

What's Happening this week...

3rd October 2022- 9th October 2022



Monday 3rd October 2022

10am MARIAM'S SHOES
11:30am Anti-Ageing Exercise class
2pm Canasta

Tuesday 4th October 2022

2pm Art class
2pm Scrabble
7pm Music Evening

Wednesday 5th October 2022

11am Anti-Ageing Exercise class
6:30pm Social Dinner

Thursday 6th October 2022

2pm Art class

Friday 7th October 2022

7pm Canasta Night

Saturday 8th October 2022

Sunday 9th October 2022

IT'S A CELEBRATION

HAPPY BIRTHDAY WISHES

TO

2nd Ernest Mitchell (Unit 25)
3rd Peter Sampson (Unit 71)
5th Nadia Jones (Unit 47)
9th Amanda Bester (Unit 34)
9th Claudia Burchell (Unit 40)



BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

Social Dinner is hosted every Wednesday evening at 6.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.

MIRIAM'S SHOES

Monday 3rd October 2022
10am-13pm

IN THE CLUB HOUSE

Come and have a look at the variety of shoes for you to choose from.



Dear Residents the **PROGRAM** has been changed.

Please look at the poster below.

MUSIC EVENING

PROGRAMME

Dvorak's- Cello Concerto
(Soloist Yo Yo Ma)

Beethoven – Leonora Overture No.3
(Conductor Daniel Barenboim)

Kindly book with Reception by Friday, 30 September.
You are welcome to bring your own refreshments.

For more information, please contact Jill Dower on Ext
3032 or Ursula Athiros on EXT 33109



DATE:	Tuesday, 4 October
TIME:	7pm
VENUE:	Lounge



CANASTA NIGHT

DATE: Friday, 7 October
TIME: 7pm
VENUE: Clubhouse

You are welcome to bring your own refreshments.
Please book with reception on Ext 3200 by
Wednesday, 5 October.

For more information, please contact Jacky Orton
on Ext 3031.



RESIDENTS WALK

21 October 2022

09h30 – 11h00

**Join us for our monthly Resident
walk.**

**5km and 7km route
map available at Reception**

BRUNCH OFFERING

*Breakfast Croissant filled with Bacon and Egg
topped with Rocket
Includes a
Glass of Bubbles*

R60

**Book your Spot with
Jenjen on 33007 or Myrle on 3053
by the 17 October 2022**



FRIDAY, 28th
October 6pm



Join us for our popular social event Friday, 28 October from 6pm. Please book at reception on EXT3200 for catering purposes or to buy a book of tickets for R100.