

Sub-acute Care

Evergreen Muizenberg



Sub-acute care at Evergreen Muizenberg - what you need to know.

When you are ready to leave hospital, you may still need more medical care and rehabilitation as part of the next step before you can go home.

Let us know when you go to hospital and the Evergreen Healthcare Team will assist you to arrange for discharge from Hospital to our Sub-Acute Facility in Muizenberg, while you are still healing and getting your strength back.

What is Sub-Acute Care?

Sub-Acute care includes inpatient and rehabilitation care for patients with an acute illness, injury, disease or complex health problems.

Healthcare experts will work closely with you to help you get better and improve your physical skills.

Most people stay for a short term, which can range for 3 to 30 days, based on how well you are doing.

A long-term stay can be arranged if needed.

Type of care I will receive?

The types of care you can expect from a Sub-Acute unit are:

- Post-Surgical Care
- Rehabilitation (Physical, Occupational and speech)
- Intravenous IV Antibiotics
- Wound Care
- Pain Management
- Pulmonary and breathing
- Cardiac (Heart) Care

Will Medical Aid Cover the Cost?

While you are in hospital, a hospital or medical aid case manager might visit you. They are responsible together with your Doctor for informing the medical aid of your recovery, and any changes in your condition.

The Case Manager will also inform the medical aid if you need to be discharged to a sub-acute unit before going home.

In most cases your medical aid would pay for Sub-Acute Care if requested already whilst you are in hospital and motivated by your Doctor.

Inform your village manager should you need to go to hospital, so that we can help you prepare.