students in her class

She presented each child in her classroom the 1st half of a well-known proverb and asked them to come up with the remainder of the proverb - it's hard to believe these were some of the answers from first graders (six year olds)

Don't change horses - until they stop running

Strike while the - bug is close

It's always darkest before - daylight saving time

Never underestimate the power of - termites

You can lead a horse to water but - how?

Don't bite the hand that - looks dirty

A miss is as good as a - Mr.

You can't teach an old dog new - math

Better late than - pregnant



3rd Ton Weber

6th John Drake

7th Paddy Oberhofer

13th Jenny Fisher

13th Mike Uys

14th Chris Hinde

15th Maretha Lubbe



16th Martin Baylis

19th Kate Woof

20th Ronnie van Reenen

21st Richard Eastwick

21st Donald Campbell

24th Alan Baxter

28th Dave Phillips

3rd Sally and Kevin Hojem

8th Jo and Geoff Nixon

16th Christina and Laubi Walters

Tertia and Charles Harrod

21st Paddy and Jeff Hawthorne

22nd Estelle and Edward Twiggs

Lorraine and Rodney Bryant



### CLEVER WORD PLAY

BEAUTY PARLOUR - a place where women curl up and dye

POLITICAL CORRECTNESS - a doctrine fostered by a delusional, illogical minority

COMMITTEE - a body that keeps minutes and wastes hours

DUST - mud with the juice squeezed out

EGOTIST – someone who is usually me-deep in conversation

INFLATION - cutting money in half without damaging the paper

MOSQUITO - an insect that makes you like flies better

Contribution: MS



## CHRISTMAS MARKETS

I suggest you google and check that the intended market is actually open for business

<https://capemarkets.co.za>

**5th-22nd - the Pinelands Craft & Gift Fair** takes place every December in the **Kent Hall at Pinelands High School**. This cashless market lends a wonderful opportunity for locals as well as visitors to do their Christmas and end of year gift shopping in a relaxed, safe and friendly environment.

**10th - 11th (10am-5pm) - Sans Souci Girls School**, 4, Esme Road, Newlands - the Cape Christmas Market is a 2 day festive event held in lovely leafy Newlands. It is a time for locals to come out and enjoy the festive vibe, as well as to do some summer/gift shopping.

**10th - 9am - 8.30pm Noordhoek Christmas Craft Market**, Noordhoek Rugby Field in Katzenellenbogen Street.

**15- 23 - Westcott Primary School -South Market** is a festive, family friendly Christmas market held once a year in the Southern Suburbs. We are passionate about supporting and bringing local small businesses, artists and crafts to our community. We have over 20 years of experience operating in the market field, and we are proud to bring a well run and unique indoor shopping experience.

**16th - 18th Franschhoek -** Every year, the **Franschhoek Village Market** hosts a special 3-day Christmas Market. This is the place where locals and hundreds of holiday makers spend a day under the historic oak trees located in the old church gardens, enjoying affordable artisan foods paired with the best wines from the Franschhoek surroundings and shopping for some handcrafted goods. Bring along the whole family as there is a play area for the kids and all furry pets are welcome on a leash. With over 100 hand-picked traders you can expect unique arts and crafts, vintage clothing, antiques and a remarkable variety of delicatessen, fresh produce, craft beer, coffee brewers amongst many other treats.

**16th - 22nd - Sun Valley Primary School** - the fab ideas Christmas Gift Fair is a seven day indoor market filled to the brim with gorgeous products and gift ideas.

This popular gift fair is a unique, vibrant family-friendly shopping experience, jam-packed with original products made by local businesses. There's never been a better time to local creatives, and the fair boasts a selection of 120 exhibitors, carefully selected for their quality creations.

All Items are bar-coded and tills offering Credit and Debit Card facilities ensure a safe and hassle-free shopping experience.

Friday – Wednesday: 9am -5pm / Thursday: 9am-2pm

**Kirstenbosch Craft and Food Market**

Check for dates <https://facebook.com/Kirstenboschcraftmarket>



**A PUB EVENING IS TO BE HELD ON**

**FRIDAY 2ND DECEMBER AT 6PM**

**Books of tickets at R100 each can be purchased  
from reception**

**Please book by no later than the 25th November  
for catering purposes**



**WE WILL BE HOLDING CHRISTMAS CAROLS ON THE  
LAWN ON SUNDAY DECEMBER 4TH AT 6PM**

**BRING ALONG A CHAIR, PICNIC AND DRINKS**

**ALL WELCOME INCLUDING FAMILY and FRIENDS**



**OUR END OF YEAR FUNCTION IS TO BE HELD AT SONNENHOF ON  
FRIDAY 9TH DECEMBER 2022 AT 6pm - R195pp**

**EACH RESIDENT TO BRING A WRAPPED GIFT TO THE VALUE OF NO MORE THAN R100 -  
(the gift is optional) and marked female/male**

**Book at the Bistro by no later than the 2nd December**

**Feel free to provide your own liquid refreshments**

**Please note seating is limited**



**We hope to have our next Evergreen Music Evening on Tuesday  
January 10<sup>th</sup>, the programme will be announced nearer the time.**



**BOULE FUN EVENING 16TH DECEMBER AT 4PM - R60pp**

Lessons for beginners, all others welcome

Bring and braai, supply your own chair, meat and drinks

Salads, garlic bread and magnums to be supplied by Committee

Book no later than the 9th December



**WE WILL BE WELCOMING IN THE NEW YEAR ON**

**SATURDAY 31ST DECEMBER AT 21.00**

**THE COMMITTEE HAS ORGANISED THE HIRE OF A JUKEBOX AND WILL SUPPLY A CHEESE BOARD. KINDLY PROVIDE YOUR OWN DRINKS**

**Book at reception by no later than Friday 23rd December for catering purposes**



**A BINGO EVENING TO BE HELD ON FRIDAY 6TH JANUARY 2023 AT 6PM**

**A LIGHT MEAL WILL BE SERVED - R70 pp**

**BOOK AT RECEPTION BY NO LATER THAN THE 31ST DECEMBER**



## GETTING TO KNOW YOU



" I have been asked to write a short article on my past life for the Evergreen Bergvliet Newsletter. My husband Gordon is helping me as my memory has a rather short span these days! Anyway, here we go.

I was born at my parents' home in Welwyn Garden City, Hertfordshire, England, in 194 during the Second World War, and grew up there. I went to the Local Grammar School before going on to Leicester University to read English and Politics. I met my first husband Dennis while we were at university, and then he left at the end of my first year. We got married a year later, but it didn't really work out, and we separated on very good terms and remained friends.

I wanted to do some travelling and I went out to Kenya to visit a school friend of mine and her husband in Nairobi shortly afterwards. I needed to earn some money, and initially I marked matric papers on "piece-work" terms in a local temple. I was then able to get a job with United Touring Company organising safaris. This was at a time in the sixties when the German tourist market was becoming strong, and as I spoke fluent German I was asked to organise all communication with them. I did this for about a year, and then the urge to travel further hit me!

I joined up with two young Englishmen and we travelled together overland in a jeep down to CAPE TOWN – my first visit here! I loved it, but just passed through, really, as I had run out of money, and I took a Portuguese ship back up the west coast of Africa to Lisbon. From there I returned to my parents in Welwyn Garden City, and found myself a job in outer London with the International Division of Sperry Univac, which at that time was the second largest computer company after IBM. After a few months the company announced that they were setting up a second headquarter unit in Rome, and were asking for volunteers to go out there. I was one of the volunteers and worked in Rome for five years, when I also became fluent in Italian. I then moved back to the UK with Univac, stayed with them for the rest of my working life, and loved it. I eventually became their International Marketing Services Manager, and I used to travel all over the world organising conferences and incentives. During this period my son Alex was born, but very sadly he died when he was 18 and planning to go to university himself.

During this period I met Gordon, my wonderful current husband, and he actually moved in with me on Alex's sixth birthday party – what an introduction for him, all these little boys and girls having a riotous time! We loved living together and finally decided to get married in 2005, so we have been together for 45 years now.

I have a very close South African friend, Rhona Kelly, whom I had met when I started working for Sperry Univac, as she had moved to the UK and joined the company at the same time as myself. She returned to Cape Town eventually, and Gordon and I came out to visit her for a holiday here. We loved it so much that we actually bought an apartment in Tokai Villas for future holiday visits. Then we sold the apartment and bought our house in Neva Close just across the bridge from here, and finally moved to the Evergreen apartments when the house and garden got a bit too large for us. The rest is history. As we are English, we are "swallows", and we spend just under six months here, and just over six months in the UK, so that we don't lose our English pensions! "

*Lorna Collander*



## S C R A B B L E

The Scrabble Club have asked John Patten to write something to encourage more attendance and membership, because some members are leaving early next year.

Yes, there is a Scrabble Club at Evergreen Bergvliet, and you are invited to join it. It is a Scrabble Club with a difference. It is highly competitive, but there are no winners and no losers!

Well, actually, the players are all winners every week.

Word magicians and word dunces play together in mutual harmony. Some extraordinary words are proposed to meet situations. Even foreign words and words no one has ever seen outside of a Scrabble Dictionary.

Some of them are even accepted! But it is amazing what some people try.

As a last resort, there are – of course – the rules. But rules are there to be broken, and no one wants to spoil the fun, do they?

Battle is joined every Tuesday afternoon, promptly at two-ish. Players have tea halfway through the afternoon, and everyone goes away satisfied, and keen to come back the next time.

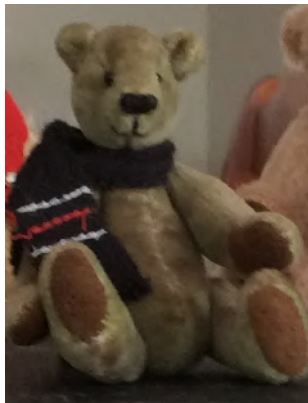
Be one of them. Come along and try your luck. You will be a winner for sure.

Any queries, contact Inez Gretton on ext 3003 or Wenche Hovstad on 3076



I FOUND A BOOK CALLED  
HOW TO SOLVE 50% OF  
YOUR PROBLEMS. SO, I  
BOUGHT TWO.

BESIDES RESTORATION OF WRITING SLOPES, CAROL DALTON'S OTHER HOBBY IS MAKING MINIATURE TEDDY BEARS. BELOW ARE SOME EXAMPLES OF HER FINE WORK.



## ISLANDS - John Patten has written a piece on Marion Island

The end of this year will mark the 75<sup>th</sup> anniversary of South Africa moving its boundaries deep into the Southern Ocean following the annexation of the Prince Edward Islands, 2000km south-east of Gqeberha.

The previously unclaimed islands - the smaller Prince Edward and the larger Marion - were annexed urgently, under order from Prime Minister General Jannie Smuts, to prevent them from falling into the hands of Russia, which was sending out an expedition to achieve a base for whaling and for international influence.

Smuts realised that the islands were within rocket range of South African ports and could also be used as a submarine base for attacking shipping round the South African coast.

But the government had little idea of what it had annexed. It thought the islands could become potential for farmland, for tourism and even thought an airport could be built there. How far that was from reality!

The Prince Edward Islands lie in the “Roaring Forties”, in the sub-Antarctic, 46° South, and experience some of the foulest weather in the world. They are swept repeatedly by gale force winds, have a very high rainfall most months of the year, and the islands are virtual muddy bogs inhabited by numerous seabirds and seals. They had become infested by mice, as a result of a ship being wrecked on Marion’s shore in earlier times.

The government made a further mistake by thinking occupation could be helped by hiring sailors from the island of Tristan da Cunha, who were used to sailing in high seas. One huge storm resulted in the landing party losing most of its supplies and the withdrawal of the Tristan islanders from the project.

To counter the plague of mice, the government thought it would take a few cats to protect the landing party from their depredation, but it misidentified one of the cats as male when it was female, which led to an uncontrollable surge in the cat population. The cats found catching birds much easier than catching mice, so became a threat to the existence of some bird species who used these islands exclusively as breeding platforms.

At one stage the cat population had grown from the original five to 3405 by 1977, eating more than half a million birds a year. It took 19 years to eradicate the plague of cats completely, but certain bird species may now be extinct on Marion – including the Common Diving Petrel, the Soft-plumaged Petrel and the Grey Petrel.

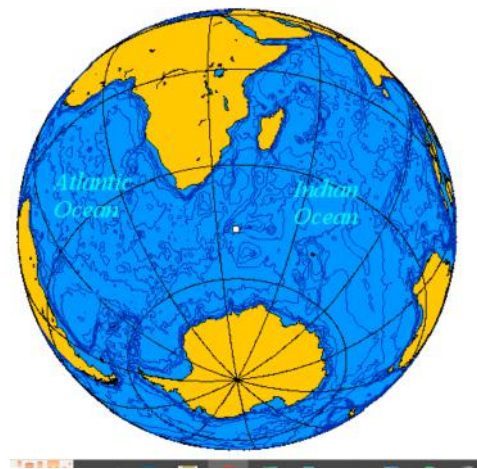
At first the government spread a cat disease among the population, which eradicated a majority of the cats, but the only way to get rid of the very last one was by marksmen tracking them and shooting them.

Today, Marion has an active scientific base on the island, with staff placed there for a year before being replaced by a new team. Prince Edward is kept as pristine as possible, with a scientific team visiting it only once a year.

The original reasons for occupying the islands have changed from defensive to research scientific. The government has set up an active weather station there and a wealth of active research is carried out on birds and seals by South African staff at several universities.

Marion Island is ideally placed to gauge climate change progression, and it has found that the average annual temperature has increased by 1,5°C since the islands were annexed. The rainfall has dropped appreciably, but it is still a stormy outpost. Since annexation, there have been two volcanic eruptions on parts of the island far from the base – in 1982 and again in 2004. So South Africa can claim to have a volcano in its territory. Outside its own territory, it also contributes to research at a base it has set up in Antarctica, and on the British-owned Gough Island.





**Satellite Orthographic projection centered on the  
Prince Edward Island**



**Aerial view of the South African research base on Marion Island**



## FESTIVE FLORALS

A wonderful demonstration on floral art with a Christmas theme was held by Jacky Orton which was thoroughly enjoyed by all.



## **BERGVLIET VILLAGE BOWLS AND BRAAI**

On Friday 25<sup>th</sup> November the very first Bergvliet village Bowls and Braai was held at Meadowridge Bowls Club with twenty-six residents competing. Many other residents came along to watch and make the occasion festive and fun.

Organised by Myrle Mawman and John Coetzee, a competition of ten ends of two bowl trips started at 4 o' clock, with plenty of laughter and teasing being the order of the day. Each team had an experienced bowler to show them the ropes of which side of the bowl would cause the bending of the bowl, where to aim in order to maximise this bend, or bias as it is called, and how strongly to deliver the bowl to ensure getting as close to the Jack as possible. After a bit of practice, many of the newbies to bowls did very well, getting close to the Jack and scoring points for their teams.

At the end of all the games, the winners, second and third placed teams received their prizes, and the "consolation prize" of a bunch of carrots was awarded to the team who allowed the winners to score the most point of the event.

The placings were : -

### **1<sup>st</sup> place**

Noel Heale (the experienced player from Cle de Cap)  
Mike Smith  
Paddy Fordyce

### **2nd place**

Myrle Mawman (our very own experienced player)  
Jane Horovsky  
Jenjen Mockford

### **3rd place**

Carol Dalton (our very own experienced player)  
Jo Nixon  
Roger Prideaux

### **The Carrot winners**

Joh Morgan (the experienced player from Evergreen, Muizenberg)  
Charles Foster  
Paddy Hawthorne

The game was followed by a celebratory meal of a braai burger and salads which was enjoyed by everyone, together with plenty of "lubrication", lively chatting and a bit of dancing by a select few.

A challenge was issued to the residents of Muizenberg village and who knows, maybe this will take place in the near future. Meadowridge Bowls club has offered their facility for this to happen. If you enjoyed this event, let Myrle know you would like to be included next time and should you want to participate in any future events, make sure your name gets included.

Thanks to Myrle and her team for organising this great event.

Brian Dalton



EVERGREEN  
lifestyle  
bergvliet





*Author: Dr. Deborah Robertson-Andersson - Sustainable Seas Trust*

" I try not to think about the state of South Africa's oceans as I know it will make me depressed. I really shouldn't be depressed about South Africa's oceans. Besides the rich diversity of habitats, ecosystems, and species (almost 12000). 13 % of our fish and 36 % of our marine invertebrate species occur only in South Africa, 83 % of all marine fish families around the world can be found under the waves off our shores. Our oceans are so rich and productive that they support thousands of jobs and contribute billions to our national economy. They drive our rainfall, and this plays a critical role in the socio-economic activities in our country. They are important to all South Africans, whether we interact with them or not.

I am closely connected to the oceans, I studied to become a marine biologist and my love for the oceans was driven by my family. My father and grandfather took part in fishing competitions and as I child I used to wake up before sunrise, stand on a chair, peer through binoculars to spot their boat and jump with glee as I saw them take off to start the competition, knowing that there would be fresh fish on the braai that night.



This year to recognise World Ocean Day, in my old hometown, Cape Town, the first South African plastic fishing tournament was held. Twenty boats with 100 fishermen on board sat waiting in the bay for the radio signal to start the competition. After just three hours they had removed 300 Kg of recyclable plastic from just 30 square kilometres of the sea. The competition is a fantastic initiative by Corona Beer and occurs world-wide. To date they have removed 3.8 tons from China, 1.8 tons from Israel, 4.3 tons from South Africa, 2.9 tons from Brazil and 8.6 tons from Mexico. Fishermen get paid the same amount for recyclable plastics that they do for fish, and the materials get recycled into benches and desks.

But the depressed, cynical part of me wonders are plastic fishing tournaments the future for my grandchildren. In South Africa, 40 000 tons of plastic enters the country's rivers and ends up on the coastline annually. There was a statement made by the Ellen MacArthur Foundation in 2016, that by 2050 there would be more plastic in the sea than fish. Although as a scientist I know that the statement is a rough calculation based on educated guesses. Knowing that fishermen are being paid to fish plastics makes it a little too real.

**And my depression? It turns out that it even has a name; eco-anxiety, climate depression, apocalypse fatigue and solastalgia. I'm not alone in experiencing it. Knowing that we live in a stable, predictable environment is key to our mental health and well-being.**

*Fishermen being paid to fish for plastic...Well is something that my grandfather never could have predicted."*





“ It was a great pleasure for me to join the festivities around the annual Potjiekos competition at Evergreen. The event was well attended and the wine tasting with compliments of Stephanie from Wine Source certainly added ambience.

I would like to congratulate all four teams that participated, the food was of excellent quality all round and it was difficult to ultimately choose a winner.

Looking forward to next year's event and hope that there will be a whole lot more teams taking part “

Garry Reed



Wyn-Pad Boozer's table



Early morning prepping



The judges



In fourth place were the Malanians with their tasty Malay beef curry with several special spices - roasted masala, koljana, jeera and leaf masala served with rice, corn and fresh coriander



In third place were the



with their springbokkie shot, comprising peppermint liqueur and Amarula cream their side dish being stewed peaches in rooibos tea



In second place were the



The name of their dish was Coq au Vin à la Chagny Potjie with the secret ingredients being *chutox* as well as their novel use of a jaffle iron with the delicious 'toastie' containing four ingredients and served with champagne



**And the winners were The Black Potterers**



with Verena's chicken potjie recipe and secret ingredients being the addition of Chinese tree ears (a black fungus), and a bit of an Oriental influence à la Judy and Richard (sake)

Accompanied by delicious olive focaccia bread







Thank you to everyone for their contributions - keep them coming to

[davidwal@iafrica.com](mailto:davidwal@iafrica.com)

Articles not published in this newsletter will be used in the January '23 edition

Cut off date for submissions is Monday 19th December

FW