

What's Happening this week...

17th October 2022 – 23rd October 2022




EVERGREEN
lifestyle
bergvliet

Monday 17th October 2022

11:30am Anti-Ageing Exercise class
2:30pm Canasta

Tuesday 18th October 2022

2pm Art class
2pm Scrabble

Wednesday 19th October 2022

11am Anti-Ageing Exercise class
6:30pm Social Dinner

Thursday 20th October 2022

2pm Art class

Friday 21st October 2022

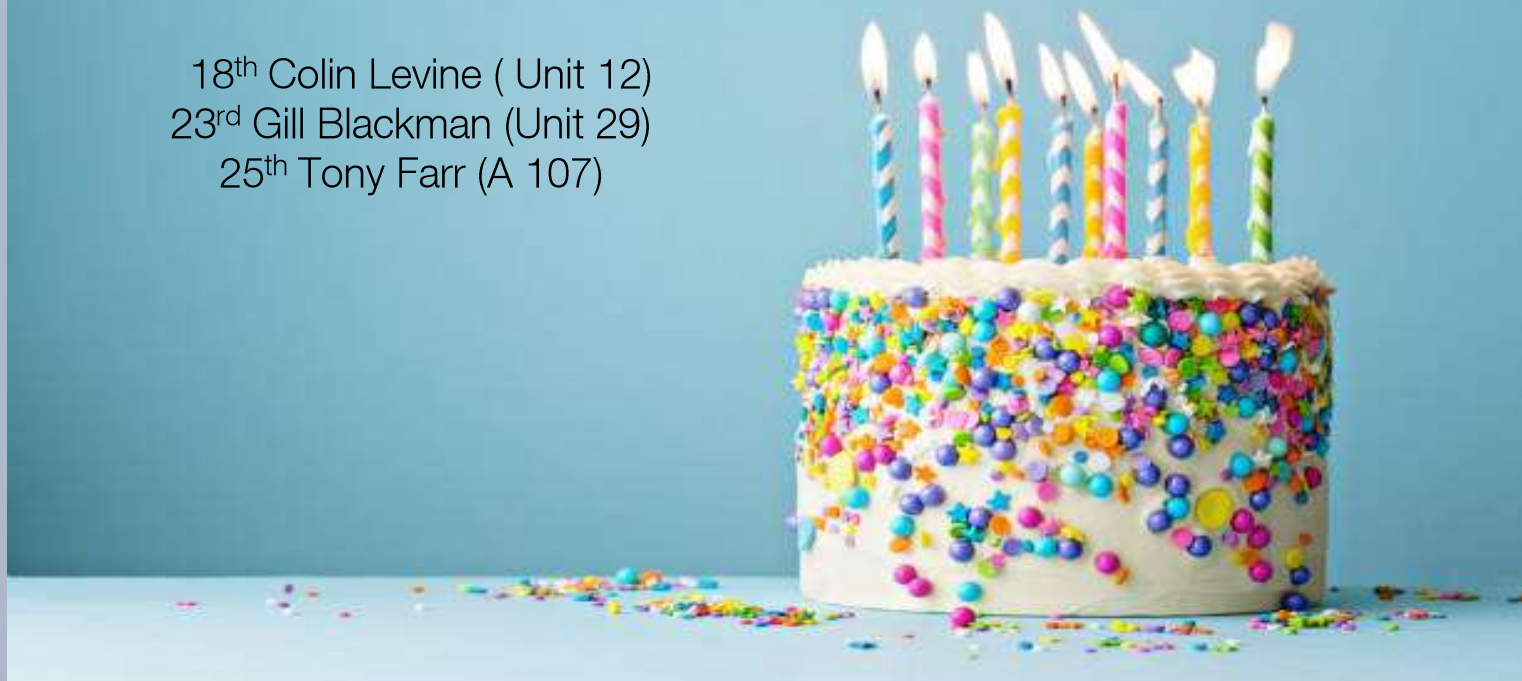
9:30am Residents Walk

Saturday 22nd October 2022

Sunday 23rd October 2022

IT'S A CELEBRATION
HAPPY BIRTHDAY WISHES
TO

18th Colin Levine (Unit 12)
23rd Gill Blackman (Unit 29)
25th Tony Farr (A 107)



BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

Social Dinner is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.



RESIDENTS WALK

21 October 2022

09h30 – 11h00

**Join us for our monthly Resident
walk.**

**5km and 7km route
map available at Reception**

BRUNCH OFFERING

*Breakfast Croissant filled with Bacon and Egg
topped with Rocket
Includes a
Glass of Bubbles*

R60

**Book your Spot with
Jenjen on 33007 or Myrle on 3053
by the 17 October 2022**



***FRIDAY, 28th
October 6pm***



Join us for our popular social event Friday, 28 October from 6pm. Please book at reception on EXT3200 for catering purposes or to buy a book of tickets for R100.



We have recently purchased 3 compost bins for the village! Instead of throwing away your household organic waste, including fruit and vegetable waste, eggshells, tea bags, leaves, etc. we can use them to generate compost for our Evergreen Bergvliet gardens.

Good compost feeds nutrients back into the soil, retains moisture and can help establish a healthy garden. Collection will be every Wednesday with recycling. Please place in a separate bag for collection.



MUSIC EVENING

An All – Grieg evening on the famous piano concerto and the Peer Gynt suite.

Details to be announced.



| | |
|--------|---------------------|
| DATE: | Tuesday, 1 November |
| TIME: | 7pm |
| VENUE: | Lounge |

MAKE A DIFFERENCE. LET'S MAKE
CHRISTMAS MEMORABLE!

Evergreen Bergvliet

Christmas Douglas Murray Food Drive



**We are looking to the generosity of
our residents to take part in
donating non-perishable food items
for the elderly residents at Douglas
Murray Home for the Aged.**

NON-PERISHABLE FOOD ITEMS MAY BE
DROPPED OFF AT RECEPTION BY NO
LATER THAN MONDAY, 3 DECEMBER.





WINE SOURCE

- **Unlabelled Steenberg MCC Rosé Brut NV (Dry) @ R135 per bottle**

Aromatically, this wine shows hints of red apple skin, desiccated coconut, raspberry pie, almond paste, citrus biscuits and savoury dried herbs. The creaminess on the palate is complemented by the subtle and refreshing acidity of the wine. There's a salinity that carries through on the palate alongside restrained pear and cinnamon spiciness.

- **Alle Bleue Starlette Shiraz Rose 2021 (Dry) @ R70 per bottle – EXPORT WINE**

Lovely cherry blossom colour. Fruit-driven style with abundant sweet strawberry and rose petal aromas. Also a hint of spiciness that is derived from the Shiraz grapes. The palate is reminiscent of candyfloss with hints of raspberry.

- **Noble Savage Sauvignon Blanc 2021 @ R75 per bottle**

This vibrant Sauvignon Blanc has a pale straw green colour. It displays effervescent notes of grapefruit and granadilla on the nose with refreshing green apple and citrus flavours on the palate. A fabulous companion for a picnic or alfresco dining.

- **L' Avenir Horizon Pinotage 2020 @ R80 per bottle**

A fruit-filled, succulent and lighter-styled red wine ideal for drinking without further maturation. The palate is filled with notes of ripe red cherries, raspberries and a hint of dark chocolate.

- **Noble Savage Cabernet Sauvignon/ Shiraz 2019 @ R95 per bottle**

This ruby red blend of Cabernet Sauvignon and Shiraz has a vibrant black cherry plum nose with a hint of oak. The palate is round and concentrated with black fruit intensity and juicy tannins.

- **Thelema Shiraz 2016 @ R135 per bottle - NORMAL CELLAR DOOR PRICE @ R210 per bottle**

Aromatic and inviting, this flavourful Shiraz shows ripe black fruit, cassis and lovely spice on the palate. Pairs excellent with grilled meats, meaty casseroles and mature cheeses.

STEPHANIE HAYES

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WINE SOURCE