

Daily Bistro Menu

NOVEMBER 2022

Daily Meal Prices:

R68-00

Additional Charges: Take Away container fee

R 7-00

Kindy book your meals as follow: Lunch bookings to be made by <u>**10am**</u> for the following day

For any Dietary Requirements please contact us at the Bistro

We do have card facilities available, and you are more than welcome to use your account. Please note we are do not accept cash.





Daily Bistro Menu

DATE	OPTION 1	OPTION 2
Monday 31 October 2022	Bacon, Egg & Feta Garden Salad with a Honey Mustard Dressing & Bruschetta	Tomato Beef Bredie with Parsley Rice, Sauteed Green Beans & Pumpkin Fritters
Tuesday 1 November 2022	Salmon & Spinach Fettucine with Garden Salad	Char Grilled Honey & Mustard Chicken with Mashed Potatoes & Pan- Fried Vegetables
Wednesday 2 November 2022	Savoury Mince Pancakes With Cheese Sauce & Garden Salad	Lemon & Coriander Fishcakes with Creamy Mashed Potatoes & Roast Vegetables
Thursday 3 November 2022	Beef Sausage with Onion Gravy, Mashed Potatoes & Stir-Fried Vegetables	Chicken Tetrazzini with Garden Salad



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Friday 4 November 2022	Fried/Grilled Hake with Chips, Garden Salad, Lemon & Tartar Sauce	Bacon, Caramelized Onion & Blue Cheese Tart with Garden Salad
Monday 7 November 2022	Hake Mornay with Mashed Potatoes & Seasonal Vegetables	Tuscan Chicken With Savoury Rice & Stir- Fried Vegetables
Tuesday 8 November 2022	Beef Bobotie with Yellow Rice, Sambals & Oven Roasted Vegetables	Roast Vegetable & Feta Lasagne with Garden Salad
Wednesday 9 November 2022	Butter Chicken With Basmati Rice & Roasted Vegetables	Sweet & Sour Pork With Stir-Fried Vegetables & Egg Noodle
Thursday 10 November 2022	Beef Meatball Stroganoff With Basmati Rice, Sauteed Green Beans & Roasted Pumpkin	Crumbed Chicken Strips With Mushroom Sauce, Mashed Potatoes & Pan-Fried Greens



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Friday 11 November 2022	Fried Calamari with Chips, Fresh Lemon, Tartar Sauce & Coleslaw	BBQ Pulled Pork Pita With Chips & Coleslaw
Monday 14 November 2022	Cornish Pie with Gravy, Garlic Baby Potatoes & Pan-Fried Vegetables	Roasted Chicken & Leek Phyllo Tart with Garden Salad
Tuesday 15 November 2022	Thai Fish Cakes With Sweet & Sour Sauce, Potato Wedges & Stir-Fried Vegetables	Spaghetti Bolognaise Topped with Cheddar Cheese & Greek Salad
Wednesday 16 November 2022	Southern Fried Chicken with Mushroom Sauce, Garlic Baby Potatoes & Roasted Vegetables	Apricot & Dahl Curry with Basmati Rice, Roti & Sambals
Thursday 17 November 2022	Beef Stroganoff with Basmati Rice & Roasted Vegetables	Salmon & Spinach Pasta with Roasted Vegetables



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Friday 18 November 2022	Fried/Grilled Hake with Chips, Green Salad, Fresh Lemon & Tartar Sauce	Hickory Pulled Pork & Red Cabbage Seeded Roll with Garden Salad
Monday 21 November 2022	BBQ Chicken Strips with Mashed Potatoes, Roasted Butternut & Peas	Potato & Aubergine Melanzane Bake with Greek Salad
Tuesday 22 November 2022	Mediterranean Hake with Risotto & Roast Vegetables	Beef Bobotie with Yellow Rice, Tomato Sambals & Stir-Fried Vegetables
Wednesday 23 November 2022	Lambs Liver with Onion Gravy, Mashed Potatoes & Roasted Vegetables	Creamy Chicken A' La King with Tagliatelle & Seasonal vegetables
Thursday 24 November 2022	Greek Style Chicken with Egg Noodles & Stir-Fried Vegetables	Napolitana Beef Meatballs with Parsley Rice & Pan Fried Greens
Friday 25 November 2022	Salt & Pepper Fried Calamari with Lime Aioli, Fresh Lemon, Chips & Garden Salad	Creamy Bacon & Spinach & Fettuccini with Greek Salad



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Monday 28 November 2022	Teriyaki Beef & Vegetable Stir- Fry with Basmati Rice	Chicken Schnitzel with Cheese Sauce, Roast Potato Wedges & Seasonal Vegetables
Tuesday 29 November 2022	Tempura Chicken Strips with Pineapple Salsa, Potato Bake & Garden Salad	Roasted Vegetable & Chickpea Salad with Basil Salad dressing
Wednesday 30 November 2022	Slow Roasted Pork Chop with Pineapple Sambals, Mashed Potatoes & Roast Vegetables	Creamy Chicken, Broccoli & Mozzarella Oven Bake with Basmati Rice & Roasted Vegetables