

What's Happening this week...

24th October 2022 – 30th October 2022




EVERGREEN
lifestyle
bergvliet

Monday 24th October 2022

11:30am Anti-Ageing Exercise class
2:30pm Canasta

Tuesday 25th October 2022

2pm Art class
2pm Scrabble

Wednesday 26th October 2022

11am Anti-Ageing Exercise class
6:30pm Social Dinner

Thursday 27th October 2022

2pm Art class

Friday 28th October 2022

6pm Pub Night

Saturday 29th October 2022

Sunday 30th October 2022

IT'S A CELEBRATION
HAPPY BIRTHDAY WISHES
TO

25th Tony Farr (A 107)



BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

Social Dinner is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.



FRIDAY, 28th
October 6pm



Join us for our popular social event Friday, 28 October from 6pm. Please book at reception on EXT3200 for catering purposes or to buy a book of tickets for R100.



EVERGREEN LIFESTYLE PHOTOGRAPHIC COMPETITION 2022

The competition will run a little differently this time. You may submit your photographs for the specific theme throughout the year.

THEMES FOR 2022

- Street Portraits
- Architectural / Streetscapes
- Monochrome
- Waterfalls / Hikes
- Reflections
- Textures / Vintage
- Storms / Clouds
- Travel

The two most important rules are:

1. It must be your own photos.
2. You can only submit one photograph per theme.

Include **theme, your name, village, and a caption** and submit entries to photos@evergreenlifestyle.co.za

All entries should be submitted by no later than 31st October 2022. Judging will be in November 2022 and the winners will be announced in December 2022.

Happy snapping!

THE EVERGREEN TEAM





We have recently purchased 3 compost bins for the village! Instead of throwing away your household organic waste, including fruit and vegetable waste, eggshells, tea bags, leaves, etc. we can use them to generate compost for our Evergreen Bergvliet gardens.

Good compost feeds nutrients back into the soil, retains moisture and can help establish a healthy garden. Collection will be every Wednesday with recycling. Please place in a separate bag for collection.





A FLORAL ART DEMONSTRATION FESTIVE FUN

by Jacky Orton

Date	: FRIDAY, 4 NOVEMBER
Venue	: CLUBHOUSE
Time	: 3pm
Cost	: R60.00 pp

INCLUDING AFTERNOON TEA

There will be a raffle for the flowers

Kindly book with the bistro by Tuesday ,1 November 2022 on
EXT 0200

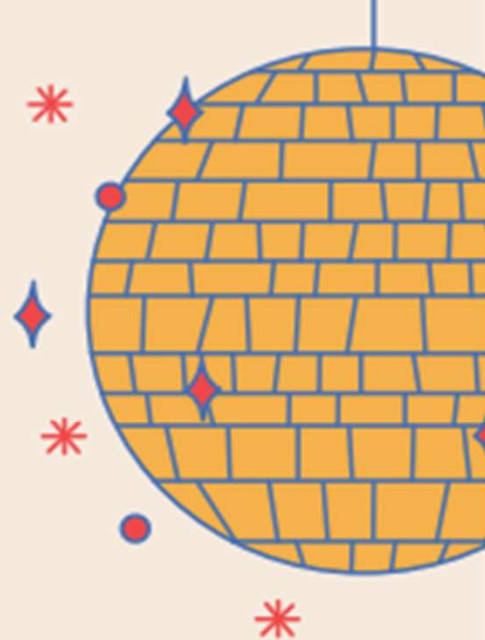
Line Dancing

FRIDAY , 11 NOVEMBER AT 11AM

Join us for a fun Line dancing morning in the Clubhouse with Shereen Bruinders who is a former Occupational Therapist.

Line dancing is fun and entertaining but also focuses on physical, mental, emotional and social wellbeing. Line dancing is an excellent activity for maintaining and enhancing muscles, memory, concentration, attention and coordination.

Kindly book with Reception on Ext 3200 by Wednesday, 9 November.



**BUY A CHRISTMAS GIFT
FOR AN
UNDER-PRIVILEGED
CHILD AGE 6-12
HOPE HOUSE 2022**

Wrap the gift and clearly mark on a label whether it's for a boy or a girl and identify age. Place it in the gift box provided at reception.

**DEADLINE:
30 NOVEMBER**



Provide a gift and make them happy this Christmas

Every year Hope Households Christmas Parties for children from very disadvantaged backgrounds. Over the last 18 months, many of these children's parents have lost whatever income they had. We would love to bring some joy to these children at Christmas time, which otherwise they would not have. It is through the generosity of the Evergreen residents, that we are able to bring joy to these children.

The ages are as follow: 6-7yrs; 8-9yrs; 9-10yrs & 11-12yrs for both boys and girls. Anything suitable that doesn't need batteries for the above ages (R200 price range), toiletries, clothing and/or underwear.

Be sure to identify your present with a small label, to include information on whether it's for a boy or girl and the age group. Please drop your gift in the designated box at reception.

MAKE A DIFFERENCE. LET'S MAKE
CHRISTMAS MEMORABLE!

Evergreen Bergvliet

Christmas Douglas Murray Food Drive



**We are looking to the generosity of
our residents to take part in
donating non-perishable food items
for the elderly residents at Douglas
Murray Home for the Aged.**

NON-PERISHABLE FOOD ITEMS MAY BE
DROPPED OFF AT RECEPTION BY NO
LATER THAN MONDAY, 3 DECEMBER.



Evergreen Bergvliet

POTJIEKOS DAY

If you love the smell and social interaction of a braai please join us for a great day outdoors followed by a Potjie Lunch.

Menu

Beef or Chicken
Potjie
Mielie Pap with
"Smoortjie",
Rice & Roasted
Butternut



Western Province Caterers

Date: 18 November 2022

Time: 10am - 2pm

RSVP: 15 November 2022

Price: R155 per person



POTJIEKOS *Competition*

18 NOVEMBER 2022

DO YOU LOVE COOKING OR COOKING OVER AN OPEN FIRE? DO YOU WANT TO CLAIM THE TITLE OF EVERGREEN'S POTJIEKOS MASTER? IF SO, OUR POTJIEKOS COMPETITION IS JUST FOR YOU!

And if you love the smell and social interaction of a braai, please join us for a great day outdoors followed by a Potjie lunch. All side dishes will be prepared by Western Province Caterers.

R155 per person | Booking is essential

POTJIEKOS COMPETITION DETAILS

- Residents can enter a Team of 4 for a "chicken or beef" Potjiekos Challenge.
- Ingredient baskets will be supplied and will be handed out to the teams from 09h30.
- Any special ingredients to be supplied by contestants.
- Fires to be lit at 10h00.
- Judging will take place at 14h00 and lunch served thereafter.
- Gazebos and umbrellas for cooking teams be supplied by contestants.
- Each team must have a Captain.
- Each team will be judged on:
 - Team name and theme
 - Team 'gees' (spirit)
 - Aroma, taste & technique
 - 1 Secret side dish for 4 judges

To enter or for more information contact
Christina on ext. 0200





EVERGREEN BERGVLIET SUNDOWNER BOWLS



Come and enjoy a fun afternoon. Try your hand at bowling or just come and have fun and listen to music. Meadowridge Club will have qualified coaches available for anyone who has not played before, so they can show them how to get the most out of this event. Dress is casual with flat – soled shoes.

It costs R60 pp if you are not playing bowls or R90 pp if you are playing. Both include a Hamburger and Salad. Full bar and bowls available and people to help you. There will be a small prize for the winning teams, so this promises to be a terrific fun afternoon for learning more about bowls, meeting other villages and socializing after the game. Come and join in the fun.



Meet at Meadowridge Bowls Club on Friday, 25 November at 4pm. Please RSVP by the 18th November for Catering purposes. Kindly contact Myrle Mawman on EXT 3053 or John Coetzee on 3065. All bookings and payments to be made with Myrle & John.