

# What's Happening this week...

**14<sup>th</sup> November 2022 - 20<sup>th</sup> November 2022**



  
**EVERGREEN**  
lifestyle  
bergvliet

**Monday 14<sup>th</sup> November 2022**

11:30am Anti-Ageing Exercise class  
2:30pm Canasta

**Tuesday 15<sup>th</sup> November 2022**

2pm Art class  
2pm Scrabble

**Wednesday 16<sup>th</sup> November 2022**

11am Anti-Ageing Exercise class  
6:30pm Social Dinner

**Thursday 17<sup>th</sup> November 2022**

2pm Art class

**Friday 18<sup>th</sup> November 2022**

10am Potjie Competition

**Saturday 19<sup>th</sup> November 2022**

**Sunday 20<sup>th</sup> November 2022**

IT'S A CELEBRATION  
HAPPY BIRTHDAY WISHES  
TO

15<sup>th</sup> Cherie Mortimer ( H 68)  
21<sup>st</sup> Theresa Magnus ( H 24)



## BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

**Social Dinner** is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.

***TABITA FASHION – Fashion at your doorstep***



***Tabita Fashions*** invites you to come and view her fabulous fashion

***On 23 November 2022 from 10.30am until 2pm in the Clubhouse.***

***Our style is classic, timeless, trendy, casual, comfy and affordable.***

***See you there!***

***Fashion consultants: Anré & Ruth***

***Cell: 0833201119***

**BUY A CHRISTMAS GIFT  
FOR AN  
UNDER-PRIVILEGED  
CHILD AGE 6-12  
HOPE HOUSE 2022**

Wrap the gift and clearly mark on a label whether it's for a boy or a girl and identify age. Place it in the gift box provided at reception.

**DEADLINE:  
30 NOVEMBER**



**Provide a gift and make them happy this Christmas**

Every year Hope Households Christmas Parties for children from very disadvantaged backgrounds. Over the last 18 months, many of these children's parents have lost whatever income they had. We would love to bring some joy to these children at Christmas time, which otherwise they would not have. It is through the generosity of the Evergreen residents, that we are able to bring joy to these children.

The ages are as follow: 6-7yrs; 8-9yrs; 9-10yrs & 11-12yrs for both boys and girls. Anything suitable that doesn't need batteries for the above ages (R200 price range), toiletries, clothing and/or underwear.

Be sure to identify your present with a small label, to include information on whether it's for a boy or girl and the age group. Please drop your gift in the designated box at reception.

# Evergreen Bergvliet

## POTJIEKOS DAY

If you love the smell and social interaction of a braai please join us for a great day outdoors followed by a Potjie Lunch.

### Menu

Beef or Chicken  
Potjie  
Mielie Pap with  
"Smoortjie",  
Rice & Roasted  
Butternut



Western Province Caterers

Date: 18 November 2022

Time: 10am - 2pm

RSVP: 15 November 2022

Price: R155 per person



## POTJIEKOS *Competition*

18 NOVEMBER 2022

**DO YOU LOVE COOKING OR COOKING OVER AN OPEN FIRE? DO YOU WANT TO CLAIM THE TITLE OF EVERGREEN'S POTJIEKOS MASTER? IF SO, OUR POTJIEKOS COMPETITION IS JUST FOR YOU!**

And if you love the smell and social interaction of a braai, please join us for a great day outdoors followed by a Potjie lunch. All side dishes will be prepared by Western Province Caterers.

R155 per person | Booking is essential

### POTJIEKOS COMPETITION DETAILS

- Residents can enter a Team of 4 for a "chicken or beef" Potjiekos Challenge.
- Ingredient baskets will be supplied and will be handed out to the teams from 09h30.
- Any special ingredients to be supplied by contestants.
- Fires to be lit at 10h00.
- Judging will take place at 14h00 and lunch served thereafter.
- Gazebos and umbrellas for cooking teams be supplied by contestants.
- Each team must have a Captain.
- Each team will be judged on:
  - Team name and theme
  - Team 'gees' (spirit)
  - Aroma, taste & technique
  - 1 Secret side dish for 4 judges

To enter or for more information contact  
Christina on ext. 0200





## EVERGREEN BERGVLIET SUNDOWNER BOWLS



Come and enjoy a fun afternoon. Try your hand at bowling or just come and have fun and listen to music. Meadowridge Club will have qualified coaches available for anyone who has not played before, so they can show them how to get the most out of this event. Dress is casual with flat – soled shoes.

It costs R60 pp if you are not playing bowls or R90 pp if you are playing. Both include a Hamburger and Salad. Full bar and bowls available and people to help you. There will be a small prize for the winning teams, so this promises to be a terrific fun afternoon for learning more about bowls, meeting other villages and socializing after the game. Come and join in the fun.



Meet at Meadowridge Bowls Club on Friday, 25 November at 4pm. Please RSVP by the 18<sup>th</sup> November for Catering purposes. Kindly contact Myrle Mawman on EXT 3053 or John Coetzee on 3065. All bookings and payments to be made with Myrle & John.

## YEAR END DINNER

Our End of Year Function is to be held at the Clubhouse on Friday, 9 December 2022 at 6pm.

Please bring a wrapped gift to the value of R100. Kindly label the gift if the gift is for a 'Male' or 'Female'. Ladies to kindly bring gifts for females and Gentlemen to kindly bring gifts for males.





- > Neville Woudberg – One of our Evergreen Muizenberg Residents.
- > Was editor of the Evening Post and Weekend Post in Port Elizabeth for 21 years.
- > Member of the Press Council of SA for 13 years.
- > Travelled to Canada as a member of a group study exchange team.
- > Visited the US, Britain, Malaysia and Taiwan as a guest of their governments.
- > Served as editor through the worst years of apartheid and the early years of the ANC government. In the course of his duties as editor met every president from John Vorster to Cyril Ramaphosa.
- > Started journalistic career as a sports writer on The Argus.

## Men's Breakfast Welcomes Neville Woudberg



**Date: Tuesday 22<sup>nd</sup> November**  
**Time: 09:30am**  
**Cost: R120**

Kindly book with the Bistro on  
 EXT 0200 by no later than 4pm  
 Friday, 18<sup>th</sup> November to  
 book your seat as space is  
 limited. Please be seated by  
 09h30am.  
 Breakfast will follow at 10am  
 after the presentation.



***FRIDAY, 2<sup>nd</sup>***  
***December 6pm***



**Join us for our popular social event Friday, 2 December from 6pm. Please book at reception on EXT3200 for catering purposes or to buy a book of tickets for R100.**

NatashaBensonFitness&Massage

**In the comfort of your own home**

Never ending Retirement Home Special Offer – Starts 7<sup>th</sup> November 2022

**Monday – Friday 08:30-18:00**

**Saturday & Sundays – 10:30-17:00**

**(Public Holidays prior arrangement)**



**Contact: Natasha 073 898 1115**

**Email address: [natashakentbrown@gmail.com](mailto:natashakentbrown@gmail.com)**

[natashabensonfitnessandmassage.my.canva.site](https://natashabensonfitnessandmassage.my.canva.site)

**TREATMENT MENU**

**30 Minute Massage Therapy –R200**

**60 Minute Massage Therapy–R400**

# MIRIAM'S SHOES

Wednesday 7<sup>th</sup> DECEMBER 2022  
10am-13pm

## **IN THE CLUB HOUSE**

**Come and have a look at the variety of shoes for you to choose from.**



# Line Dancing

Some pictures of line dancing

