

What's Happening this week...

7th November 2022 – 13th November 2022



EVERGREEN
lifestyle
bergvliet

Monday 7th November 2022

11:30am Anti-Ageing Exercise class
2:30pm Canasta

Tuesday 8th November 2022

2pm Art class
2pm Scrabble

Wednesday 9th November 2022

11am Anti-Ageing Exercise class
6:30pm Social Dinner

Thursday 10th November 2022

2pm Art class

Friday 11th November 2022

11am Line Dancing Demonstration
6pm Bingo

Saturday 12th November 2022

Sunday 13th November 2022

IT'S A CELEBRATION
HAPPY BIRTHDAY WISHES
TO

7th Colin Noble (H 72)

15th Cherie Mortimer (H 68)



BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

Social Dinner is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.

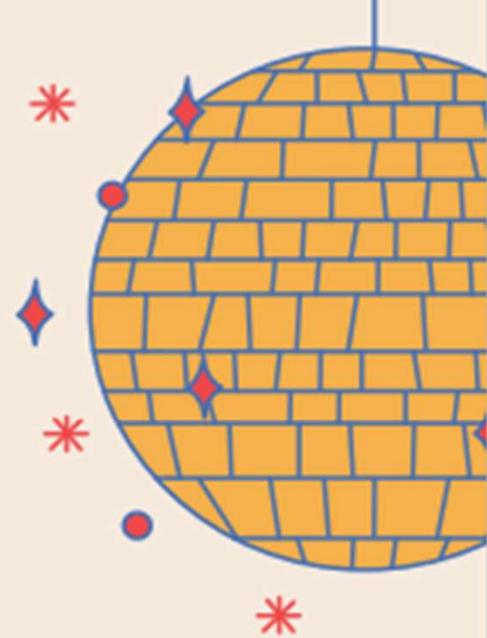
Line Dancing

FRIDAY , 11 NOVEMBER AT 11AM

Join us for a fun Line dancing morning in the Clubhouse with Shereen Bruinders who is a former Occupational Therapist.

Line dancing is fun and entertaining but also focuses on physical, mental, emotional and social wellbeing. Line dancing is an excellent activity for maintaining and enhancing muscles, memory, concentration, attention and coordination.

Kindly book with Reception on Ext 3200 by Wednesday, 9 November.





Join us for

BINGO NIGHT

R70pp

FRIDAY, 11 NOVEMBER AT
6PM IN THE CLUBHOUSE

Kindly book with Reception on
Ext 3200 for seating and
catering purposes.

Kindly book by
Monday, 7 November.

TABITA FASHION – Fashion at your doorstep



Tabita Fashions invites you to come and view her fabulous fashion

On 23 November 2022 from 10.30am until 2pm in the Clubhouse.

Our style is classic, timeless, trendy, casual, comfy and affordable.

See you there!

Fashion consultants: Anré & Ruth

Cell: 0833201119

**BUY A CHRISTMAS GIFT
FOR AN
UNDER-PRIVILEGED
CHILD AGE 6-12
HOPE HOUSE 2022**

Wrap the gift and clearly mark on a label whether it's for a boy or a girl and identify age. Place it in the gift box provided at reception.

**DEADLINE:
30 NOVEMBER**



Provide a gift and make them happy this Christmas

Every year Hope Households Christmas Parties for children from very disadvantaged backgrounds. Over the last 18 months, many of these children's parents have lost whatever income they had. We would love to bring some joy to these children at Christmas time, which otherwise they would not have. It is through the generosity of the Evergreen residents, that we are able to bring joy to these children.

The ages are as follow: 6-7yrs; 8-9yrs; 9-10yrs & 11-12yrs for both boys and girls. Anything suitable that doesn't need batteries for the above ages (R200 price range), toiletries, clothing and/or underwear.

Be sure to identify your present with a small label, to include information on whether it's for a boy or girl and the age group. Please drop your gift in the designated box at reception.

MAKE A DIFFERENCE. LET'S MAKE
CHRISTMAS MEMORABLE!

Evergreen Bergvliet

Christmas Douglas Murray Food Drive



We are looking to the generosity of our residents to take part in donating non-perishable food items for the elderly residents at Douglas Murray Home for the Aged.

NON-PERISHABLE FOOD ITEMS MAY BE DROPPED OFF AT RECEPTION BY NO LATER THAN MONDAY, 3 DECEMBER.



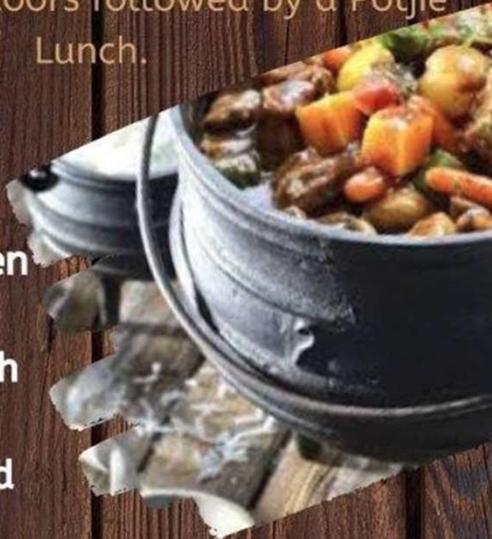
Evergreen Bergvliet

POTJIEKOS DAY

If you love the smell and social interaction of a braai please join us for a great day outdoors followed by a Potjie Lunch.

Menu

Beef or Chicken
Potjie
Mielie Pap with
"Smoortjie",
Rice & Roasted
Butternut



Date: 18 November 2022

Time: 10am - 2pm

RSVP: 15 November 2022

Price: R155 per person



Western Province Caterers

POTJIEKOS Competition

18 NOVEMBER 2022

DO YOU LOVE COOKING OR COOKING OVER AN OPEN FIRE? DO YOU WANT TO CLAIM THE TITLE OF EVERGREEN'S POTJIEKOS MASTER? IF SO, OUR POTJIEKOS COMPETITION IS JUST FOR YOU!

And if you love the smell and social interaction of a braai, please join us for a great day outdoors followed by a Potjie lunch. All side dishes will be prepared by Western Province Caterers.

R155 per person | Booking is essential

POTJIEKOS COMPETITION DETAILS

- Residents can enter a Team of 4 for a "chicken or beef" Potjiekos Challenge.
- Ingredient baskets will be supplied and will be handed out to the teams from 09h30.
- Any special ingredients to be supplied by contestants.
- Fires to be lit at 10h00.
- Judging will take place at 14h00 and lunch served thereafter.
- Gazebos and umbrellas for cooking teams be supplied by contestants.
- Each team must have a Captain.
- Each team will be judged on:
 - Team name and theme
 - Team 'gees' (spirit)
 - Aroma, taste & technique
 - 1 Secret side dish for 4 judges

To enter or for more information contact
Christina on ext. 0200





EVERGREEN BERGVLIET SUNDOWNER BOWLS

Come and enjoy a fun afternoon. Try your hand at bowling or just come and have fun and listen to music. Meadowridge Club will have qualified coaches available for anyone who has not played before, so they can show them how to get the most out of this event. Dress is casual with flat – soled shoes.

It costs R60 pp if you are not playing bowls or R90 pp if you are playing. Both include a Hamburger and Salad. Full bar and bowls available and people to help you. There will be a small prize for the winning teams, so this promises to be a terrific fun afternoon for learning more about bowls, meeting other villages and socializing after the game. Come and join in the fun.



Meet at Meadowridge Bowls Club on Friday, 25 November at 4pm. Please RSVP by the 18th November for Catering purposes. Kindly contact Myrle Mawman on EXT 3053 or John Coetzee on 3065. All bookings and payments to be made with Myrle & John.

YEAR END DINNER

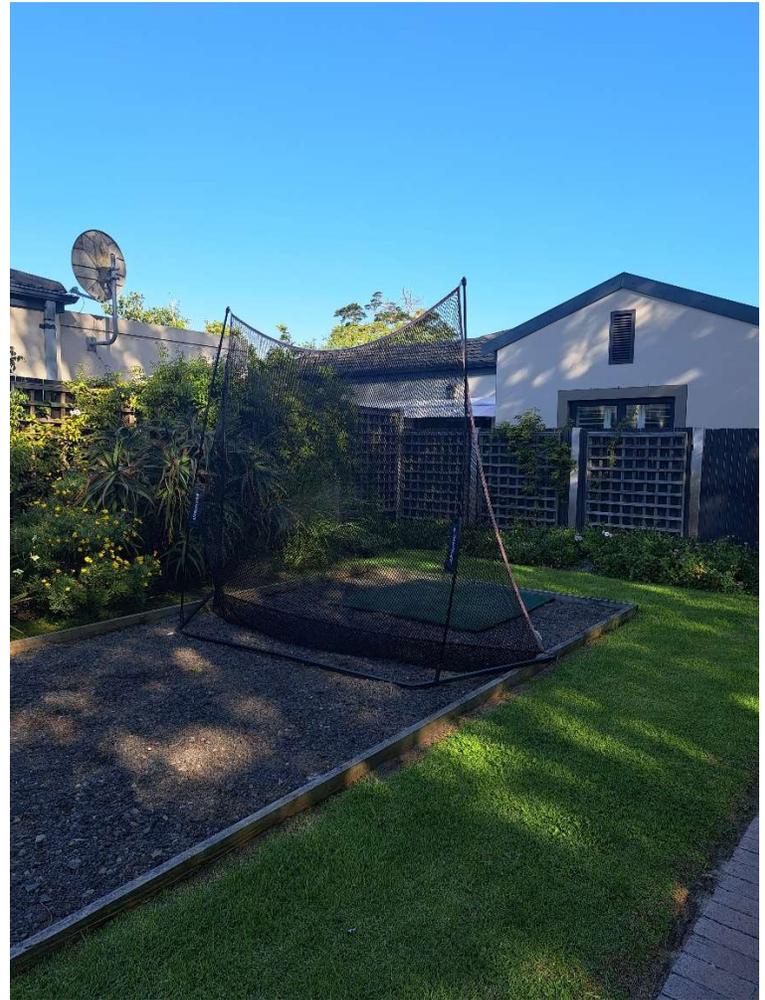
Our End of Year Function is to be held at the Clubhouse on Friday, 9 December 2022 at 6pm.

Please bring a wrapped gift to the value of R100. Kindly label the gift if the gift is for a 'Male' or 'Female'. Ladies to kindly bring gifts for females and Gentlemen to kindly bring gifts for males.



GOLFERS

Please note a chipping mat has been placed on the unused boule court next to the swimming pool, thanks to Chris Hinde from Home 15.



Users must chip away from the homes, both for the residents' safety and the avoidance of nuisance.



***FRIDAY, 2nd
December 6pm***



Join us for our popular social event Friday, 2 December from 6pm. Please book at reception on EXT3200 for catering purposes or to buy a book of tickets for R100.



WINE SOURCE

- **Unlabelled Steenberg MCC Rosé Brut NV (Dry) @ R135 per bottle**

Pale straw in colour with tints of green. Aromas of fresh gooseberry, ripe fig, asparagus and crushed nettles. The palate has an opulent feel on entry, offset by a steely linearity and flavoursome, clean structure. The wine ends with great purity, definition and a moreish acidity.

- **Friesland Chenin Blanc 2022 @ R80 per bottle – EXPORT WINE**

Friesland Chenin Blanc was produced from old, low-yielding bush vines. The wine is fresh, fruit driven and layered with flavours of guava, pear and citrus. The palate is rich with a crisp finish and will make an excellent food wine.

- **Noble Savage Sauvignon Blanc 2021 @ R75 per bottle**

This vibrant Sauvignon Blanc has a pale straw green colour. It displays effervescent notes of grapefruit and granadilla on the nose with refreshing green apple and citrus flavours on the palate. A fabulous companion for a picnic or alfresco dining.

- **L' Avenir Horizon Pinotage 2020 @ R80 per bottle**

A fruit-filled, succulent and lighter-styled red wine ideal for drinking without further maturation. The palate is filled with notes of ripe red cherries, raspberries and a hint of dark chocolate.

- **Noble Savage Cabernet Sauvignon/ Shiraz 2019 @ R95 per bottle**

This ruby red blend of Cabernet Sauvignon and Shiraz has a vibrant black cherry plum nose with a hint of oak. The palate is round and concentrated with black fruit intensity and juicy tannins.

Ps. Minimum orders of 1 case (6 bottles), mixed cases of wine are welcome.

STEPHANIE HAYES

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Address: 11 Purcell Way, Kreupelbosch, Cape Town, 7945

WINE SOURCE