

# What's Happening this week...

23<sup>rd</sup> May 2022 – 29<sup>th</sup> May 2022



  
EVERGREEN  
lifestyle  
bergvliet

**Monday 23<sup>rd</sup> May 2022**

11:30am Anti-Ageing Exercise class  
2:30PM Canasta

**Tuesday 24<sup>th</sup> May 2022**

2pm Art Class  
2pm Scrabble

**Wednesday 25<sup>th</sup> May 2022**

11am Anti-Ageing Exercise class  
6:30pm Social Dinner

**Thursday 26<sup>th</sup> May 2022**

2pm Stitch in Time  
2pm Art Class

**Friday 27<sup>th</sup> May 2022**

**09:30- 11:00-Residents Walk**  
**6pm – Pub Night**

**Saturday 28<sup>th</sup> May 2022**

**NATIONAL BEEF BURGER DAY**

**Sunday 29<sup>th</sup> May 2022**

IT'S A CELEBRATION  
HAPPY BIRTHDAY WISHES

TO

30<sup>th</sup> Mary Drake (A3)



## BISTRO

Our lunch offering includes a special of the day, a selection of breakfast, toasted sandwiches, cake plus hot and cold beverages. Kindly be sure to give us a heads up by 2pm the day before if you would like to order the Daily Special in the Bistro. Kindly note that no cash payments will be accepted. Kindly pay on pre-paid account, credit or debit card.

**Social Dinner** is hosted every Wednesday evening at 18.30pm. Bookings to be confirmed no later than 12pm on a Monday. Late bookings will not be accepted. No-show or last minute cancellations will unfortunately have to be charged to your account.



# GOLF CART

We would like to advise that for Social Dinners/Events we encourage our vulnerable Residents who may require a transfer to and from dinner to kindly book at least one day in advance with Reception to ensure your spot on our Golf Cart.




# HOUSKEEPING

## Library

Kindly ensure that should you return a book that you place it on the table. Kindly sanitize your hands when taking a book .







EVERGREEN BERGVLIET

# WHAT'S COOKING

**May 2022**

| Date                | MENU   |
|---------------------|--|
| MONDAY<br>23 May    | Creamy Broccoli & Blue Cheese<br>with Homemade Bread<br>R55.00             |
| TUESDAY<br>24 May   | Bacon & Mushroom Feta Quiche served<br>with Chips & Garden Salad<br>R60.00 |
| WEDNESDAY<br>25 May | Cottage Pie with Pan Fried Vegetables<br>R60.00                            |
| THURSDAY<br>26 May  | Teriyaki Beef & Stir-fry Vegetables with Egg Noodles<br>R65.00             |
| FRIDAY<br>27 May    | Fried Fish & Chips, Tartar sauce, Lemon Wedges & Asian<br>Slaw R70.00      |

**KINDLY BOOK YOUR LUNCH BY 14h30 FOR FOLLOWING DAY.  
PLEASE ADD AN EXTRA R10.00 FOR TAKE AWAY CONTAINERS**

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.  
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

*See you there!*



# RESIDENTS WALK

**27 MAY 2022**

**09h30 – 11h00**

**Join us for our monthly Resident  
walk.**

**5km and 7km route  
map available at Reception**

## **BRUNCH OFFERING**

Breakfast Croissant filled with Bacon and Egg  
topped with Rocket  
Includes a  
Glass of Bubbles

**R60**

**Book your Spot with  
Jenjen on 33007 or Myrle on 3053  
by the 24<sup>th</sup> May 2022**



# **PUB NIGHT!**

***FRIDAY, 27 May  
6pm***

**Join us for our popular social event Friday, 27 May from  
6pm**

**Kindly book at Reception for catering purposes or to buy a  
book of tickets for R100.**

**EXT.3200**







# POTJIEKOS

## *Competition*

18 JUNE 2022

**DO YOU LOVE COOKING OR COOKING OVER AN OPEN FIRE? DO YOU WANT TO CLAIM THE TITLE OF EVERGREEN'S POTJIEKOS MASTER? IF SO, OUR POTJIEKOS COMPETITION IS JUST FOR YOU!**

And if you love the smell and social interaction of a braai, please join us for a great day outdoors followed by a Potjie lunch. All side dishes will be prepared by Western Province Caterers.

R120 per person | Booking is essential

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## POTJIEKOS COMPETITION DETAILS

- Residents can enter a Team of 4 for a "chicken or beef" Potjiekos Challenge.
- Ingredient baskets will be supplied and will be handed out to the teams from 10h00.
- Any special ingredients to be supplied by contestants.
- Fires to be lit at 10h30.
- Judging will take place at 15h00 and lunch served thereafter.
- Gazebos and umbrellas for cooking teams be supplied by contestants.
- Each team must have a Captain.
- Each team will be judged on:
  - Team name and theme
  - Team 'gees' (spirit)
  - Aroma, taste & technique
  - 1 Secret side dish for 4 judges



To enter or for more information contact Christina on ext 0200





# EVERGREEN LIFESTYLE PHOTOGRAPHIC COMPETITION 2022

The competition will run a little differently this time. You may submit your photographs for the specific theme throughout the year.

## **THEMES FOR 2022**

- Street Portraits
- Architectural / Streetscapes
- Monochrome
- Waterfalls / Hikes
- Reflections
- Textures / Vintage
- Storms / Clouds
- Travel

The two most important rules are:

1. It must be your own photos.
2. You can only submit one photograph per theme.

Include **theme, your name, village, and a caption** and submit entries to [photos@evergreenlifestyle.co.za](mailto:photos@evergreenlifestyle.co.za)

All entries should be submitted by no later than 31<sup>st</sup> October 2022. Judging will be in November 2022 and the winners will be announced in December 2022.

Happy snapping!

**THE EVERGREEN TEAM**

